

2023-2024 Regional Time Standards

Boys	Event	Girls
1:42.11	200 Medley Relay	1:58.56
1:48.11	200 Freestyle	2:02.60
2:04.02	200 Individual Medley	2:14.87
22.41	50 Free	25.22
200	1 Meter Diving	200
53.91	100 Butterfly	1:00.87
49.72	100 Freestyle	55.25
4:57.44	500 Freestyle	5:23.58
1:34.22	200 Freestyle Relay	1:46.52
54.97	100 Backstroke	1:00.43
1:02.31	100 Breaststroke	1:08.93
3:30.50	400 Freestyle Relay	3:35.40