

Cedar Run District Meet - 2/1/2013
Cedar Run District Championship Meet
Results - Cedar Run Championship

Event 1 Boys 200 Yard Medley Relay

BHS: 1:41.75 ! 1/15/2011 J. Croasdell, N. Mathis, F. Whitticar, K. Lee
OHS: 1:38.73 @ 2/20/2009 C. Campbell, M. Perez, C. Witt enauer, D. Jansen
PHS: 1:43.82 # 1/20/2012 Patriot High School
M. Quint, A. Proper, T. Scott, G. Graham
SJHS: 1:42.48 \$ 2/17/2006 Stonewall Jackson High School
Z. Hayden, D. Vaughn, R. Badr, M. Klossner
1:40.99 STAT
1:47.99 REG

Team	Relay	Finals Time	
1 PHS	A	1:44.10	REG
1) Higdon, CJ JR	2) Proper, Andrew SO		
3) Scott, Thomas JR	4) Graham, Gavin JR		
2 FHS-VA	A	1:45.69	REG
1) Bundy, Austen	2) Myers, Alexander		
3) Jensen, Timothy	4) Harman, Michael		
3 BRHS	A	1:46.38	REG
1) Morrisroe, Jack	2) Riordan, Cameron		
3) Allen, Justin	4) Kopecky, Michael		
4 OHS	A	1:49.30	30
1) Storey, Robert SR	2) Donaldson, Matt SO		
3) Mernin, Ethan SR	4) Meyer, Stephen SR		
5 BHS	A	1:49.51	28
1) Franklin, Andrew SR	2) Medovar, Alex SO		
3) Chiang, Justin SO	4) Post, Alberto JR		
6 SJHS	A	1:56.60	
1) Thornburg, Zachary SR	2) Mortensen, Aydan SO		
3) Goodson, Jack SO	4) Pomajevich, Matthew SR		

Event 2 Girls 200 Yard Medley Relay

BHS: 1:45.57 ! 2/17/2012 Battlefield High School
N. Tremols, N. Martin, H. Criscuolo, S. Revilak
OHS: 1:50.25 @ 2/20/2009 D. Kalnins, C. Boyle, K. Anslay, H. Nowak
PHS: 1:57.84 # 1/4/2013 Patriot High School
S. Baird M. Tansill M. Mugnolo M. Brant
SJHS: 1:52.91 \$ 2/15/2002 K. Urso, A. Behrle, A. Razo, K. Urso at 2002 Virginia State Swim & Div
1:52.69 STAT
1:58.95 REG

Team	Relay	Finals Time	
1 PHS	A	1:55.37	REG
1) Baird, Samantha SO	2) Tansill, Mary Claire FR		
3) Mugnolo, Morgan FR	4) Brant, Madeleine FR		
2 BRHS	A	1:55.95	REG
1) Thiede, Megan	2) Ruttenberg, Caroline		
3) Wang, Helena	4) Adams, Emily		
3 FHS-VA	A	1:56.50	REG
1) Wroniewicz, Katherine	2) Johnson, Kathryn		
3) Doherty, Katherine	4) Faist, Julia		
4 OHS	A	2:04.55	30
1) Boston, Allison FR	2) Rennie, Sara SR		
3) Turner, Heidi SR	4) Nowak, Emma SR		

5 BHS	A	2:06.01	28
1) Schumaker, Adelaide JR	2) McIntosh, Heather SO		
3) Chapman, Ashley JR	4) Gellene, Caronline JR		
6 SJHS	A	2:19.84	
1) Azar, Yara JR	2) Gennello, Monica SR		
3) Dugan, Victoria JR	4) Dugan, Rebekah SO		

Event 3 Boys 200 Yard Freestyle

BHS: 1:42.27 ! 2/20/2010 Nick Tremols
OHS: 1:43.18 @ 2/10/2012 Henry Campbell at NW Regional
PHS: 1:50.77 # 12/15/2012 Thomas Scott at SST Swim Meet
SJHS: 1:45.93 \$ 1/27/2006 Zachary Hayden at 2006 Cedar R
1:45.99 STAT
1:52.90 REG

Name	YrSchool	Finals Time	
1 Proper, Andrew	SO PHS	1:47.86	REG
2 Pogue, Bill	SR BHS	1:48.98	REG
3 Morrill, Coulter	SO PHS	1:52.74	REG
4 Yu, Daniel	SR PHS	1:53.92	15
5 Storey, Robert	SR OHS	1:55.41	14
6 Bhat, Nihar	FR BHS	1:55.98	13
7 Buggy, John	SO BHS	1:56.72	12
8 Yang, Dennis	BRHS	1:57.49	11
9 Tyson, Andrew	JR BHS	1:57.66	9
10 Hall, TJ	SO PHS	2:01.21	7
11 Sorensen, Andrew	JR SJHS	2:07.44	6
12 Marron, Paul	FR OHS	2:07.79	5
13 Horvath, Alex	BRHS	2:10.98	4
14 Ryu, Andrew	FHS-VA	2:11.07	3
15 Jensen, Timothy	FHS-VA	2:11.42	2
16 Manente, Andrew	FHS-VA	2:13.63	1
17 Hendershot, Evan	BRHS	2:14.64	
18 Lee, Brandon	FHS-VA	2:22.14	
19 Blesi, Albert	JR SJHS	2:22.21	
20 Bates, Sam	BRHS	2:25.81	
21 Graham, Matthew	SR SJHS	2:37.29	
22 Polk, Caleb	JR SJHS	2:37.78	
23 Teasley, Rahmil	FR OHS	2:39.44	
24 Perez, Will	FR OHS	2:40.66	

Event 4 Girls 200 Yard Freestyle

BHS: 1:56.70 ! 1/14/2012 Natalie Martin at Battlefield
OHS: 1:55.12 @ 2/20/2009 Haley Nowak at VA State Champs
PHS: 2:04.04 # 2/3/2012 Sydney Thorpe at Cedar Run Dis
SJHS: 1:56.44 \$ 2/3/2001 Kelly Urso at CARDINAL DIST C
1:57.09 STAT
2:02.36 REG

Name	YrSchool	Finals Time	
1 Adams, Emily	BRHS	2:01.43	REG
2 Tansill, Mary Claire	FR PHS	2:03.25	17
3 Morales, Grace	FHS-VA	2:06.02	16
4 Doherty, Olivia	FHS-VA	2:06.60	15
5 Smith, Kristin	JR BHS	2:10.16	14
6 Doyle, Madeline	FHS-VA	2:11.65	13
7 Soller, Haley	SO PHS	2:11.96	12
8 McCarty, Margaret	FR PHS	2:12.46	11
9 Trax, Katy	BRHS	2:12.88	9
10 Campbell, Caitlin	FHS-VA	2:13.21	7

Cedar Run District Meet - 2/1/2013
Cedar Run District Championship Meet
Results - Cedar Run Championship

(Event 4 Girls 200 Yard Freestyle)

Name	YrSchool	Finals Time	
11 Pogue, Betsy	SO PHS	2:13.67	6
12 Coggins, Marissa	BRHS	2:14.54	5
13 Winter, Christina	JR SJHS	2:20.79	4
14 Troiano, Kayla	JR BHS	2:24.15	3
15 Drescher, Sabrina	FR BHS	2:24.18	2
16 Park, Grace	JR BHS	2:26.74	1
17 Shriver, Rachel	SO OHS	2:28.45	
18 Dunn, Betsy	BRHS	2:43.98	
19 Skaggs, Amy	JR OHS	2:49.33	
20 Azar, Yara	JR SJHS	2:52.05	
21 McCall, Elizabeth	FR SJHS	3:02.59	
22 Bell, Maralee	JR OHS	3:08.30	
--- Campbell, Fiona	FR OHS	NS	

Event 5 Boys 200 Yard IM

BHS: 2:00.59 ! 1/8/2010 Nick Tremols
OHS: 1:55.41 @ 2/8/2008 Philip LaRosa at VA State Cham
PHS: 2:01.36 # 1/18/2013 Thomas Scott at Patriot vs Osb
SJHS: 1:53.99 \$ 2/11/2005 Zachary Hayden at 2005 Virgin
1:58.99 STAT
2:06.90 REG

Name	YrSchool	Finals Time	
1 Mernin, Ethan	SR OHS	2:01.81	REG
2 Scott, Thomas	JR PHS	2:02.21	REG
3 Pfannenstern, Jeffrey	SO PHS	2:08.11	16
4 Medovar, Alex	SO BHS	2:10.23	15
5 Cumberland, Luke	SO PHS	2:11.93	14
6 Chiang, Justin	SO BHS	2:16.00	13
7 Chapman, Zachary	SR BHS	2:17.16	12
8 O'Brien, John	FHS-VA	2:18.01	11
9 Whiteree, Alexander	SO OHS	2:19.29	9
10 Haines, Jacob	BRHS	2:20.00	7
11 Croasdell, Josh	SR PHS	2:22.35	6
12 Riordan, Cameron	BRHS	2:23.52	5
13 George, Emmett	FHS-VA	2:23.78	4
14 Hayden, Michael	SO SJHS	2:25.88	3
15 Kelly, Thomas	SO BHS	2:27.25	2
16 Wilson, Patrick	JR OHS	2:27.69	1
17 Beardsley, Carter	FHS-VA	2:28.74	
18 Deluca, Andrew	BRHS	2:35.88	
19 Thornburg, Zachary	SR SJHS	2:37.70	
20 Dingus, Benjamin	FHS-VA	2:37.81	
21 McGrory, Tyler	SO OHS	2:50.43	
22 DelSordo, Jeffrey	JR SJHS	3:02.42	
--- Goodson, Lucas	FR SJHS	NS	
--- Aleemi, Rashid	BRHS	NS	

Event 6 Girls 200 Yard IM

BHS: 2:04.72 ! 2/17/2012 Natalie Martin at 2012 Virgin
OHS: 2:08.40 @ 2/1/2008 Casie Boyle at NW Regl Champs
PHS: 2:16.56 # 1/4/2013 Samantha Baird at Patriot HS v
SJHS: 2:08.10 \$ 2/15/2002 Ashley Razo at 2002 Virginia
2:11.19 STAT
2:17.12 REG

Name	YrSchool	Finals Time	
1 Baird, Samantha	SO PHS	2:17.39	20
2 Haines, Caroline	BRHS	2:19.92	17
3 Morgan, Rebekah	JR PHS	2:23.39	16
4 Manning, Molly	FHS-VA	2:26.52	15
5 Boston, Allison	FR OHS	2:30.85	14
6 Schumaker, Adelaide	JR BHS	2:32.62	13
7 O'Brien, Marin	FHS-VA	2:38.26	12
8 McIntosh, Heather	SO BHS	2:39.21	11
9 Cunningham, Danielle	SO PHS	2:39.24	9
10 Fyock, Kayla	FR PHS	2:43.24	7
11 Kopecky, Maddy	BRHS	2:43.25	6
12 Ervine, Emily	SR BHS	2:44.13	5
13 Blodgett, Mary	SO SJHS	2:45.44	4
14 Segura, Maria	SR BHS	2:48.02	3
15 Rutenberg, Julia	BRHS	2:48.07	2
16 Massey, Mary Beth	FR OHS	2:48.55	1
17 Curtin, Brenna	FHS-VA	2:49.46	
18 Perez, Lauren	SR OHS	2:51.99	
19 Adams, Kali	FHS-VA	2:55.91	
20 Rasmussen, Kate	BRHS	3:07.73	
21 Pancerella, Sara	SR SJHS	3:14.35	
22 Thornburg, Mary	SO SJHS	3:16.32	
23 Bamford, Caroline	SO OHS	3:17.92	

Event 7 Boys 50 Yard Freestyle

BHS: 22.21 ! 1/28/2011 Ford Whitticar at 2011 Cedar R
OHS: 21.58 @ 2/20/2009 Devin Jansen at VA State Champ
PHS: 22.92 # 1/18/2013 Gavin Graham at Patriot vs Osb
SJHS: 21.34 \$ 2/10/2006 Zachary Hayden at 2006 Northwe
22.29 STAT
23.26 REG

Name	YrSchool	Finals Time	
1 Harman, Michael	FHS-VA	21.84	STAT
2 Kopecky, Michael	BRHS	22.69	REG
3 Pomajevich, Matthew	SR SJHS	23.15	REG
4 Pfister, Ben	SR BHS	23.53	15
5 Graham, Gavin	JR PHS	23.54	14
6 Yu, John	SO PHS	23.59	13
7 Myers, Alexander	FHS-VA	23.78	12
8 Post, Alberto	JR BHS	24.02	11
9 Meyer, Stephen	SR OHS	24.05	9
10 Plott, Drew	JR BHS	24.18	7
11 Pappagallo, Joey	BRHS	24.44	6
12 Ward, Ryan	JR BHS	24.70	5
13 Beardsley, Jarod	FHS-VA	24.80	4
14 Yang, Eric	BRHS	25.01	3
15 Goodson, Jack	SO SJHS	25.39	2
16 Uribe, Nolan	SR PHS	25.58	1

Cedar Run District Meet - 2/1/2013
Cedar Run District Championship Meet
Results - Cedar Run Championship

(Event 7 Boys 50 Yard Freestyle)

Name	YrSchool	Finals Time
17 Nadal, LJ	JR SJHS	25.73
18 Charmsaz, Soren	FHS-VA	26.04
19 Soh, Daewon	SO PHS	26.08
20 Rollins, Andrew	SR OHS	26.45
21 Clizbe, Isaac	BRHS	26.81
22 Peters, David	JR OHS	26.92
23 Brill, Carson	JR OHS	27.80
24 Tolliver, Jeffery	JR SJHS	36.22

Event 8 Girls 50 Yard Freestyle

BHS: 23.85 ! 2/17/2012 Sofia Revilak at 2012 Virgini
OHS: 24.28 @ 2/17/2006 Sarah Ameen at VA State Champs
PHS: 25.87 # 1/18/2013 Samantha Baird at Patriot vs O
SJHS: 25.25 \$ 1/12/1997 Tiffany Seal
24.69 STAT
25.95 REG

Name	YrSchool	Finals Time
1 Tillotson, Mary Katherine	FR BHS	25.40 REG
2 Johnson, Kathryn	FHS-VA	26.17 17
3 Nowak, Emma	SR OHS	26.50 16
4 Shoeb, Sarah	SO OHS	27.33 15
5 Leidy, Katelyn	BRHS	27.50 14
6 Gellene, Caronline	JR BHS	27.56 13
*7 Brant, Madeleine	FR PHS	27.63 11.5
*7 Pappagallo, Gina	BRHS	27.63 11.5
9 Chapman, Ashley	JR BHS	27.72 9
10 Faist, Julia	FHS-VA	27.90 7
11 Graham, Brooke	BRHS	27.91 6
12 Schwartz, Audrey	FR BHS	28.03 5
13 Rahn, Jessica	JR PHS	28.04 4
14 Marquis, Jessica	JR PHS	28.08 3
15 Pohzehl, Peyton	FR PHS	28.09 2
16 Roche, Emily	BRHS	28.21 1
17 Nguyen, Taylor	FHS-VA	29.23
18 Dugan, Victoria	JR SJHS	29.58
19 Agi, Susannah	FHS-VA	30.16
20 Uminski, Emily	SO OHS	31.83
21 Marsh, Madison	FR SJHS	33.95
22 Spittler, Mary	SR OHS	33.97
23 Godbole, Avanti	JR SJHS	36.01
24 Arrian, Jennifer	FR SJHS	40.21

Event 11 Boys 100 Yard Butterfly

BHS: 50.39 ! 2/20/2010 Nick Tremols
OHS: 53.16 @ 2/17/2012 Adam Mustafa at VA State Champ
PHS: 54.82 # 1/20/2012 Thomas Scott at Patriot HS vs
SJHS: 53.96 \$ 2/15/2002 Michael Cartwright at 2002 Vi
53.39 STAT
56.33 REG

Name	YrSchool	Finals Time
1 Morrisroe, Jack	BRHS	54.08 REG
2 Bundy, Austen	FHS-VA	56.44 17
3 Yu, John	SO PHS	56.80 16
4 Yu, Daniel	SR PHS	57.23 15
5 Tyson, Andrew	JR BHS	58.67 14

6 Whiteree, Alexander	SO OHS	58.78 13
7 Chiang, Justin	SO BHS	58.95 12
8 Sherrill, Bobby	FR PHS	59.34 11
9 Jensen, Timothy	FHS-VA	1:00.23 9
10 Higdon, CJ	JR PHS	1:00.34 7
11 Plott, Drew	JR BHS	1:00.98 6
12 Haines, Jacob	BRHS	1:04.33 5
13 Pak, Eugene	JR BHS	1:04.44 4
14 de Camp, Will	FHS-VA	1:07.71 3
15 Oreshkov, Andre	BRHS	1:08.07 2
16 Goodson, Jack	SO SJHS	1:09.55 1
17 Dupre, Anthony	SO SJHS	1:10.05
18 Cho, Drake	BRHS	1:12.04
19 Donaldson, Matt	SO OHS	1:16.15
20 Manente, Benjamin	FHS-VA	1:16.76
21 Gogev, David	SO OHS	1:18.22
22 McGrory, Tyler	SO OHS	1:21.34
--- Goodson, Lucas	FR SJHS	NS
--- Saracho, Bruno	SJHS	NS

Event 12 Girls 100 Yard Butterfly

BHS: 58.62 ! 2/12/2005 Chelsea Geckler
OHS: 57.18 @ 2/20/2009 Kameron Ansley at VA State Cha
PHS: 1:03.26 # 12/15/2012 Morgan Mugnolo at SST Swim Me
SJHS: 56.58 \$ 2/15/2002 Ashley Razo at 2002 Virginia
59.09 STAT
1:02.36 REG

Name	YrSchool	Finals Time
1 Tremols, Nina	SR BHS	59.88 REG
2 Thiede, Megan	BRHS	1:02.78 17
3 Turner, Heidi	SR OHS	1:02.82 16
4 Mugnolo, Morgan	FR PHS	1:03.74 15
5 Doherty, Katherine	FHS-VA	1:04.06 14
6 Wang, Helena	BRHS	1:04.12 13
7 Soller, Haley	SO PHS	1:07.35 12
8 Rennie, Sara	SR OHS	1:08.31 11
9 Eaton, Maggie	FHS-VA	1:08.39 9
10 Chapman, Ashley	JR BHS	1:09.88 7
11 Winter, Christina	JR SJHS	1:12.52 6
12 Hooks, Delaney	FR PHS	1:13.00 5
13 Laban, Meghan	JR SJHS	1:14.17 4
14 Pappagallo, Gina	BRHS	1:14.53 3
15 O'Brien, Marin	FHS-VA	1:14.56 2
16 Dugan, Victoria	JR SJHS	1:14.58 1
17 Cunningham, Danielle	SO PHS	1:16.50
18 Moses, Ashley	JR BHS	1:17.09
19 Morana, Annabella	FHS-VA	1:19.63
20 Roche, Emily	BRHS	1:19.64
21 Geller, Yvonne	SO BHS	1:20.00
22 Massey, Mary Beth	FR OHS	1:22.20
23 Cardoso-Vergara, Areli	FR SJHS	1:32.97
24 Saunders, Delicia	FR OHS	1:43.57

Cedar Run District Meet - 2/1/2013
Cedar Run District Championship Meet
Results - Cedar Run Championship

Event 13 Boys 100 Yard Freestyle

BHS: 47.44 ! 2/17/2012 Ford Whitticar at 2012 Virgin
OHS: 47.43 @ 2/20/2009 Devin Jansen at VA State State
PHS: 50.01 # 12/17/2011 Marcus Quint
SJHS: 46.49 \$ 2/17/2006 Zachary Hayden at 2006 AAA Vir
48.69 STAT
51.56 REG

Name	YrSchool	Finals Time	
1 Harman, Michael	FHS-VA	50.02	REG
2 Pomajevich, Matthew	SR SJHS	50.19	REG
3 Pogue, Bill	SR BHS	50.54	REG
4 Cumberland, Luke	SO PHS	52.87	15
5 Buggy, John	SO BHS	53.06	14
6 Bhat, Nihar	FR BHS	53.11	13
7 O'Brien, John	FHS-VA	54.04	12
*8 Kieler, Reed	JR PHS	54.11	10
*8 Chapman, Zachary	SR BHS	54.11	10
10 Graham, Gavin	JR PHS	55.90	7
11 Meyer, Stephen	SR OHS	56.06	6
12 Beardsley, Jarod	FHS-VA	56.13	5
13 Yang, Eric	BRHS	56.95	4
14 Sorensen, Andrew	JR SJHS	57.08	3
15 Ryu, Andrew	FHS-VA	57.10	2
16 Pappagallo, Joey	BRHS	57.25	1
17 Mizrahi, Ben	SO PHS	58.01	
18 Peters, David	JR OHS	1:00.70	
19 Goodman, Adam	SO OHS	1:00.79	
20 Bayly, Jonathan	BRHS	1:01.30	
21 Blesi, Albert	JR SJHS	1:01.79	
22 Johnson, Tommy	SR SJHS	1:04.86	
23 Howard, Connor	FR OHS	1:07.85	
--- Kopecky, Michael	BRHS	NS	

Event 14 Girls 100 Yard Freestyle

BHS: 51.44 ! 2/17/2012 Sofia Revilak at 2012 Virgini
OHS: 53.20 @ 2/20/2009 Casie Boyle at VA State State
PHS: 56.70 # 12/7/2012 Samantha Baird at Freestyle Fr
SJHS: 54.89 \$ 2/15/2002 Kerry Urso at 2002 Virginia S
54.09 STAT
56.92 REG

Name	YrSchool	Finals Time	
1 Adams, Emily	BRHS	55.61	REG
2 Tillotson, Mary Katherine	FR BHS	55.72	REG
3 Purnell, Natalie	SO SJHS	56.02	REG
4 Baird, Samantha	SO PHS	56.51	REG
5 Nowak, Emma	SR OHS	57.06	14
6 Wroniewicz, Katherine	FHS-VA	57.57	13
7 Smith, Kristin	JR BHS	59.25	12
8 Delean, Baylie	FHS-VA	1:00.29	11
9 Lamb, Laura	FHS-VA	1:00.67	9
10 Wang, Helena	BRHS	1:00.72	7
11 Shoeb, Sarah	SO OHS	1:00.80	6
12 Brant, Madeleine	FR PHS	1:01.02	5
13 Faist, Julia	FHS-VA	1:01.79	4
14 Marquis, Jessica	JR PHS	1:03.10	3
15 Schwartz, Audrey	FR BHS	1:03.25	2

16 Yaeger, Jordan	JR PHS	1:03.88	1
17 Troiano, Kayla	JR BHS	1:05.53	
18 Williams, Maddie	BRHS	1:07.59	
19 Dugan, Rebekah	SO SJHS	1:11.18	
20 Corbett, Mariah	FR SJHS	1:13.96	
21 Pancerella, Sara	SR SJHS	1:20.61	
22 Schultz, Lindsay	SR OHS	1:25.73	
23 Underwood, Megan	SO OHS	1:27.27	
24 Comstock, Hannah	BRHS	1:29.36	

Event 15 Boys 500 Yard Freestyle

BHS: 4:45.18 ! 12/12/2009 Nick Tremols
OHS: 4:34.66 @ 2/17/2012 Henry Campbell at VA State Cha
PHS: 4:56.67 # 1/4/2013 Thomas Scott at Patriot HS vs
SJHS: 4:55.41 \$ 1/21/2006 Zachary Hayden at SJHS vs Osbo
4:48.29 STAT
5:07.05 REG

Name	YrSchool	Finals Time	
1 Mernin, Ethan	SR OHS	4:48.68	REG
2 Scott, Thomas	JR PHS	4:52.98	REG
3 Morrill, Coulter	SO PHS	5:08.53	16
4 Allen, Justin	BRHS	5:09.39	15
5 Storey, Robert	SR OHS	5:13.17	14
6 Sherrill, Bobby	FR PHS	5:21.51	13
7 Yang, Dennis	BRHS	5:23.16	12
8 Ward, Ryan	JR BHS	5:36.86	11
9 Hayden, Michael	SO SJHS	5:39.83	9
10 Horvath, Alex	BRHS	5:48.68	7
11 Croasdell, Josh	SR PHS	5:48.97	6
12 Franklin, Andrew	SR BHS	5:58.03	5
13 Manente, Andrew	FHS-VA	6:02.34	4
14 Marron, Paul	FR OHS	6:07.00	3
15 Kelly, Thomas	SO BHS	6:09.46	2
16 Medovar, Anthony	SO BHS	6:11.65	1
17 George, Kiernan	FHS-VA	6:17.98	
18 Mortensen, Aydan	SO SJHS	6:19.76	
19 Lee, Brandon	FHS-VA	6:49.60	
20 Fister, Allen	FHS-VA	6:56.21	
21 Graham, Matthew	SR SJHS	7:32.31	
22 Howard, Connor	FR OHS	8:07.68	
23 Johnson, Tommy	SR SJHS	8:23.43	
--- Bayly, Jonathan	BRHS	DFS	
Declared false start			

Event 16 Girls 500 Yard Freestyle

BHS: 5:15.99 ! 12/3/2004 Chelsea Geckler
OHS: 5:07.07 @ 1/31/2007 Haley Nowak at NW Reg Champs 0
PHS: 5:27.40 # 2/3/2012 Sydney Thorpe at Cedar Run Dis
SJHS: 5:06.74 \$ 2/9/2002 Ashley Razo at 2002 Northwest
5:12.29 STAT
5:27.97 REG

Name	YrSchool	Finals Time	
1 Turner, Heidi	SR OHS	5:21.16	REG
2 Rutenberg, Caroline	BRHS	5:32.40	17
3 Morgan, Rebekah	JR PHS	5:37.56	16
4 Morales, Grace	FHS-VA	5:38.04	15
5 Haines, Caroline	BRHS	5:43.63	14

Cedar Run District Meet - 2/1/2013
Cedar Run District Championship Meet
Results - Cedar Run Championship

(Event 16 Girls 500 Yard Freestyle)

Name	YrSchool	Finals Time	
6 Manning, Molly	FHS-VA	5:44.36	13
7 Doherty, Olivia	FHS-VA	5:49.07	12
8 Doyle, Madeline	FHS-VA	5:55.18	11
9 McCarty, Margaret	FR PHS	5:55.21	9
10 Pogue, Betsy	SO PHS	6:01.00	7
11 Trax, Katy	BRHS	6:02.50	6
12 Remaley, Morgan	JR PHS	6:19.67	5
13 Drescher, Sabrina	FR BHS	6:28.95	4
14 Schroeder, Audrey	FR BHS	6:35.70	3
15 Gellene, Caronline	JR BHS	6:38.44	2
16 Myers, Katlyn	BRHS	6:50.00	1
17 Park, Grace	JR BHS	6:53.11	
18 Shriver, Rachel	SO OHS	7:14.34	
19 Percival, Nyssa	FR OHS	7:25.98	
20 Thornburg, Mary	SO SJHS	7:28.38	
21 Gennello, Monica	SR SJHS	7:31.46	
22 Young, April	FR SJHS	8:07.46	
23 Iseri, Jasmine	SO SJHS	8:47.85	
--- Campbell, Fiona	FR OHS	NS	

Event 17 Boys 200 Yard Freestyle Relay

BHS: 1:32.79 ! 1/26/2007 K. Heidel, E. Tremols, N. Tremols, J. Bruno

OHS: 1:28.89 @ 2/1/2008 B. Regan, C. Wittenauer, P. La Rosa, D. Jansen

PHS: 1:35.54 # 1/20/2012 Patriot High School

J. Pfannenstein, L. Cumberland, R. Kieler, G. Grah

SJHS: 1:33.12 \$ 2/10/2006 Stonewall Jackson High School

R. Badr, M. Klossner, E. Campbell, Z. Hayden

1:30.49 STAT

1:35.74 REG

Team	Relay	Finals Time	
1 FHS-VA	A	1:31.93	REG
1) Bundy, Austen	2) Myers, Alexander		
3) O'Brien, John	4) Harman, Michael		
2 BRHS	A	1:34.01	REG
1) Pappagallo, Joey	2) Allen, Justin		
3) Morrisroe, Jack	4) Kopecky, Michael		
3 PHS	A	1:34.32	REG
1) Yu, John SO	2) Pfannenstein, Jeffrey SO		
3) Cumberland, Luke SO	4) Graham, Gavin JR		
4 BHS	A	1:34.58	REG
1) Pfister, Ben SR	2) Post, Alberto JR		
3) Buggy, John SO	4) Pogue, Bill SR		
5 SJHS	A	1:39.56	28
1) Goodson, Jack SO	2) Nadal, LJ JR		
3) Pomajevich, Matthew SR	4) Sorensen, Andrew JR		
6 OHS	A	1:42.56	
1) Rollins, Andrew SR	2) Wilson, Patrick JR		
3) Goodman, Adam SO	4) Meyer, Stephen SR		

Event 18 Girls 200 Yard Freestyle Relay

BHS: 1:40.51 ! 2/10/2012 Battlefield High School

H. Criscuolo, N. Tremols, S. Revilak, N. Martin

OHS: 1:41.71 @ 2/1/2008 C. Boyle, N. Ritner, D. Kalnins, H. Nowak

PHS: 1:46.53 # 1/12/2013 Patriot High School

M. Mugnolo, M. Tansill, M. Brant, S. Baird

SJHS: 1:42.89 \$ 2/1/2002 K. Urso, A. Behrle, K. Urso, A

. Razo at Cedar Run Districts

1:42.09 STAT

1:47.42 REG

Team	Relay	Finals Time	
1 FHS-VA	A	1:47.05	REG
1) Wroniewicz, Katherine	2) Faist, Julia		
3) Doherty, Katherine	4) Johnson, Kathryn		
2 BHS	A	1:47.42	REG
1) Chapman, Ashley JR	2) Gellene, Caronline JR		
3) Tremols, Nina SR	4) Tillotson, Mary Katherine FR		
3 BRHS	A	1:50.88	32
1) Thiede, Megan	2) Leidy, Katelyn		
3) Pappagallo, Gina	4) Roche, Emily		
4 OHS	A	1:51.35	30
1) Rennie, Sara SR	2) Shriver, Rachel SO		
3) Massey, Mary Beth FR	4) Shoeb, Sarah SO		
5 PHS	A	1:51.81	28
1) Pohzehl, Peyton FR	2) Marquis, Jessica JR		
3) Rahn, Jessica JR	4) Brant, Madeleine FR		
6 SJHS	A	1:57.88	
1) Dugan, Victoria JR	2) Blodgett, Mary SO		
3) Winter, Christina JR	4) Purnell, Natalie SO		

Event 19 Boys 100 Yard Backstroke

BHS: 54.04 ! 2/17/2006 Matthew Marquart

OHS: 52.92 @ 2/9/1994 Michael Vanderpool

PHS: 56.76 # 1/20/2012 Thomas Scott at Patriot HS vs

SJHS: 53.90 \$ 1/27/2006 Zachary Hayden at 2006 Cedar R

54.29 STAT

58.68 REG

Name	YrSchool	Finals Time	
1 Morrisroe, Jack	BRHS	57.32	REG
2 Pfannenstein, Jeffrey	SO PHS	57.78	REG
3 Higdon, CJ	JR PHS	58.22	REG
4 Bundy, Austen	FHS-VA	1:00.10	15
5 George, Emmett	FHS-VA	1:01.75	14
6 Franklin, Andrew	SR BHS	1:01.99	13
7 Kieler, Reed	JR PHS	1:04.13	12
8 Pak, Eugene	JR BHS	1:05.90	11
9 Arlint, Andrew	SO BHS	1:07.94	9
10 Beardsley, Carter	FHS-VA	1:07.99	7
11 Uribe, Nolan	SR PHS	1:08.40	6
12 Segura, Juan	SO BHS	1:10.06	5
13 George, Kiernan	FHS-VA	1:10.30	4
14 Thornburg, Zachary	SR SJHS	1:11.22	3
15 Johnson, Cory	BRHS	1:11.79	2
16 Dupre, Anthony	SO SJHS	1:14.25	1
17 Brill, Carson	JR OHS	1:14.45	
18 Ramino, Daniel	BRHS	1:14.68	

Cedar Run District Meet - 2/1/2013
Cedar Run District Championship Meet
Results - Cedar Run Championship

(Event 19 Boys 100 Yard Backstroke)

Name	YrSchool	Finals Time
19 Gogev, David	SO OHS	1:16.99
20 DelSordo, Jeffrey	JR SJHS	1:24.32
21 Teasley, Rahmil	FR OHS	1:24.51
22 Rothman, Quinton	SO SJHS	1:44.71
--- Goodman, Adam	SO OHS	NS

Event 20 Girls 100 Yard Backstroke

BHS: 1:00.32 ! 11/30/2012 Nina Tremols at Battlefield vs
OHS: 59.06 @ 2/17/2006 Sarah Ameen at VA State Champs
PHS: 1:03.17 # 1/18/2013 Samantha Baird at Patriot vs O
SJHS: 59.51 \$ 2/3/2001 Kelly Urso at CARDINAL DIST C
1:00.09 STAT
1:02.85 REG

Name	YrSchool	Finals Time
1 Tremols, Nina	SR BHS	1:01.96 REG
2 Mugnolo, Morgan	FR PHS	1:02.68 REG
3 Wroniewicz, Katherine	FHS-VA	1:02.89 16
4 Doherty, Katherine	FHS-VA	1:03.07 15
5 Boston, Allison	FR OHS	1:07.86 14
6 Campbell, Caitlin	FHS-VA	1:08.52 13
7 Coggins, Marissa	BRHS	1:08.81 12
8 Leidy, Katelyn	BRHS	1:08.97 11
9 Delean, Baylie	FHS-VA	1:09.38 9
10 Remaley, Morgan	JR PHS	1:10.48 7
11 Graham, Brooke	BRHS	1:11.38 6
12 Hubbard, Amanda	JR PHS	1:14.18 5
13 Yaeger, Jordan	JR PHS	1:15.08 4
14 Segura, Maria	SR BHS	1:17.63 3
15 Perez, Lauren	SR OHS	1:18.32 2
16 Poleto, Ella	FR BHS	1:18.51 1
17 Nutwell, Julia	BRHS	1:19.04
18 DeVore, Rebecca	FR BHS	1:19.45
19 Percival, Nyssa	FR OHS	1:20.61
20 Dugan, Rebekah	SO SJHS	1:20.75
21 Azar, Yara	JR SJHS	1:21.44
22 Laban, Meghan	JR SJHS	1:22.80
23 Bamford, Caroline	SO OHS	1:30.46
--- Morales, Alondra	FR SJHS	NS

Event 21 Boys 100 Yard Breaststroke

BHS: 1:02.76 ! 1/26/2007 Nick Tremols
OHS: 1:00.15 @ 1/20/2001 Aaron Kendle
PHS: 1:04.11 # 2/3/2012 Andrew Proper at Cedar Run Dis
SJHS: 57.81 \$ 2/11/2005 Zachary Hayden at 2005 Virgin
1:01.29 STAT
1:05.81 REG

Name	YrSchool	Finals Time
1 Proper, Andrew	SO PHS	1:03.24 REG
2 Allen, Justin	BRHS	1:04.67 REG
3 George, Nathan	JR PHS	1:06.92 16
4 Manning, Nick	SR PHS	1:07.75 15
5 Medovar, Alex	SO BHS	1:08.17 14
6 Pfister, Ben	SR BHS	1:08.41 13
7 Myers, Alexander	FHS-VA	1:08.69 12
8 Riordan, Cameron	BRHS	1:09.17 11

9 Morris, Colin	FR PHS	1:10.82 9
10 Donaldson, Matt	SO OHS	1:11.24 7
11 Charmsaz, Soren	FHS-VA	1:12.82 6
12 Wilson, Patrick	JR OHS	1:14.39 5
13 Zlatev, Daniel	FR BHS	1:14.90 4
14 Mortensen, Aydan	SO SJHS	1:15.19 3
15 Nadal, LJ	JR SJHS	1:15.43 2
16 Dehn, Matt	JR BHS	1:15.86 1
17 Dingus, Benjamin	FHS-VA	1:15.95
18 Rollins, Andrew	SR OHS	1:16.71
19 Cho, Drake	BRHS	1:20.04
20 Deluca, Andrew	BRHS	1:20.58
21 de Camp, Will	FHS-VA	1:24.10
22 Johnson, Charles	JR SJHS	1:24.25
23 Perez, Will	FR OHS	1:37.28
--- Singh, Kulneet	SJHS	DQ

Non-simultaneous arms

Event 22 Girls 100 Yard Breaststroke

BHS: 1:03.91 ! 2/17/2012 Natalie Martin at 2012 Virgin
OHS: 1:08.11 @ 2/1/2008 Casie Boyle at NW Regl Champs
PHS: 1:07.69 # 1/11/2013 Mary Claire Tansill at Patriot
SJHS: 1:08.06 \$ 1/21/2011 Brooke Rodriguez at BHS@SJHS
1:07.79 STAT
1:11.45 REG

Name	YrSchool	Finals Time
1 Tansill, Mary Claire	FR PHS	1:07.08 STAT
2 Purnell, Natalie	SO SJHS	1:08.31 REG
3 Ruttenberg, Caroline	BRHS	1:11.06 REG
4 Johnson, Kathryn	FHS-VA	1:12.28 15
5 Eaton, Maggie	FHS-VA	1:14.88 14
6 Schumaker, Adelaide	JR BHS	1:16.32 13
7 Thiede, Megan	BRHS	1:16.45 12
8 Muckerman, Claire	SO PHS	1:16.53 11
9 Rennie, Sara	SR OHS	1:17.69 9
10 McIntosh, Heather	SO BHS	1:17.89 7
11 Lamb, Laura	FHS-VA	1:17.96 6
12 Townsend, Sabrina	FR PHS	1:18.89 5
13 Cole, Caris	BRHS	1:19.60 4
14 Pohzehl, Peyton	FR PHS	1:22.10 3
15 Ruttenberg, Julia	BRHS	1:22.13 2
16 Blodgett, Mary	SO SJHS	1:22.58 1
17 Jamison, Jill	SR BHS	1:23.92
18 Agi, Susannah	FHS-VA	1:24.73
19 Skaggs, Amy	JR OHS	1:26.25
20 Morrow, Natalie	SO BHS	1:29.79
21 Sly, Samantha	JR OHS	1:33.43
22 Gennello, Monica	SR SJHS	1:35.92
23 Sexton, Dani	SO OHS	1:36.94
24 Harding, Lena	SR SJHS	1:52.68

Cedar Run District Meet - 2/1/2013
Cedar Run District Championship Meet
Results - Cedar Run Championship

Event 23 Boys 400 Yard Freestyle Relay

BHS: 3:18.78 ! 2/10/2010 F. Whitticar, J. Bogle, J. Croasdell, N. Tremols
OHS: 3:13.30 @ 2/20/2009 C. Campbell, M. Perez, C. Witt enauer, D. Jansen
PHS: 3:26.89 # 1/12/2013 Patriot High School
T. Scott, L. Cumberland, J. Pfannenstein, A. Prope
SJHS: 3:25.72 \$ 2/10/2003 Stonewall Jackson High School
A. Connolly, M. Marquart, Z. Hayden, M. Cartwright
3:18.99 STAT
3:35.09 REG

Team	Relay	Finals Time	
1 PHS	A	3:26.56	REG
1) Scott, Thomas JR	2) Pfannenstein, Jeffrey SO		
3) Proper, Andrew SO	4) Cumberland, Luke SO		
2 BHS	A	3:32.70	REG
1) Bhat, Nihar FR	2) Pfister, Ben SR		
3) Buggy, John SO	4) Pogue, Bill SR		
3 OHS	A	3:40.08	32
1) Storey, Robert SR	2) Brill, Carson JR		
3) Whiteree, Alexander SO	4) Mernin, Ethan SR		
4 FHS-VA	A	3:40.28	30
1) Beardsley, Jarod	2) Ryu, Andrew		
3) Jensen, Timothy	4) O'Brien, John		
5 SJHS	A	4:09.18	28
1) Hayden, Michael SO	2) Blesi, Albert JR		
3) Sorensen, Andrew JR	4) Nadal, LJ JR		
--- BRHS	A		DQ
1) Pappagallo, Joey	2) Riordan, Cameron		
3) Haines, Jacob	4) Kopecky, Michael		

Event 24 Girls 400 Yard Freestyle Relay

BHS: 3:32.05 ! 2/17/2012 Battlefield High School
H. Criscuolo, N. Tremols, N. Martin, S. Revilak
OHS: 3:33.94 @ 2/20/2009 C. Boyle, K. Ansley, H. Nowak, D. Kalnins
PHS: 3:55.65 # 1/4/2013 Patriot High School
M. Mugnolo M. Tansill H. Solle, S. Baird
SJHS: 3:42.55 \$ 2/15/2002 K. Urso, A. Wells, K. Urso, A.
Razo at 2002 Virginia State Swim & Div
3:42.59 STAT
3:56.96 REG

Team	Relay	Finals Time	
1 PHS	A	3:50.59	REG
1) Mugnolo, Morgan FR	2) Tansill, Mary Claire FR		
3) Soller, Haley SO	4) Baird, Samantha SO		
2 BRHS	A	3:50.62	REG
1) Wang, Helena	2) Adams, Emily		
3) Haines, Caroline	4) Ruttenberg, Caroline		
3 FHS-VA	A	3:55.83	REG
1) Manning, Molly	2) Campbell, Caitlin		
3) Doherty, Olivia	4) Morales, Grace		
4 OHS	A	3:58.45	30
1) Nowak, Emma SR	2) Shoeb, Sarah SO		
3) Boston, Allison FR	4) Turner, Heidi SR		

5 SJHS	A	4:27.00	28
1) Blodgett, Mary SO	2) Dugan, Rebekah SO		
3) Purnell, Natalie SO	4) Winter, Christina JR		
--- BHS	A		DQ
Early take-off swimmer #3			
1) Smith, Kristin JR	2) Schwartz, Audrey FR		
3) Tillotson, Mary Katherine FR	4) Tremols, Nina SR		

Scores - Women

Women - Team Rankings - Through Event 24	
1. Freedom High School	407
2. Patriot High School	391.5
3. Broad Run	352.5
4. Battlefield High School	272
5. Osbourn High School	228
6. Stonewall Jackson High School	81

Scores - Men

Men - Team Rankings - Through Event 24	
1. Patriot High School	495
2. Battlefield High School	401
3. Freedom High School	291
4. Broad Run	235
5. Osbourn High School	188
6. Stonewall Jackson High School	122