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HY-TEK's MEET MANAGER 4.0 2/17/2013 08:13 AM

2013 Virginia State AAA Swim & Dive Meet

February 15-16, 2013 George Mason University

Results

Event 2 Girls 200 Yard Medley Relay

State Record: ! 1:45.11 2/16/2013 Oakton High School, Oakton
 J Hu, M Shebat, J Capobianco, G Crews

AAC: % 1:48.60

AAA: & 1:46.54

National Rec: \$ 1:40.73 2011 Concord Carondelet, Concord, CA.
 M White, A Gargalikis, C Ray, C. Chenault

School	Prelims	Finals	Points
A - Final			
1 Oakton High School	1:46.03	1:45.11!	40
1) Hu, Janet 11	2) Shebat, Melissa 12		
3) Capobianco, Julia 10	4) Crews, Gillian 12		
24.75	55.91 (31.16)	1:21.14 (25.23)	1:45.11 (23.97)
2 McLean High School	1:48.62	1:47.53%	34
1) Boardman, Nowell 12	2) Ulrich, MJ 11		
3) Pardo, Kat 11	4) Danchak, Alexis 12		
26.44	56.03 (29.59)	1:22.61 (26.58)	1:47.53 (24.92)
3 Woodson High School	1:49.49	1:48.07%	32
1) Bui, Morgan 12	2) Basl, Hannah 12		
3) Rogers, Leah 10	4) Ward, Rachel 10		
27.31	59.16 (31.85)	1:24.10 (24.94)	1:48.07 (23.97)
4 Chantilly Chargers	1:48.83	1:48.23%	30
1) Coulson-Moore, Logan 11	2) Richer, Emma 12		
3) Hensley, Lauren 10	4) Pereira, Sydney 12		
26.97	56.68 (29.71)	1:23.60 (26.92)	1:48.23 (24.63)
5 West Springfield HS	1:49.66	1:48.55%	28
1) D'Amato, Emily 12	2) Swanepoel-Stevens, Christin 10		
3) Yi, Lauren 12	4) Dryer, Robyn 10		
27.54	58.59 (31.05)	1:24.40 (25.81)	1:48.55 (24.15)
6 Frank W Cox High School	1:49.61	1:48.92	26
1) Degner, Katherine 9	2) Ostrowski, Claire 9		
3) DaCruz, Georgia 9	4) Lyster, Stuart 12		
28.37	58.08 (29.71)	1:23.90 (25.82)	1:48.92 (25.02)
7 West Potomac High School	1:48.74	1:48.93	24
1) Bertram, Sara 11	2) Clifford, Maxine 10		
3) Moffitt, Hellen 12	4) Bomberg, Melanie 10		
27.96	59.86 (31.90)	1:24.13 (24.27)	1:48.93 (24.80)
8 Osbourn Park High School	1:50.27	1:49.78	22
1) Gaskill, Kati 11	2) Tansill, Amy 11		
3) Sargent, Lauren 11	4) Wiecki, Lindsay 9		

	28.09	56.91 (28.82)	1:24.43 (27.52)	1:49.78 (25.35)
B - Final				
9 Yorktown High School			1:51.39 1:50.63	18
1) Robertson, Rachel 11		2) Didawick, Amanda 12		
3) Young, Abigail 12		4) Belilos, Ellie 12		
	28.66	59.91 (31.25)	1:26.17 (26.26)	1:50.63 (24.46)
10 Hickory High School			1:51.71 1:50.92	14
1) Loud, Shannon 12		2) Hynes, Susan 10		
3) Egress, Emily 12		4) McClaugherty, Elizabeth 10		
	27.87	58.26 (30.39)	1:25.26 (27.00)	1:50.92 (25.66)
11 Centreville High School			1:51.27 1:51.32	12
1) Anderson, Rachel 11		2) Ross, Logan 10		
3) McCranie, Abby 12		4) Cuomo, Kylie 11		
	28.94	59.65 (30.71)	1:26.38 (26.73)	1:51.32 (24.94)
12 James Madison High School			1:51.39 1:51.96	10
1) Sullivan, Laura 10		2) Queen, Ali 12		
3) Kellan, Laura 12		4) Owens, Sidney 10		
	28.58	59.84 (31.26)	1:27.34 (27.50)	1:51.96 (24.62)
13 Stafford Indians Swim Team			1:51.00 1:52.13	8
1) Howell, Maggie 10		2) Kleveno, Elizabeth 12		
3) Lloyd, Alli 12		4) Showers, Rachel 10		
	28.51	59.56 (31.05)	1:26.48 (26.92)	1:52.13 (25.65)
14 Atlee High School			1:51.85 1:52.32	6
1) Murphy, Molly 11		2) Murphy, Madalyn 12		
3) Mackey, Michele 11		4) Beaudin, Emily 10		
	28.08	59.43 (31.35)	1:26.98 (27.55)	1:52.32 (25.34)
15 Mountain View High School			1:51.87 1:52.33	4
1) Sell, Katie 10		2) Johnson, Annalee		
3) Johnson, Jessica		4) Stuart, Breanna 10		
	27.88	59.69 (31.81)	1:27.57 (27.88)	1:52.33 (24.76)
16 Riverbend High School			1:51.78 1:52.44	2
1) Reeves, Nicole		2) Brumbaum, Kayla 11		
3) Cole, Holly 9		4) Muilenburg, Nicole 9		
	29.55	58.65 (29.10)	1:27.06 (28.41)	1:52.44 (25.38)

Event 2 Girls 200 Yard Medley Relay

=====
 State Record: ! 1:45.11 2/16/2013 Oakton High School, Oakton
 J Hu, M Shebat, J Capobianco, G Crews
 AAC: % 1:48.60
 AAA: & 1:46.54
 National Rec: \$ 1:40.73 2011 Concord Carondelet, Concord, CA.
 M White, A Gargalikis, C Ray, C. Chenault

School	Seed	Prelims
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Preliminaries

1 Oakton High School	1:46.64	1:46.03&
1) Hu, Janet 11	2) Shebat, Melissa 12	

3) Capobianco, Julia 10	25.24	56.54 (31.30)	4) Crews, Gillian 12	1:22.27 (25.73)	1:46.03 (23.76)
2 McLean High School				1:47.72	1:48.62
1) Boardman, Nowell 12			2) Ulrich, MJ 11		
3) Pardo, Kat 11	26.77	56.48 (29.71)	4) Danchak, Alexis 12	1:23.21 (26.73)	1:48.62 (25.41)
3 West Potomac High School				1:48.17	1:48.74
1) Moffitt, Hellen 12			2) Clifford, Maxine 10		
3) Bertram, Sara 11	26.09	57.80 (31.71)	4) Bomberg, Melanie 10	1:24.87 (27.07)	1:48.74 (23.87)
4 Chantilly Chargers				1:47.99	1:48.83
1) Coulson-Moore, Logan 11			2) Richer, Emma 12		
3) Hensley, Lauren 10	27.39	56.78 (29.39)	4) Pereira, Sydney 12	1:23.84 (27.06)	1:48.83 (24.99)
5 Woodson High School				1:49.00	1:49.49
1) Bui, Morgan 12			2) Basl, Hannah 12		
3) Rogers, Leah 10	27.52	59.63 (32.11)	4) Ward, Rachel 10	1:25.02 (25.39)	1:49.49 (24.47)
6 Frank W Cox High School				1:47.92	1:49.61
1) Degner, Katherine 9			2) Ostrowski, Claire 9		
3) DaCruz, Georgia 9	28.58	59.09 (30.51)	4) Lyster, Stuart 12	1:24.79 (25.70)	1:49.61 (24.82)
7 West Springfield HS				1:50.42	1:49.66
1) D'Amato, Emily 12			2) Swanepoel-Stevens, Christin 10		
3) Yi, Lauren 12	27.97	59.30 (31.33)	4) Dryer, Robyn 10	1:25.42 (26.12)	1:49.66 (24.24)
8 Osbourn Park High School				1:50.96	1:50.27
1) Gaskill, Kati 11			2) Tansill, Amy 11		
3) Sargent, Lauren 11	28.39	57.50 (29.11)	4) Wiecki, Lindsay 9	1:24.97 (27.47)	1:50.27 (25.30)
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9 Stafford Indians Swim Team				1:51.33	1:51.00
1) Howell, Maggie 10			2) Kleveno, Elizabeth 12		
3) Lloyd, Alli 12	28.37	58.96 (30.59)	4) Showers, Rachel 10	1:25.65 (26.69)	1:51.00 (25.35)
10 Centreville High School				1:51.14	1:51.27
1) Anderson, Rachel 11			2) Ross, Logan 10		
3) McCranie, Abby 12	28.56	59.60 (31.04)	4) Cuomo, Kylie 11	1:26.41 (26.81)	1:51.27 (24.86)
11 Yorktown High School				1:50.50	1:51.39
1) Young, Abigail 12			2) Robertson, Rachel 11		
3) Didawick, Amanda 12	28.84	1:00.16 (31.32)	4) Belilos, Ellie 12	1:26.63 (26.47)	1:51.39 (24.76)
11 James Madison High School				1:51.01	1:51.39
1) Sullivan, Laura 10			2) Queen, Ali 12		
3) Kellan, Laura 12	33.85	59.52 (25.67)	4) Owens, Sidney 10	1:26.87 (27.35)	1:51.39 (24.52)
13 Hickory High School				1:49.73	1:51.71
1) Loud, Shannon 12			2) Hynes, Susan 10		

3) Egress, Emily 12	27.94	58.54	(30.60)	4) McLaugherty, Elizabeth 10	1:25.81	(27.27)	1:51.71	(25.90)
14 Riverbend High School					1:52.46		1:51.78	
1) Reeves, Nicole				2) Brumbaum, Kayla 11				
3) Cole, Holly 9	29.60	58.46	(28.86)	4) Muilenburg, Nicole 9	1:26.57	(28.11)	1:51.78	(25.21)
15 Atlee High School					1:54.21		1:51.85	
1) Murphy, Molly 11				2) Murphy, Madalyn 12				
3) Mackey, Michele 11	28.24	59.33	(31.09)	4) Beaudin, Emily 10	1:26.78	(27.45)	1:51.85	(25.07)
16 Mountain View High School					1:52.48		1:51.87	
1) Sell, Katie 10				2) Johnson, Annalee				
3) Johnson, Jessica	27.62	59.12	(31.50)	4) Stuart, Breanna 10	1:26.95	(27.83)	1:51.87	(24.92)

17 Lake Braddock Secondary School					1:50.83		1:51.97	
1) Merrill, Anne 10				2) Chase, Sophie 12				
3) Kolb, Karina 10	29.45	1:00.19	(30.74)	4) Hunter, Alex 12	1:26.54	(26.35)	1:51.97	(25.43)
18 Langley High School					1:49.60		1:52.15	
1) Muir, Fiona 10				2) Roesel, Gretchen 11				
3) Grassi, Micaela 9	28.16	59.47	(31.31)	4) Gent, Anne 12	1:26.12	(26.65)	1:52.15	(26.03)

19 Thomas Jefferson					1:52.41		1:52.66	
1) Quinn, Taylor 10				2) Liu, Sarah 12				
3) Heilbrun, Carrie 10	30.02	1:01.10	(31.08)	4) Liu, Grace 10	1:27.07	(25.97)	1:52.66	(25.59)
20 Albemarle High School					1:51.01		1:53.58	
1) Woods, Maggie 9				2) Wuensch, Abby 10				
3) Noga, Madison 10	28.02	1:01.43	(33.41)	4) Jones, Mackenzie 12	1:28.03	(26.60)	1:53.58	(25.55)
21 South Lakes High School					1:50.59		1:54.53	
1) Obando, Natalie 10				2) Macaluso, Kaylyn 10				
3) Groves, Sabrina 10	28.70	1:01.34	(32.64)	4) Avilov, Sasha 11	1:28.08	(26.74)	1:54.53	(26.45)
22 Robinson Secondary School					1:51.14		1:55.62	
1) Luong, Vivian 9				2) Munch, Genevieve 9				
3) Schuler, Mackenzie 10	29.91	1:02.10	(32.19)	4) Schmid, Maddey 9	1:29.66	(27.56)	1:55.62	(25.96)
23 South County High School					1:51.84		1:58.57	
1) Heiss, Sarah 10				2) Morgan, Katy 10				
3) Hopley, Nicole 11	31.06	1:03.16	(32.10)	4) Lei, Sarah 9	1:32.47	(29.31)	1:58.57	(26.10)
24 Western Branch High School					1:50.99		2:02.27	
1) Teller, Ashley 11				2) Marchetti, Alex				
3) Wild, Jamie 12	31.15	1:06.45	(35.30)	4) Polk, Kendall 11	1:34.49	(28.04)	2:02.27	(27.78)

Event 4 Girls 200 Yard Freestyle

State Record: ! 1:46.32 2/21/2009 Becca Jones, Patriots
 AAC: % 1:51.57
 AAA: & 1:49.67

National Rec: \$ 1:42.81 2008 Dagny Knutson, Minot HS, ND

Name	Year	School	Prelims	Finals	Points
A - Final					
1 Richey, Abigail	10	Colonial Heights	1:51.37	1:50.07%	20
	25.89	53.86 (27.97)	1:22.04 (28.18)		1:50.07 (28.03)
2 Byrnes, Megan	9	Oakton	1:52.81	1:50.24%	17
	25.80	53.57 (27.77)	1:22.01 (28.44)		1:50.24 (28.23)
3 Dryer, Robyn	10	West Springfield	1:52.31	1:51.77	16
	26.49	54.99 (28.50)	1:23.35 (28.36)		1:51.77 (28.42)
4 Mack, Andi	10	Stone Bridge	1:52.79	1:52.95	15
	26.24	54.91 (28.67)	1:23.65 (28.74)		1:52.95 (29.30)
5 Skelley, Emma	12	Osborn Park	1:53.78	1:54.51	14
	27.00	55.78 (28.78)	1:25.12 (29.34)		1:54.51 (29.39)
6 Coulson-Moore, Log	11	Chantilly	1:53.98	1:54.74	13
	27.09	55.58 (28.49)	1:24.98 (29.40)		1:54.74 (29.76)
7 DaCruz, Georgia	9	COX	1:53.17	1:55.55	12
	27.17	56.38 (29.21)	1:25.85 (29.47)		1:55.55 (29.70)
8 Kellan, Laura	12	Madison	1:55.03	1:56.52	11
	26.61	55.77 (29.16)	1:26.13 (30.36)		1:56.52 (30.39)
B - Final					
9 McCulla, Christine	10	McLean	1:56.97	1:55.17	9
	26.60	55.50 (28.90)	1:25.13 (29.63)		1:55.17 (30.04)
10 Wilkerson, Brittan	10	Atlee	1:55.15	1:55.97	7
	27.15	56.35 (29.20)	1:26.33 (29.98)		1:55.97 (29.64)
11 Kelly, Emily	11	Woodbridge	1:55.76	1:56.16	6
	27.67	57.09 (29.42)	1:26.31 (29.22)		1:56.16 (29.85)
12 Sullivan, Laura	10	Madison	1:55.71	1:56.65	5
	27.24	56.43 (29.19)	1:26.78 (30.35)		1:56.65 (29.87)
13 Garrity, Keara	9	Colonial Forge	1:57.65	1:56.73	4
	26.98	56.06 (29.08)	1:26.15 (30.09)		1:56.73 (30.58)
14 Lawhorn, Kendall	11	Oakton	1:57.31	1:57.01	3
	27.64	57.21 (29.57)	1:27.20 (29.99)		1:57.01 (29.81)
15 Stevens, Jillian	12	Osborn Park	1:56.87	1:58.14	2
	27.43	57.32 (29.89)	1:27.93 (30.61)		1:58.14 (30.21)
16 Morton, Corie	11	Albemarle	1:57.65	1:59.63	1
	27.11	57.27 (30.16)	1:28.34 (31.07)		1:59.63 (31.29)

Event 4 Girls 200 Yard Freestyle

State Record: ! 1:46.32 2/21/2009 Becca Jones, Patriots
 AAC: % 1:51.57
 AAA: & 1:49.67

National Rec: \$ 1:42.81

2008 Dagny Knutson, Minot HS, ND

Name	Year	School	Seed	Prelims
Preliminaries				
1 Richey, Abigail	25.66	10 Colonial Heights	1:51.77	1:51.37%
		53.58 (27.92)	1:22.45 (28.87)	1:51.37 (28.92)
2 Dryer, Robyn	26.60	10 West Springfield	1:52.81	1:52.31
		55.83 (29.23)	1:24.18 (28.35)	1:52.31 (28.13)
3 Mack, Andi	26.74	10 Stone Bridge	1:52.90	1:52.79
		55.78 (29.04)	1:24.44 (28.66)	1:52.79 (28.35)
4 Byrnes, Megan	26.67	9 Oakton	1:50.34	1:52.81
		55.75 (29.08)	1:24.56 (28.81)	1:52.81 (28.25)
5 DaCruz, Georgia	26.48	9 COX	1:53.38	1:53.17
		55.01 (28.53)	1:24.06 (29.05)	1:53.17 (29.11)
6 Skelley, Emma	26.78	12 Osbourn Park	1:53.17	1:53.78
		55.42 (28.64)	1:24.70 (29.28)	1:53.78 (29.08)
7 Coulson-Moore, Logan	26.85	11 Chantilly	1:54.64	1:53.98
		55.68 (28.83)	1:24.92 (29.24)	1:53.98 (29.06)
8 Kellan, Laura	26.51	12 Madison	1:54.97	1:55.03
		55.72 (29.21)	1:25.21 (29.49)	1:55.03 (29.82)
9 Wilkerson, Brittany	27.28	10 Atlee	1:57.71	1:55.15
		56.60 (29.32)	1:26.16 (29.56)	1:55.15 (28.99)
10 Sullivan, Laura	26.97	10 Madison	1:56.29	1:55.71
		56.31 (29.34)	1:26.24 (29.93)	1:55.71 (29.47)
11 Kelly, Emily	27.45	11 Woodbridge	1:54.37	1:55.76
		57.05 (29.60)	1:25.91 (28.86)	1:55.76 (29.85)
12 Stevens, Jillian	27.33	12 Osbourn Park	1:55.62	1:56.87
		56.99 (29.66)	1:27.01 (30.02)	1:56.87 (29.86)
13 McCulla, Christine	27.04	10 McLean	1:55.98	1:56.97
		56.80 (29.76)	1:26.91 (30.11)	1:56.97 (30.06)
14 Lawhorn, Kendall	27.34	11 Oakton	1:56.62	1:57.31
		56.58 (29.24)	1:27.08 (30.50)	1:57.31 (30.23)
15 Garrity, Keara	26.58	9 Colonial Forge	1:57.31	1:57.65
		56.00 (29.42)	1:26.60 (30.60)	1:57.65 (31.05)
15 Morton, Corie	26.88	11 Albemarle	1:55.51	1:57.65
		56.55 (29.67)	1:27.03 (30.48)	1:57.65 (30.62)
17 Owens, Amy	26.82	10 Langley	1:55.71	1:57.89
		56.34 (29.52)	1:27.19 (30.85)	1:57.89 (30.70)
18 Deglau, Ellie	27.16	10 Maggie Walker	1:58.01	1:58.30
		56.89 (29.73)	1:27.64 (30.75)	1:58.30 (30.66)
19 Won, Je Moon	27.72	11 West Springfield	1:56.47	1:58.94
		57.13 (29.41)	1:27.42 (30.29)	1:58.94 (31.52)
20 Turner, Heidi	27.39	12 Osbourn	1:57.26	1:59.36
		57.48 (30.09)	1:28.43 (30.95)	1:59.36 (30.93)
21 Fleming, Gabbie	27.57	10 Maggie Walker	2:00.69	1:59.68
		57.68 (30.11)	1:28.44 (30.76)	1:59.68 (31.24)

22	Habeeb, Hannah	27.57	11 Oscar Smith	57.75 (30.18)	1:28.92 (31.17)	1:58.37	1:59.92	1:59.92 (31.00)
23	Schulte, Erin	27.26	12 Westfield	57.96 (30.70)	1:29.33 (31.37)	1:56.68	1:59.95	1:59.95 (30.62)
24	Degner, Katherine	27.88	9 COX	58.15 (30.27)	1:29.64 (31.49)	1:57.12	2:00.60	2:00.60 (30.96)
25	Connelly, Heather	28.03	11 Great Bridge	58.61 (30.58)	1:29.89 (31.28)	1:58.96	2:01.31	2:01.31 (31.42)

Event 6 Girls 200 Yard IM

State Record: ! 2:01.19 2/9/2008 Ashley Danner, Lake Braddock
 AAC: % 2:05.51
 AAA: & 2:03.36

National Rec: \$ 1:53.82 2009 Dagny Knutson, Minot HS, ND

Name	Year	School	Prelims	Finals	Points
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A - Final

1	Schwartz, Laura	26.65	12 Falls Church	57.87 (31.22)	2:05.48	2:04.21%	20
2	Munch, Katie	28.06	12 Robinson	59.97 (31.91)	2:05.50	2:04.43%	17
3	Wanner, Caroline	27.83	10 Brooke Point	59.28 (31.45)	2:09.06	2:05.83	16
4	Brumbaum, Kayla	27.83	11 Riverbend	59.97 (32.14)	2:07.43	2:06.37	15
5	Hynes, Susan	28.00	10 Hickory	59.99 (31.99)	2:06.55	2:08.43	14
6	Anderson, Rachel	27.25	11 Centreville	1:00.16 (32.91)	2:08.50	2:08.66	13
7	Malone, Brooke	28.50	11 South County	1:02.32 (33.82)	2:08.42	2:09.50	12
8	Henry, Kelly	28.24	11 Gar-Field	1:01.20 (32.96)	2:09.06	2:09.82	11

B - Final

9	Motter, Megan	27.41	9 Ocean Lakes	59.63 (32.22)	2:09.69	2:08.18	9
10	Harper, Hannah	26.92	11 Albemarle	59.87 (32.95)	2:09.37	2:08.68	7
11	Morling, Jordan	28.78	9 Ph- Roanoke	1:00.26 (31.48)	2:11.29	2:09.32	6
12	Ulrich, MJ	29.03	11 McLean	1:03.30 (34.27)	2:09.63	2:09.66	5
13	Roesel, Gretchen	28.54	11 Langley	1:01.88 (33.34)	2:09.93	2:09.98	4
14	Stuart, Breanna	28.60	10 Mt. View	1:01.70 (33.10)	2:09.97	2:10.05	3
15	Owens, Sidney		10 Madison		2:09.53	2:10.77	2

	28.19	1:00.75 (32.56)	1:41.01 (40.26)	2:10.77 (29.76)
16 Purnell, Natalie	10	Stonewall Jackso	2:10.90	2:11.88 1
	28.16	1:01.71 (33.55)	1:39.73 (38.02)	2:11.88 (32.15)

Event 6 Girls 200 Yard IM

State Record: ! 2:01.19 2/9/2008 Ashley Danner, Lake Braddock

AAC: % 2:05.51

AAA: & 2:03.36

National Rec: \$ 1:53.82 2009 Dagny Knutson, Minot HS, ND

Name Year School Seed Prelims

Preliminaries

1 Schwartz, Laura	12	Falls Church	2:05.25	2:05.48%
	26.99	58.56 (31.57)	1:35.62 (37.06)	2:05.48 (29.86)
2 Munch, Katie	12	Robinson	2:06.26	2:05.50%
	28.31	1:00.66 (32.35)	1:36.16 (35.50)	2:05.50 (29.34)
3 Hynes, Susan	10	Hickory	2:05.76	2:06.55
	28.03	1:00.61 (32.58)	1:37.13 (36.52)	2:06.55 (29.42)
4 Brumbaum, Kayla	11	Riverbend	2:10.53	2:07.43
	27.80	1:00.76 (32.96)	1:36.21 (35.45)	2:07.43 (31.22)
5 Malone, Brooke	11	South County	2:07.61	2:08.42
	28.27	1:02.46 (34.19)	1:37.33 (34.87)	2:08.42 (31.09)
6 Anderson, Rachel	11	Centreville	2:10.20	2:08.50
	27.06	1:00.03 (32.97)	1:37.41 (37.38)	2:08.50 (31.09)
7 Wanner, Caroline	10	Brooke Point	2:08.28	2:09.06
	28.36	1:00.81 (32.45)	1:39.63 (38.82)	2:09.06 (29.43)
8 Henry, Kelly	11	Gar-Field	2:10.41	2:09.06
	28.03	1:00.90 (32.87)	1:38.41 (37.51)	2:09.06 (30.65)
9 Harper, Hannah	11	Albemarle	2:09.06	2:09.37
	27.22	1:00.15 (32.93)	1:38.85 (38.70)	2:09.37 (30.52)
10 Owens, Sidney	10	Madison	2:10.51	2:09.53
	28.52	1:00.60 (32.08)	1:40.82 (40.22)	2:09.53 (28.71)
11 Ulrich, MJ	11	McLean	2:06.67	2:09.63
	29.01	1:02.95 (33.94)	1:38.67 (35.72)	2:09.63 (30.96)
12 Motter, Megan	9	Ocean Lakes	2:07.45	2:09.69
	27.78	1:00.63 (32.85)	1:39.64 (39.01)	2:09.69 (30.05)
13 Roesel, Gretchen	11	Langley	2:10.29	2:09.93
	28.03	1:01.14 (33.11)	1:38.37 (37.23)	2:09.93 (31.56)
14 Stuart, Breanna	10	Mt. View	2:09.73	2:09.97
	28.09	1:01.38 (33.29)	1:39.99 (38.61)	2:09.97 (29.98)
15 Purnell, Natalie	10	Stonewall Jackso	2:09.79	2:10.90
	27.99	1:01.56 (33.57)	1:39.25 (37.69)	2:10.90 (31.65)
16 Morling, Jordan	9	Ph- Roanoke	2:10.68	2:11.29
	28.39	59.63 (31.24)	1:39.73 (40.10)	2:11.29 (31.56)
17 Bertram, Sara	11	West Potomac	2:10.96	2:11.56
	28.15	1:01.84 (33.69)	1:41.31 (39.47)	2:11.56 (30.25)

18	Murphy, Madalyn	12	Atlee	2:12.00	2:11.57
	27.93	1:02.56	(34.63)	1:41.15	(38.59) 2:11.57 (30.42)

19	Breeger, Jillian	10	Menchville	2:12.26	2:11.76
	26.96	1:00.22	(33.26)	1:39.94	(39.72) 2:11.76 (31.82)
20	Browning, Sarah	11	Hanover	2:12.15	2:11.89
	29.12	1:03.00	(33.88)	1:42.71	(39.71) 2:11.89 (29.18)
21	Young, Abigail	12	Yorktown	2:10.65	2:11.97
	28.94	1:01.64	(32.70)	1:40.77	(39.13) 2:11.97 (31.20)
22	Lockman, Emma	10	Albemarle	2:10.63	2:13.42
	28.31	1:00.59	(32.28)	1:40.54	(39.95) 2:13.42 (32.88)
23	Harrington, Maya	10	Grassfield	2:11.49	2:13.47
	29.37	1:03.99	(34.62)	1:41.96	(37.97) 2:13.47 (31.51)
24	Groves, Sabrina	10	South Lakes	2:10.74	2:15.57
	28.09	1:02.61	(34.52)	1:41.55	(38.94) 2:15.57 (34.02)
25	Hubert, Melissa	12	Menchville	2:13.37	2:17.80
	29.13	1:04.08	(34.95)	1:44.91	(40.83) 2:17.80 (32.89)

Event 8 Girls 50 Yard Freestyle

State Record: ! 23.18 2/16/2013 Abi Speers, Langley

AAC: % 23.85

AAA: & 23.47

National Rec: \$ 22.04 2002 Kara Lynn Joyce, Pioneer HS, MI

Name	Year	School	Prelims	Finals	Points
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A - Final

1	Speers, Abi	12	Langley	23.60	23.18!	20
2	Branton, Laura	10	Oakton	23.69	23.60%	17
3	Baker, Hannah	9	Robinson	23.88	23.86	16
4	Ferguson, Matty	12	Fairfax	24.01	23.89	15
5	Ostrowski, Claire	9	COX	24.02	24.01	14
6	Vincent, Taylor	12	Woodbridge	23.98	24.06	13
7	Dolan, Suzanne	9	Yorktown	24.17	24.27	12
8	Clark, Megan	9	South County	24.24	24.34	11

B - Final

9	Magnusson, Elizabe	10	Colonial Heights	24.45	24.26	9
10	Crews, Gillian	12	Oakton	24.35	24.41	7
11	Heilbrun, Carrie	10	T. Jefferson	24.77	24.43	6
12	Vieni, Jennifer	12	Lee Davis	24.46	24.44	5
13	Mavrova, Gloriya	11	TC Williams	24.46	24.56	3.5
13	Ward, Rachel	10	Woodson	24.70	24.56	3.5
15	Clifford, Maxine	10	West Potomac	24.31	24.69	2
16	Walker, Chase	11	Landstown	24.68	24.93	1

Event 8 Girls 50 Yard Freestyle

State Record: ! 23.18 2/16/2013 Abi Speers, Langley

AAC: % 23.85

AAA: & 23.47

National Rec: \$ 22.04

2002 Kara Lynn Joyce, Pioneer HS, MI

Name	Year School	Seed	Prelims
Preliminaries			
1 Speers, Abi	12 Langley	23.13	23.60%
2 Branton, Laura	10 Oakton	24.05	23.69%
3 Baker, Hannah	9 Robinson	23.90	23.88
4 Vincent, Taylor	12 Woodbridge	23.88	23.98
5 Ferguson, Matty	12 Fairfax	23.95	24.01
6 Ostrowski, Claire	9 COX	23.91	24.02
7 Dolan, Suzanne	9 Yorktown	24.23	24.17
8 Clark, Megan	9 South County	24.07	24.24
9 Clifford, Maxine	10 West Potomac	24.18	24.31
10 Crews, Gillian	12 Oakton	24.40	24.35
11 Magnusson, Elizabeth	10 Colonial Heights	24.29	24.45
12 Mavrova, Gloriya	11 TC Williams	24.58	24.46
12 Vieni, Jennifer	12 Lee Davis	24.33	24.46
14 Walker, Chase	11 Landstown	24.67	24.68
15 Ward, Rachel	10 Woodson	24.68	24.70
16 Heilbrun, Carrie	10 T. Jefferson	24.49	24.77
17 Waisanen, Ryli	10 Colonial Forge	24.69	J24.77
18 Barney, Katie	11 First Colonial	24.72	24.81
19 Coughlin, Victoria	11 Woodbridge	25.02	24.93
20 Rogers, Leah	10 Woodson	24.66	24.98
21 Admire, Katelyn	12 Indian River	24.90	24.99
22 Sell, Katie	10 Mt. View	25.13	25.02
23 Lloyd, Alli	12 Stafford	25.11	25.07
24 Jordan, Shelby	11 Gar-Field	24.68	25.20
25 Manthey, Julia	11 Kellam	24.94	25.69

Event 8S Girls 50 Yard Freestyle Swim-off

State Record: ! 23.61 2/11/2000 Lauren Cornet, LHS

AAC: % 23.85

AAA: & 23.47

Name	Year School	Seed	Finals
- Swim-off			
1 Heilbrun, Carrie	10 T. Jefferson	24.77	24.31
2 Waisanen, Ryli	10 Colonial Forge	24.77	24.65

Event 10 Girls 1 mtr Diving

State Record: ! 483.50 2/11/2003 Mary Yarrison, Hayfield

AAC: % 375.00

Name	Year	School	Seed	Finals	Points
1 McCleary, Caroline	10	McLean	376.90	393.65%	20
2 Jabs, Lydia	11	Princess Anne	370.30	388.50%	17
3 Pionzio, Maggie	9	South County	373.95	383.15%	16
4 Muir, Anise	10	Hayfield	350.55	380.95%	15
5 Nassetta, Mason	12	Yorktown	335.15	334.15	14
6 Stone, Kasey	12	Western Branch	381.10	333.70	13
7 Bavalack, Elena	11	Yorktown	321.90	323.90	12
8 Hartmann, Hannah	10	Woodson	308.95	319.90	11
9 Bateson, Sophie	11	Kellam	343.70	294.25	9
10 Haus, Charli	10	Kellam	346.00	279.85	7
11 Ashnault, Victoria	10	Grassfield	291.35	241.00	6
12 Gray, Abby	12	Grassfield	286.05	235.50	5
13 Gallagher, Morgan	12	Kempsville	265.25	227.80	4

Event 12 Girls 100 Yard Butterfly

State Record: ! 52.84 2/16/2013 Janet Hu, Oakton

AAC: % 56.52

AAA: & 55.39

National Rec: \$ 51.92 2011 Jasmine Tosky, Palo Alto, CA.

Name	Year	School	Prelims	Finals	Points
A - Final					
1 Hu, Janet	11	Oakton	53.60	52.84!	20
	24.90	52.84 (27.94)			
2 Moffitt, Hellen	12	West Potomac	54.91	54.33&	17
	25.19	54.33 (29.14)			
3 Rogers, Leah	10	Woodson	56.66	55.62%	16
	25.78	55.62 (29.84)			
4 Harper, Hannah	11	Albemarle	56.84	56.70	15
	26.72	56.70 (29.98)			
5 Crews, Gillian	12	Oakton	57.18	57.05	14
	27.38	57.05 (29.67)			
6 DaCruz, Georgia	9	COX	56.23	57.09	13
	26.56	57.09 (30.53)			
7 Capobianco, Julia	10	Oakton	57.28	57.16	12
	26.43	57.16 (30.73)			
8 Yi, Lauren	12	West Springfield	57.36	57.37	11
	27.75	57.37 (29.62)			
B - Final					
9 Anderson, Rachel	11	Centreville	57.37	57.07	9
	26.80	57.07 (30.27)			
10 Heilbrun, Carrie	10	T. Jefferson	57.41	57.36	7
	26.96	57.36 (30.40)			

11 Stanley, Olivia	9 Ph- Roanoke	58.57	58.39	6
	27.66 58.39 (30.73)			
12 McLemore, Christin	10 Grassfield	58.66	58.63	5
	27.83 58.63 (30.80)			
13 Tremols, Nina	12 Battlefield	58.65	58.66	4
	27.06 58.66 (31.60)			
14 Bertram, Sara	11 West Potomac	58.68	58.81	3
	27.96 58.81 (30.85)			
15 Yan, Jeanette	10 Albemarle	58.67	58.82	2
	27.79 58.82 (31.03)			
16 Lloyd, Alli	12 Stafford	58.56	59.71	1
	27.68 59.71 (32.03)			

Event 12 Girls 100 Yard Butterfly

State Record: ! 52.84 2/16/2013 Janet Hu, Oakton

AAC: % 56.52

AAA: & 55.39

National Rec: \$ 51.92 2011 Jasmine Tosky, Palo Alto, CA.

Name	Year School	Seed	Prelims
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Preliminaries

1 Hu, Janet	11 Oakton	54.60	53.60&
	24.82 53.60 (28.78)		
2 Moffitt, Hellen	12 West Potomac	54.53	54.91&
	25.69 54.91 (29.22)		
3 DaCruz, Georgia	9 COX	56.41	56.23%
	26.22 56.23 (30.01)		
4 Rogers, Leah	10 Woodson	54.70	56.66
	26.15 56.66 (30.51)		
5 Harper, Hannah	11 Albemarle	56.31	56.84
	26.68 56.84 (30.16)		
6 Crews, Gillian	12 Oakton	57.60	57.18
	27.19 57.18 (29.99)		
7 Capobianco, Julia	10 Oakton	57.26	57.28
	26.19 57.28 (31.09)		
8 Yi, Lauren	12 West Springfield	57.69	57.36
	27.54 57.36 (29.82)		
9 Anderson, Rachel	11 Centreville	57.56	57.37
	27.09 57.37 (30.28)		
10 Heilbrun, Carrie	10 T. Jefferson	57.31	57.41
	26.94 57.41 (30.47)		
11 Lloyd, Alli	12 Stafford	58.80	58.56
	27.38 58.56 (31.18)		
12 Stanley, Olivia	9 Ph- Roanoke	58.58	58.57
	27.29 58.57 (31.28)		
13 Tremols, Nina	12 Battlefield	58.35	58.65
	27.12 58.65 (31.53)		

14	McLemore, Christina	10	Grassfield	57.52	58.66
	27.75		58.66 (30.91)		
15	Yan, Jeanette	10	Albemarle	58.78	58.67
	27.68		58.67 (30.99)		
16	Bertram, Sara	11	West Potomac	58.35	58.68
	27.40		58.68 (31.28)		

17	Breeger, Jillian	10	Menchville	58.48	58.80
	27.21		58.80 (31.59)		
18	Jordan, Shelby	11	Gar-Field	58.24	58.87
	27.13		58.87 (31.74)		

19	Dillinger, Natalie	12	Fairfax	58.68	58.89
	27.45		58.89 (31.44)		
20	Didawick, Amanda	12	Yorktown	58.88	59.00
	26.80		59.00 (32.20)		
21	Groves, Sabrina	10	South Lakes	58.90	59.03
	27.69		59.03 (31.34)		
22	Nassetta, Kirby	10	Yorktown	58.71	59.40
	27.88		59.40 (31.52)		
23	Cummings, Mackenzie	10	Princess Anne	58.94	59.67
	27.85		59.67 (31.82)		
24	Mackey, Michele	11	Atlee	1:01.04	1:00.34
	28.01		1:00.34 (32.33)		
25	Oberley, Elizabeth	10	Salem	59.88	1:01.04
	28.59		1:01.04 (32.45)		

Event 14 Girls 100 Yard Freestyle

State Record: ! 49.15 2/21/2009 Becca Jones, Patriots
 AAC: % 51.67
 AAA: & 50.91

National Rec: \$ 48.15 2009 Dagny Knutson, Minot HS, ND

Name	Year	School	Prelims	Finals	Points
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A - Final

1	Branton, Laura	10	Oakton	51.56	50.79&	20
	24.43		50.79 (26.36)			
2	Speers, Abi	12	Langley	51.56	50.82&	17
	24.46		50.82 (26.36)			
3	Baker, Hannah	9	Robinson	51.70	51.86	16
	25.15		51.86 (26.71)			
4	Magnusson, Elizabe	10	Colonial Heights	53.10	52.43	15
	25.28		52.43 (27.15)			
5	Mack, Andi	10	Stone Bridge	52.72	52.70	14
	25.24		52.70 (27.46)			
6	Vieni, Jennifer	12	Lee Davis	53.44	52.92	13
	25.42		52.92 (27.50)			
7	Vincent, Taylor	12	Woodbridge	53.46	53.59	12

	25.59	53.59 (28.00)			
8 Mavrova, Gloriya	11 TC Williams		53.14	54.03	11
	25.71	54.03 (28.32)			
B - Final					
9 Dolan, Suzanne	9 Yorktown		54.12	52.80	9
	25.46	52.80 (27.34)			
10 Clark, Megan	9 South County		53.59	53.02	7
	25.44	53.02 (27.58)			
11 Ward, Rachel	10 Woodson		53.78	53.57	6
	25.54	53.57 (28.03)			
12 Barney, Katie	11 First Colonial		53.75	53.64	5
	25.48	53.64 (28.16)			
13 Kolb, Karina	10 Lake Braddock		54.43	54.21	4
	26.09	54.21 (28.12)			
14 Ulrich, Ryan	10 Stafford		53.78	54.60	3
	26.28	54.60 (28.32)			
15 Kellan, Laura	12 Madison		54.34	54.90	2
	26.18	54.90 (28.72)			
16 Walker, Chase	11 Landstown		54.53	54.97	1
	26.01	54.97 (28.96)			

Event 14 Girls 100 Yard Freestyle

=====
 State Record: ! 49.15 2/21/2009 Becca Jones, Patriots
 AAC: % 51.67
 AAA: & 50.91

National Rec: \$ 48.15 2009 Dagny Knutson, Minot HS, ND
 Name Year School Seed Prelims

Preliminaries

1 Speers, Abi	12 Langley		51.00	51.56%
	24.70	51.56 (26.86)		
1 Branton, Laura	10 Oakton		51.45	51.56%
	24.72	51.56 (26.84)		
3 Baker, Hannah	9 Robinson		51.32	51.70
	24.79	51.70 (26.91)		
4 Mack, Andi	10 Stone Bridge		52.98	52.72
	25.10	52.72 (27.62)		
5 Magnusson, Elizabeth	10 Colonial Heights		53.43	53.10
	25.57	53.10 (27.53)		
6 Mavrova, Gloriya	11 TC Williams		53.15	53.14
	25.52	53.14 (27.62)		
7 Vieni, Jennifer	12 Lee Davis		52.46	53.44
	25.65	53.44 (27.79)		
8 Vincent, Taylor	12 Woodbridge		53.16	53.46
	25.54	53.46 (27.92)		

9 Clark, Megan	9 South County		52.63	53.59

10 Barney, Katie	25.65	53.59 (27.94)	11 First Colonial	53.44	53.75
	25.92	53.75 (27.83)			
11 Ward, Rachel	25.47	53.78 (28.31)	10 Woodson	53.35	53.78
11 Ulrich, Ryan	25.64	53.78 (28.14)	10 Stafford	54.89	53.78
13 Dolan, Suzanne	25.41	54.12 (28.71)	9 Yorktown	53.51	54.12
14 Kellan, Laura	25.86	54.34 (28.48)	12 Madison	53.99	54.34
15 Kolb, Karina	26.05	54.43 (28.38)	10 Lake Braddock	54.06	54.43
16 Walker, Chase	25.83	54.53 (28.70)	11 Landstown	53.63	54.53

17 Baird, Samantha	26.09	54.53 (28.44)	10 Patriot	55.10	J54.53
18 Clifford, Maxine	26.25	54.71 (28.46)	10 West Potomac	53.79	54.71

19 Stanley, Olivia	26.28	54.86 (28.58)	9 Ph- Roanoke	55.38	54.86
20 Stuart, Breanna	26.46	54.92 (28.46)	10 Mt. View	54.40	54.92
21 Schulte, Erin	26.50	54.96 (28.46)	12 Westfield	53.98	54.96
22 Wilcox, Summer	26.32	55.47 (29.15)	10 Menchville	54.36	55.47
23 Waisanen, Ryli	26.64	55.49 (28.85)	10 Colonial Forge	54.63	55.49
24 Habeeb, Hannah	26.65	55.74 (29.09)	11 Oscar Smith	54.39	55.74
25 Manthey, Julia	26.94	55.83 (28.89)	11 Kellam	54.62	55.83
26 Wild, Jamie	26.36	56.29 (29.93)	12 Western Branch	54.25	56.29

Event 14S Girls 100 Yard Freestyle Swim-off

=====
 State Record: ! 51.59 2/12/2002 Kelly Freeburn, THS
 AAC: % 51.67
 AAA: & 50.91

Name	Year	School	Seed	Finals

- Swim-off				
1 Walker, Chase		11 Landstown	NT	54.19
	25.56	54.19 (28.63)		
2 Baird, Samantha		10 Patriot	NT	54.34

26.02 54.34 (28.32)

Event 16 Girls 500 Yard Freestyle

State Record: ! 4:49.75 2/16/2013 Megan Byrnes, Oakton

AAC: % 4:57.96

AAA: & 4:52.74

National Rec: \$ 4:31.38 2013 Katie Ledecky, Stone Ridge, MD

Name	Year	School	Prelims	Finals	Points
A - Final					
1 Byrnes, Megan	9	Oakton	4:59.06	4:49.75!	20
	26.40	55.14 (28.74)	1:24.42 (29.28)	1:53.73 (29.31)	
	2:23.31 (29.58)	2:52.74 (29.43)	3:22.48 (29.74)	3:51.99 (29.51)	
	4:21.45 (29.46)	4:49.75 (28.30)			
2 Skelley, Emma	12	Osbourn Park	4:58.74	4:59.08	17
	27.28	56.40 (29.12)	1:26.05 (29.65)	1:56.09 (30.04)	
	2:26.42 (30.33)	2:56.87 (30.45)	3:27.30 (30.43)	3:58.06 (30.76)	
	4:28.73 (30.67)	4:59.08 (30.35)			
3 Richey, Abigail	10	Colonial Heights	5:00.63	5:00.35	16
	26.88	56.43 (29.55)	1:26.66 (30.23)	1:57.36 (30.70)	
	2:28.12 (30.76)	2:59.02 (30.90)	3:29.96 (30.94)	4:00.75 (30.79)	
	4:31.52 (30.77)	5:00.35 (28.83)			
4 Wilkerson, Brittan	10	Atlee	5:03.22	5:04.83	15
	27.93	57.67 (29.74)	1:27.78 (30.11)	1:58.49 (30.71)	
	2:29.50 (31.01)	3:00.83 (31.33)	3:32.24 (31.41)	4:03.51 (31.27)	
	4:34.65 (31.14)	5:04.83 (30.18)			
5 Schwartz, Laura	12	Falls Church	5:04.28	5:05.40	14
	27.11	57.05 (29.94)	1:27.69 (30.64)	1:58.31 (30.62)	
	2:29.39 (31.08)	3:00.54 (31.15)	3:31.77 (31.23)	4:03.04 (31.27)	
	4:34.60 (31.56)	5:05.40 (30.80)			
6 Browning, Sarah	11	Hanover	5:05.99	5:07.18	13
	28.29	59.16 (30.87)	1:30.46 (31.30)	2:01.83 (31.37)	
	2:32.87 (31.04)	3:04.34 (31.47)	3:35.49 (31.15)	4:06.93 (31.44)	
	4:37.65 (30.72)	5:07.18 (29.53)			
7 Wolff, Veronica	9	McLean	5:05.64	5:08.79	12
	27.65	58.10 (30.45)	1:29.09 (30.99)	2:00.14 (31.05)	
	2:31.17 (31.03)	3:03.00 (31.83)	3:34.45 (31.45)	4:06.23 (31.78)	
	4:37.79 (31.56)	5:08.79 (31.00)			
8 Stevens, Jillian	12	Osbourn Park	5:08.51	5:10.94	11
	28.16	58.80 (30.64)	1:29.97 (31.17)	2:01.43 (31.46)	
	2:32.79 (31.36)	3:04.42 (31.63)	3:35.85 (31.43)	4:07.79 (31.94)	
	4:39.87 (32.08)	5:10.94 (31.07)			
B - Final					
9 Wanner, Caroline	10	Brooke Point	5:10.72	5:05.76	9
	27.20	57.13 (29.93)	1:27.62 (30.49)	1:58.54 (30.92)	
	2:29.72 (31.18)	3:01.17 (31.45)	3:32.44 (31.27)	4:03.80 (31.36)	
	4:35.22 (31.42)	5:05.76 (30.54)			

10 Turner, Heidi	12 Osbourn	5:14.27	5:07.69	7
27.99	57.96 (29.97)	1:29.00 (31.04)	2:00.75 (31.75)	
2:32.34 (31.59)	3:03.80 (31.46)	3:35.00 (31.20)	4:06.26 (31.26)	
4:37.36 (31.10)	5:07.69 (30.33)			
11 Privott, Caitlin	10 Ph- Roanoke	5:12.51	5:09.46	6
27.82	57.80 (29.98)	1:28.60 (30.80)	1:59.80 (31.20)	
2:31.39 (31.59)	3:03.31 (31.92)	3:35.45 (32.14)	4:07.41 (31.96)	
4:39.21 (31.80)	5:09.46 (30.25)			
12 Sizemore, Karah	10 Stafford	5:10.84	5:10.86	5
27.67	58.05 (30.38)	1:29.47 (31.42)	2:00.95 (31.48)	
2:32.76 (31.81)	3:04.80 (32.04)	3:36.31 (31.51)	4:08.26 (31.95)	
4:40.00 (31.74)	5:10.86 (30.86)			
13 Henry, Kelly	11 Gar-Field	5:08.99	5:11.08	4
27.37	57.49 (30.12)	1:28.35 (30.86)	2:00.01 (31.66)	
2:31.67 (31.66)	3:03.90 (32.23)	3:36.68 (32.78)	4:08.98 (32.30)	
4:40.90 (31.92)	5:11.08 (30.18)			
14 Sullivan, Laura	10 Madison	5:09.08	5:11.65	3
27.79	57.97 (30.18)	1:28.83 (30.86)	2:00.26 (31.43)	
2:32.05 (31.79)	3:04.16 (32.11)	3:36.47 (32.31)	4:08.68 (32.21)	
4:41.19 (32.51)	5:11.65 (30.46)			
15 Morton, Corie	11 Albemarle	5:11.28	5:17.47	2
27.91	58.70 (30.79)	1:30.20 (31.50)	2:02.15 (31.95)	
2:34.27 (32.12)	3:06.96 (32.69)	3:39.78 (32.82)	4:12.57 (32.79)	
4:45.46 (32.89)	5:17.47 (32.01)			
16 Owens, Amy	10 Langley	5:16.09	5:18.48	1
28.14	59.74 (31.60)	1:31.70 (31.96)	2:04.43 (32.73)	
2:36.67 (32.24)	3:09.76 (33.09)	3:42.11 (32.35)	4:14.69 (32.58)	
4:47.20 (32.51)	5:18.48 (31.28)			

Event 16 Girls 500 Yard Freestyle

State Record: ! 4:49.75 2/16/2013 Megan Byrnes, Oakton

AAC: % 4:57.96

AAA: & 4:52.74

National Rec: \$ 4:31.38 2013 Katie Ledecky, Stone Ridge, MD

Name Year School Seed Prelims

Preliminaries

1 Skelley, Emma	12 Osbourn Park	4:55.69	4:58.74
27.10	56.39 (29.29)	1:26.13 (29.74)	1:56.40 (30.27)
2:26.69 (30.29)	2:57.15 (30.46)	3:27.71 (30.56)	3:58.36 (30.65)
4:28.91 (30.55)	4:58.74 (29.83)		
2 Byrnes, Megan	9 Oakton	4:50.43	4:59.06
26.89	56.46 (29.57)	1:26.47 (30.01)	1:56.93 (30.46)
2:27.31 (30.38)	2:57.98 (30.67)	3:28.58 (30.60)	3:59.05 (30.47)
4:29.34 (30.29)	4:59.06 (29.72)		
3 Richey, Abigail	10 Colonial Heights	4:59.48	5:00.63
27.20	56.93 (29.73)	1:27.11 (30.18)	1:57.70 (30.59)
2:28.18 (30.48)	2:58.79 (30.61)	3:29.26 (30.47)	3:59.71 (30.45)

4:30.47 (30.76)	5:00.63 (30.16)		
4 Wilkerson, Brittany	10 Atlee	5:10.86	5:03.22
28.44	59.01 (30.57)	1:29.60 (30.59)	2:00.08 (30.48)
2:30.48 (30.40)	3:01.06 (30.58)	3:31.55 (30.49)	4:02.63 (31.08)
4:33.53 (30.90)	5:03.22 (29.69)		
5 Schwartz, Laura	12 Falls Church	5:02.27	5:04.28
27.14	57.14 (30.00)	1:27.45 (30.31)	1:58.11 (30.66)
2:28.79 (30.68)	2:59.61 (30.82)	3:30.66 (31.05)	4:02.09 (31.43)
4:33.65 (31.56)	5:04.28 (30.63)		
6 Wolff, Veronica	9 McLean	5:09.13	5:05.64
27.51	57.86 (30.35)	1:29.00 (31.14)	1:59.99 (30.99)
2:30.74 (30.75)	3:01.56 (30.82)	3:32.41 (30.85)	4:03.64 (31.23)
4:35.07 (31.43)	5:05.64 (30.57)		
7 Browning, Sarah	11 Hanover	5:05.61	5:05.99
27.98	58.59 (30.61)	1:29.45 (30.86)	2:00.30 (30.85)
2:31.42 (31.12)	3:02.66 (31.24)	3:33.72 (31.06)	4:05.01 (31.29)
4:36.06 (31.05)	5:05.99 (29.93)		
8 Stevens, Jillian	12 Osbourn Park	5:07.65	5:08.51
28.00	58.42 (30.42)	1:29.33 (30.91)	2:00.66 (31.33)
2:31.84 (31.18)	3:03.03 (31.19)	3:34.29 (31.26)	4:06.13 (31.84)
4:38.09 (31.96)	5:08.51 (30.42)		

9 Henry, Kelly	11 Gar-Field	5:08.94	5:08.99
27.33	57.56 (30.23)	1:28.64 (31.08)	1:59.91 (31.27)
2:31.70 (31.79)	3:03.51 (31.81)	3:35.08 (31.57)	4:07.07 (31.99)
4:38.37 (31.30)	5:08.99 (30.62)		
10 Sullivan, Laura	10 Madison	5:14.74	5:09.08
27.99	58.53 (30.54)	1:29.53 (31.00)	2:00.88 (31.35)
2:32.23 (31.35)	3:03.72 (31.49)	3:35.40 (31.68)	4:07.39 (31.99)
4:38.84 (31.45)	5:09.08 (30.24)		
11 Wanner, Caroline	10 Brooke Point	5:09.73	5:10.72
27.58	58.30 (30.72)	1:29.76 (31.46)	2:01.53 (31.77)
2:33.37 (31.84)	3:05.39 (32.02)	3:37.21 (31.82)	4:09.04 (31.83)
4:40.49 (31.45)	5:10.72 (30.23)		
12 Sizemore, Karah	10 Stafford	5:10.91	5:10.84
28.06	58.71 (30.65)	1:30.18 (31.47)	2:01.73 (31.55)
2:33.33 (31.60)	3:04.92 (31.59)	3:36.77 (31.85)	4:08.55 (31.78)
4:40.28 (31.73)	5:10.84 (30.56)		
13 Morton, Corie	11 Albemarle	5:06.26	5:11.28
28.45	59.25 (30.80)	1:30.91 (31.66)	2:02.71 (31.80)
2:34.08 (31.37)	3:05.53 (31.45)	3:37.47 (31.94)	4:09.36 (31.89)
4:41.04 (31.68)	5:11.28 (30.24)		
14 Privott, Caitlin	10 Ph- Roanoke	5:11.99	5:12.51
28.03	58.49 (30.46)	1:29.82 (31.33)	2:01.37 (31.55)
2:32.91 (31.54)	3:04.75 (31.84)	3:36.95 (32.20)	4:09.15 (32.20)
4:41.30 (32.15)	5:12.51 (31.21)		
15 Turner, Heidi	12 Osbourn	5:12.23	5:14.27
28.53	59.52 (30.99)	1:31.34 (31.82)	2:03.14 (31.80)
2:35.63 (32.49)	3:07.78 (32.15)	3:39.89 (32.11)	4:11.89 (32.00)

16 Owens, Amy	4:43.37 (31.48)	5:14.27 (30.90)	10 Langley	5:12.06	5:16.09
	27.25	57.53 (30.28)		1:28.70 (31.17)	2:00.17 (31.47)
	2:31.74 (31.57)	3:04.03 (32.29)		3:37.04 (33.01)	4:10.31 (33.27)
	4:43.52 (33.21)	5:16.09 (32.57)			

17 Romano, Elizabeth	28.56	9 Yorktown	59.73 (31.17)	5:14.69	5:17.03
	2:35.78 (32.11)		3:08.25 (32.47)	1:31.57 (31.84)	2:03.67 (32.10)
	4:45.86 (32.90)		5:17.03 (31.17)	3:40.60 (32.35)	4:12.96 (32.36)
18 Degner, Katherine	28.06	9 COX	59.10 (31.04)	5:13.42	5:17.47
	2:36.26 (32.57)		3:09.20 (32.94)	1:31.03 (31.93)	2:03.69 (32.66)
	4:46.62 (32.31)		5:17.47 (30.85)	3:42.02 (32.82)	4:14.31 (32.29)

19 Deglau, Ellie	28.10	10 Maggie Walker	58.68 (30.58)	5:16.84	5:19.83
	2:34.93 (32.31)		3:07.60 (32.67)	1:30.36 (31.68)	2:02.62 (32.26)
	4:47.49 (33.23)		5:19.83 (32.34)	3:41.03 (33.43)	4:14.26 (33.23)
20 Connelly, Heather	29.04	11 Great Bridge	1:00.57 (31.53)	5:13.54	5:22.53
	2:38.06 (32.75)		3:11.15 (33.09)	1:32.57 (32.00)	2:05.31 (32.74)
	4:50.15 (33.10)		5:22.53 (32.38)	3:44.14 (32.99)	4:17.05 (32.91)
21 DiSilvestro, Brianna		11 COX		5:22.85	5:24.63
22 Denning, Lori	29.61	10 Great Bridge	1:01.33 (31.72)	5:20.32	5:25.33
	2:40.08 (32.89)		3:13.09 (33.01)	1:33.84 (32.51)	2:07.19 (33.35)
	4:52.45 (32.94)		5:25.33 (32.88)	3:46.35 (33.26)	4:19.51 (33.16)
23 Pegram, Allison	29.21	9 Maury	1:01.03 (31.82)	5:24.62	5:27.30
	2:39.86 (33.11)		3:13.23 (33.37)	1:33.67 (32.64)	2:06.75 (33.08)
	5:27.30 (33.37)			3:46.90 (33.67)	4:53.93 (1:07.03)

Event 18 Girls 200 Yard Freestyle Relay

State Record: ! 1:36.20	2/9/2008 Fairfax High School, Fairfax		
	E Baumgardner, F Dowd, J DeOrnellas, T Harvey		
AAC: % 1:38.33			
AAA: & 1:36.77			
National Rec: \$ 1:31.18	2012 Chattanooga Baylor School, Chattanooga Tn		
School	Prelims	Finals	Points

A - Final

1 Oakton High School	1:37.56	1:36.81%	40
1) Crews, Gillian 12	2) Bourdelais, Elise 9		
3) Byrnes, Megan 9	4) Branton, Laura 10		
24.33	49.11 (24.78)	1:13.14 (24.03)	1:36.81 (23.67)
2 Woodson High School	1:39.39	1:38.02%	34
1) Ward, Rachel 10	2) Rogers, Leah 10		

3) Basl, Hannah 12	24.51	48.80 (24.29)	4) Rowland, Molly 11	1:13.52 (24.72)	1:38.02 (24.50)
3 West Potomac High School				1:38.92	1:38.46
1) Bomberg, Melanie 10			2) Bertram, Sara 11		32
3) Clifford, Maxine 10	25.63	50.68 (25.05)	4) Moffitt, Hellen 12	1:15.13 (24.45)	1:38.46 (23.33)
4 Yorktown High School				1:39.54	1:38.75
1) Belilos, Ellie 12			2) Didawick, Amanda 12		30
3) Young, Abigail 12	24.89	49.80 (24.91)	4) Dolan, Suzanne 9	1:14.70 (24.90)	1:38.75 (24.05)
5 Woodbridge Senior High School				1:39.28	1:38.85
1) Kelly, Emily 11			2) Dye, Sara 9		28
3) Coughlin, Victoria 11	24.96	50.45 (25.49)	4) Vincent, Taylor 12	1:15.35 (24.90)	1:38.85 (23.50)
6 Fairfax High School				1:39.43	1:39.30
1) Surette, Marla 12			2) Byrd, Rebecca 9		26
3) Dillinger, Natalie 12	25.18	50.72 (25.54)	4) Ferguson, Matty 12	1:15.98 (25.26)	1:39.30 (23.32)
7 Albemarle High School				1:39.69	1:39.48
1) Harper, Hannah 11			2) Wuensch, Abby 10		24
3) Lockman, Emma 10	25.03	49.77 (24.74)	4) Yan, Jeanette 10	1:14.38 (24.61)	1:39.48 (25.10)
8 Chantilly Chargers				1:39.57	1:39.98
1) Pereira, Sydney 12			2) Coulson-Moore, Logan 11		22
3) Hensley, Lauren 10	25.27	49.63 (24.36)	4) Richer, Emma 12	1:15.03 (25.40)	1:39.98 (24.95)
B - Final					
9 Robinson Secondary School				1:40.26	1:39.77
1) Schuler, Mackenzie 10			2) Munch, Genevieve 9		18
3) Munch, Katie 12	25.84	51.14 (25.30)	4) Baker, Hannah 9	1:16.51 (25.37)	1:39.77 (23.26)
10 Westfield High School				1:40.54	1:39.95
1) Schulte, Erin 12			2) Hicks, Chloe 9		14
3) Emanuel, Serena 11	25.39	49.73 (24.34)	4) Newkirk, Mia 9	1:14.64 (24.91)	1:39.95 (25.31)
11 McLean High School				1:40.35	1:40.65
1) Murphy, Megan 11			2) de Cazotte, Xenia 9		12
3) Springsteen, Annie 12	25.34	50.50 (25.16)	4) McCulla, Christine 10	1:16.04 (25.54)	1:40.65 (24.61)
12 Centreville High School				1:40.55	1:40.66
1) Anderson, Rachel 11			2) Worley, Brooke 11		10
3) Cuomo, Kylie 11	25.28	50.53 (25.25)	4) McCranie, Abby 12	1:15.78 (25.25)	1:40.66 (24.88)
13 Lake Braddock Secondary School				1:40.73	1:40.68
1) Kolb, Karina 10			2) Merrill, Anne 10		8
3) Chase, Sophie 12	25.05	50.53 (25.48)	4) Hunter, Alex 12	1:40.68 (50.15)	
14 Stafford Indians Swim Team				1:40.95	1:41.55
1) Lloyd, Alli 12			2) Howell, Maggie 10		6

3) Rogers, Julianne 11	25.53	51.12 (25.59)	4) Ulrich, Ryan 10	1:16.76 (25.64)	1:41.55 (24.79)
15 Colonial Forge High School				1:41.11	1:41.71
1) Waisanen, Ryli 10			2) Garza, Kirsten 12		4
3) Wineinger, Kara 10	25.23	51.04 (25.81)	4) Garrity, Keara 9	1:16.39 (25.35)	1:41.71 (25.32)
16 South County High School				1:40.94	1:41.80
1) Malone, Brooke 11			2) Lei, Sarah 9		2
3) Heiss, Sarah 10	24.83	51.33 (26.50)	4) Clark, Megan 9	1:17.67 (26.34)	1:41.80 (24.13)

Event 18 Girls 200 Yard Freestyle Relay

State Record: ! 1:36.20 2/9/2008 Fairfax High School, Fairfax
E Baumgardner, F Dowd, J DeOrnellas, T Harvey

AAC: % 1:38.33

AAA: & 1:36.77

National Rec: \$ 1:31.18 2012 Chattanooga Baylor School, Chattanooga Tn
School Seed Prelims

Preliminaries

1 Oakton High School				1:36.62	1:37.56%
1) Crews, Gillian 12			2) Bourdelais, Elise 9		
3) Byrnes, Megan 9	24.51	49.01 (24.50)	4) Branton, Laura 10	1:13.98 (24.97)	1:37.56 (23.58)
2 West Potomac High School				1:38.32	1:38.92
1) Clifford, Maxine 10			2) Bertram, Sara 11		
3) Bomberg, Melanie 10	24.85	50.00 (25.15)	4) Moffitt, Hellen 12	1:15.26 (25.26)	1:38.92 (23.66)
3 Woodbridge Senior High School				1:39.98	1:39.28
1) Kelly, Emily 11			2) Dye, Sara 9		
3) Coughlin, Victoria 11	25.27	50.94 (25.67)	4) Vincent, Taylor 12	1:15.39 (24.45)	1:39.28 (23.89)
4 Woodson High School				1:39.03	1:39.39
1) Rogers, Leah 10			2) Ward, Rachel 10		
3) Basl, Hannah 12	24.88	49.10 (24.22)	4) Rowland, Molly 11	1:14.57 (25.47)	1:39.39 (24.82)
5 Fairfax High School				1:39.76	1:39.43
1) Surette, Marla 12			2) Byrd, Rebecca 9		
3) Dillinger, Natalie 12	25.25	50.56 (25.31)	4) Ferguson, Matty 12	1:15.91 (25.35)	1:39.43 (23.52)
6 Yorktown High School				1:40.01	1:39.54
1) Belilos, Ellie 12			2) Didawick, Amanda 12		
3) Young, Abigail 12	25.21	50.28 (25.07)	4) Dolan, Suzanne 9	1:15.38 (25.10)	1:39.54 (24.16)
7 Chantilly Chargers				1:38.65	1:39.57
1) Coulson-Moore, Logan 11			2) Hensley, Lauren 10		
3) Pereira, Sydney 12	24.61	49.79 (25.18)	4) Richer, Emma 12	1:14.79 (25.00)	1:39.57 (24.78)

8 Albemarle High School			1:40.06	1:39.69	
1) Harper, Hannah 11		2) Wuensch, Abby 10			
3) Lockman, Emma 10		4) Yan, Jeanette 10			
25.21	49.82 (24.61)	1:14.76 (24.94)	1:39.69 (24.93)		

9 Robinson Secondary School			1:39.64	1:40.26	
1) Schuler, Mackenzie 10		2) Munch, Genevieve 9			
3) Munch, Katie 12		4) Baker, Hannah 9			
25.91	51.35 (25.44)	1:16.85 (25.50)	1:40.26 (23.41)		
10 McLean High School			1:40.67	1:40.35	
1) Boardman, Nowell 12		2) de Cazotte, Xenia 9			
3) Springsteen, Annie 12		4) McCulla, Christine 10			
25.31	50.50 (25.19)	1:15.75 (25.25)	1:40.35 (24.60)		
11 Westfield High School			1:39.11	1:40.54	
1) Schulte, Erin 12		2) Hicks, Chloe 9			
3) Emanuel, Serena 11		4) Newkirk, Mia 9			
25.72	50.31 (24.59)	1:15.43 (25.12)	1:40.54 (25.11)		
12 Centreville High School			1:40.73	1:40.55	
1) Anderson, Rachel 11		2) Worley, Brooke 11			
3) Cuomo, Kylie 11		4) McCranie, Abby 12			
25.21	50.47 (25.26)	1:15.53 (25.06)	1:40.55 (25.02)		
13 Lake Braddock Secondary School			1:41.05	1:40.73	
1) Kolb, Karina 10		2) Merrill, Anne 10			
3) Chase, Sophie 12		4) Hunter, Alex 12			
25.13	50.32 (25.19)	1:15.94 (25.62)	1:40.73 (24.79)		
14 South County High School			1:41.17	1:40.94	
1) Malone, Brooke 11		2) Lei, Sarah 9			
3) Heiss, Sarah 10		4) Clark, Megan 9			
24.57	50.68 (26.11)	1:17.18 (26.50)	1:40.94 (23.76)		
15 Stafford Indians Swim Team			1:40.95	1:40.95	
1) Rogers, Julianne 11		2) Howell, Maggie 10			
3) Lloyd, Alli 12		4) Ulrich, Ryan 10			
26.09	51.78 (25.69)	1:16.85 (25.07)	1:40.95 (24.10)		
16 Colonial Forge High School			1:40.34	1:41.11	
1) Waisanen, Ryli 10		2) Garza, Kirsten 12			
3) Wineinger, Kara 10		4) Garrity, Keara 9			
25.28	50.88 (25.60)	1:16.17 (25.29)	1:41.11 (24.94)		

17 Langley High School			1:39.47	1:41.27	
1) Storch, Katie 11		2) Gent, Anne 12			
3) Grassi, Micaela 9		4) Speers, Abi 12			
25.32	51.10 (25.78)	1:16.55 (25.45)	1:41.27 (24.72)		
18 Frank W Cox High School			1:40.66	1:41.95	
1) Alley, Kara 11		2) Lyster, Stuart 12			
3) Seaman, Rachel 12		4) Orsini, Alexandra 9			
25.34	50.53 (25.19)	1:16.03 (25.50)	1:41.95 (25.92)		

19 Hickory High School			1:40.42	1:42.60	
1) Ange, Leah 12		2) Moriarty, Seana 11			

3) Johnston, Elizabeth 12	26.03	51.97 (25.94)	4) Egress, Emily 12	1:17.49 (25.52)	1:42.60 (25.11)
20 West Springfield HS				1:40.74	1:42.92
1) Amann, Kathleen 9			2) Yi, Lauren 12		
3) Boyer, Casey 11	26.04	51.18 (25.14)	4) Won, Je Moon 11	1:17.37 (26.19)	1:42.92 (25.55)
21 Princess Anne High School				1:41.80	1:43.00
1) Lonergan, Shannon 9			2) Cummings, Mackenzie 10		
3) Pierce, Savannah 11	25.39	51.00 (25.61)	4) Parkhurst, Julia 10	1:17.52 (26.52)	1:43.00 (25.48)
22 South Lakes High School				1:41.95	1:43.29
1) Macaluso, Kaylyn 10			2) Oladimeji, Tope 11		
3) Degutis, Katie 10	25.60	51.91 (26.31)	4) Avilov, Sasha 11	1:17.98 (26.07)	1:43.29 (25.31)
23 Colonial Heights High School				1:42.69	1:44.25
1) Niner, Christa 12			2) Warro, Emyle 9		
3) Magnusson, Elizabeth 10	29.07	55.48 (26.41)	4) Richey, Abigail 10	1:19.77 (24.29)	1:44.25 (24.48)
24 Grassfield High School				1:41.44	1:46.45
1) Stewart, Bailey 11			2) Ogden, Hannah 12		
3) McLemore, Christina 10	27.33	53.25 (25.92)	4) Harrington, Maya 10	1:19.84 (26.59)	1:46.45 (26.61)
-- Thomas Jefferson				1:41.69	DQ
Early take-off swimmer #2					
1) Liu, Sarah 12			2) Phillips, Madison 11		
3) Liu, Grace 10	26.34	52.44 (26.10)	4) Heilbrun, Carrie 10	1:17.63 (25.19)	DQ (23.99)

Event 20 Girls 100 Yard Backstroke

State Record: ! 53.27 2/16/2013 Janet Hu, Oakton
 AAC: % 56.94
 AAA: & 55.76

National Rec: \$ 51.53 2010 Rachel Bootsma, Eden Prairie, MN

Name	Year	School	Prelims	Finals	Points
A - Final					
1 Hu, Janet	11	Oakton	54.61	53.27!	20
	25.89	53.27 (27.38)			
2 Moffitt, Hellen	12	West Potomac	56.15	55.39&	17
	27.20	55.39 (28.19)			
3 Dryer, Robyn	10	West Springfield	57.59	56.92%	16
	27.78	56.92 (29.14)			
4 Morling, Jordan	9	Ph- Roanoke	57.02	57.11	15
	28.12	57.11 (28.99)			
5 Coulson-Moore, Log	11	Chantilly	57.72	57.59	14
	28.02	57.59 (29.57)			
6 Boardman, Nowell	12	McLean	58.40	57.76	13
	27.88	57.76 (29.88)			

7 Tremols, Nina	12 Battlefield	58.26	58.13	12
28.10	58.13 (30.03)			
8 Muir, Fiona	10 Langley	58.30	58.57	11
28.35	58.57 (30.22)			
B - Final				
9 Bui, Morgan	12 Woodson	58.45	58.72	9
28.08	58.72 (30.64)			
10 Privott, Caitlin	10 Ph- Roanoke	58.49	59.08	7
29.08	59.08 (30.00)			
11 D'Amato, Emily	12 West Springfield	58.90	59.20	6
28.89	59.20 (30.31)			
12 Capobianco, Julia	10 Oakton	59.38	59.36	5
28.64	59.36 (30.72)			
13 Kelly, Emily	11 Woodbridge	58.89	59.43	4
29.07	59.43 (30.36)			
14 Yan, Jeanette	10 Albemarle	58.76	59.52	3
28.88	59.52 (30.64)			
15 Hensley, Lauren	10 Chantilly	59.13	59.56	2
29.03	59.56 (30.53)			
16 Young, Abigail	12 Yorktown	59.49	1:00.01	1
29.04	1:00.01 (30.97)			

Event 20 Girls 100 Yard Backstroke

=====
 State Record: ! 53.27 2/16/2013 Janet Hu, Oakton
 AAC: % 56.94
 AAA: & 55.76
 National Rec: \$ 51.53 2010 Rachel Bootsma, Eden Prairie, MN
 Name Year School Seed Prelims
 =====

Preliminaries

1 Hu, Janet	11 Oakton	52.81	54.61&
26.37	54.61 (28.24)		
2 Moffitt, Hellen	12 West Potomac	56.02	56.15%
27.65	56.15 (28.50)		
3 Morling, Jordan	9 Ph- Roanoke	58.13	57.02
27.99	57.02 (29.03)		
4 Dryer, Robyn	10 West Springfield	57.48	57.59
27.77	57.59 (29.82)		
5 Coulson-Moore, Logan	11 Chantilly	58.13	57.72
28.06	57.72 (29.66)		
6 Tremols, Nina	12 Battlefield	58.41	58.26
28.33	58.26 (29.93)		
7 Muir, Fiona	10 Langley	58.74	58.30
28.06	58.30 (30.24)		
8 Boardman, Nowell	12 McLean	58.59	58.40
27.95	58.40 (30.45)		

9 Bui, Morgan	28.31	12 Woodson	58.47	58.45
		58.45 (30.14)		
10 Privott, Caitlin	28.94	10 Ph- Roanoke	59.94	58.49
		58.49 (29.55)		
11 Yan, Jeanette	28.64	10 Albemarle	59.30	58.76
		58.76 (30.12)		
12 Kelly, Emily	28.53	11 Woodbridge	59.01	58.89
		58.89 (30.36)		
13 D'Amato, Emily	28.87	12 West Springfield	59.36	58.90
		58.90 (30.03)		
14 Hensley, Lauren	29.10	10 Chantilly	59.32	59.13
		59.13 (30.03)		
15 Capobianco, Julia	28.50	10 Oakton	59.90	59.38
		59.38 (30.88)		
16 Young, Abigail	28.98	12 Yorktown	59.63	59.49
		59.49 (30.51)		

17 Gaskill, Kati	29.50	11 Osbourn Park	59.95	59.73
		59.73 (30.23)		
18 Motter, Megan	29.27	9 Ocean Lakes	58.56	59.76
		59.76 (30.49)		

19 Lockman, Emma	28.97	10 Albemarle	59.06	59.87
		59.87 (30.90)		
20 Obando, Natalie	29.46	10 South Lakes	57.43	1:00.90
		1:00.90 (31.44)		
21 Coates, Mary	29.77	9 First Colonial	1:00.61	1:01.29
		1:01.29 (31.52)		

Event 22 Girls 100 Yard Breaststroke

State Record: ! 1:00.96 2/9/2008 Ashley Danner, Lake Braddock

AAC: % 1:05.20

AAA: & 1:03.94

National Rec: \$ 58.75 2009 Kasey Carlson, Walnut Creek, CA

Name	Year	School	Prelims	Finals	Points
=====					
A - Final					
1 Tansill, Amy	11	Osbourn Park	1:03.09	1:02.69&	20
	29.28	1:02.69 (33.41)			
2 Malone, Brooke	11	South County	1:02.39	1:03.04&	17
	29.64	1:03.04 (33.40)			
3 Brumbaum, Kayla	11	Riverbend	1:04.08	1:03.25&	16
	29.90	1:03.25 (33.35)			
4 Ostrowski, Claire	9	COX	1:04.36	1:04.20%	15
	30.30	1:04.20 (33.90)			
5 Ulrich, MJ	11	McLean	1:04.63	1:04.48%	14
	30.39	1:04.48 (34.09)			
6 Hynes, Susan	10	Hickory	1:04.92	1:05.46	13

	31.36	1:05.46 (34.10)			
7 Neilan, Larissa	11	Orange County	1:05.37	1:05.76	12
	30.81	1:05.76 (34.95)			
8 Munch, Katie	12	Robinson	1:05.07	1:06.03	11
	31.29	1:06.03 (34.74)			
B - Final					
9 Ferguson, Matty	12	Fairfax	1:05.89	1:05.46	9
	30.62	1:05.46 (34.84)			
10 Richer, Emma	12	Chantilly	1:06.39	1:06.15	7
	31.19	1:06.15 (34.96)			
11 Tansill, Mary Clai	9	Patriot	1:06.53	1:06.19	6
	31.47	1:06.19 (34.72)			
12 Purnell, Natalie	10	Stonewall Jackso	1:06.41	1:06.69	5
	31.76	1:06.69 (34.93)			
13 Wineinger, Kara	10	Colonial Forge	1:06.40	1:06.84	4
	31.13	1:06.84 (35.71)			
14 Chase, Sophie	12	Lake Braddock	1:06.91	1:07.32	3
	31.67	1:07.32 (35.65)			
15 Swanepoel-Stevens,	10	West Springfield	1:07.30	1:07.37	2
	31.89	1:07.37 (35.48)			
16 Roesel, Gretchen	11	Langley	1:06.58	1:07.57	1
	32.14	1:07.57 (35.43)			

Event 22 Girls 100 Yard Breaststroke

State Record: ! 1:00.96 2/9/2008 Ashley Danner, Lake Braddock

AAC: % 1:05.20

AAA: & 1:03.94

National Rec: \$ 58.75 2009 Kasey Carlson, Walnut Creek, CA

Name Year School Seed Prelims

Preliminaries

1 Malone, Brooke	11	South County	1:03.34	1:02.39&
	29.88	1:02.39 (32.51)		
2 Tansill, Amy	11	Osborn Park	1:05.45	1:03.09&
	29.22	1:03.09 (33.87)		
3 Brumbaum, Kayla	11	Riverbend	1:04.40	1:04.08%
	30.01	1:04.08 (34.07)		
4 Ostrowski, Claire	9	COX	1:04.66	1:04.36%
	30.50	1:04.36 (33.86)		
5 Ulrich, MJ	11	McLean	1:04.02	1:04.63%
	30.43	1:04.63 (34.20)		
6 Hynes, Susan	10	Hickory	1:03.83	1:04.92%
	31.11	1:04.92 (33.81)		
7 Munch, Katie	12	Robinson	1:04.92	1:05.07%
	31.09	1:05.07 (33.98)		
8 Neilan, Larissa	11	Orange County	1:06.23	1:05.37
	30.51	1:05.37 (34.86)		

9	Ferguson, Matty	12 Fairfax	1:05.52	1:05.89
	30.85	1:05.89 (35.04)		
10	Richer, Emma	12 Chantilly	1:05.16	1:06.39
	31.29	1:06.39 (35.10)		
11	Wineinger, Kara	10 Colonial Forge	1:05.89	1:06.40
	31.15	1:06.40 (35.25)		
12	Purnell, Natalie	10 Stonewall Jackso	1:06.55	1:06.41
	31.61	1:06.41 (34.80)		
13	Tansill, Mary Claire	9 Patriot	1:06.12	1:06.53
	31.93	1:06.53 (34.60)		
14	Roesel, Gretchen	11 Langley	1:04.92	1:06.58
	31.84	1:06.58 (34.74)		
15	Chase, Sophie	12 Lake Braddock	1:05.94	1:06.91
	31.26	1:06.91 (35.65)		
16	Swanepoel-Stevens, Chris	10 West Springfield	1:06.29	1:07.30
	32.00	1:07.30 (35.30)		
17	Murphy, Madalyn	12 Atlee	1:08.35	1:07.33
	31.67	1:07.33 (35.66)		
18	Cummings, Mackenzie	10 Princess Anne	1:06.19	1:07.45
	31.73	1:07.45 (35.72)		
19	Teller, Ashley	11 Western Branch	1:07.20	1:07.97
	32.10	1:07.97 (35.87)		
20	Liu, Sarah	12 T. Jefferson	1:07.44	1:08.33
	32.33	1:08.33 (36.00)		
21	Harrington, Maya	10 Grassfield	1:08.21	1:08.85
	32.79	1:08.85 (36.06)		
22	Queen, Ali	12 Madison	1:07.58	1:09.16
	32.66	1:09.16 (36.50)		
23	Loch, Kaylin	9 Woodside	1:07.97	1:10.78
	33.28	1:10.78 (37.50)		
24	Meeker, Erin	11 Atlee	1:11.76	1:11.17
	33.80	1:11.17 (37.37)		

Event 24 Girls 400 Yard Freestyle Relay

State Record: ! 3:28.44 2/16/2013 Oakton High School, Oakton
L Branton, K Lawhorn, M Byrnes, J Hu

AAC: % 3:33.53

AAA: & 3:30.14

National Rec: \$ 3:22.42 2011 Regis Jesuit, Colorado
Thomas, Todd, DeBever, Franklin

School	Prelims	Finals	Points
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A - Final

1	Oakton High School	3:31.44	3:28.44!	40
	1) Branton, Laura 10	2) Lawhorn, Kendall 11		

3) Byrnes, Megan 9	24.83	52.11 (52.11)	4) Hu, Janet 11	1:18.29 (26.18)	1:46.95 (54.84)
2:12.47 (25.52)	2:39.94 (52.99)	3:03.05 (23.11)	3:28.44 (48.50)		
2 West Springfield HS		3:37.36	3:35.77	34	
1) Won, Je Moon 11		2) Yi, Lauren 12			
3) D'Amato, Emily 12	26.54	55.52 (55.52)	4) Dryer, Robyn 10	1:21.09 (25.57)	1:49.74 (54.22)
2:15.54 (25.80)	2:43.24 (53.50)	3:08.48 (25.24)	3:35.77 (52.53)		
3 Yorktown High School		3:37.48	3:35.92	32	
1) Didawick, Amanda 12		2) Belilos, Ellie 12			
3) Nassetta, Kirby 10	26.13	54.54 (54.54)	4) Dolan, Suzanne 9	1:20.06 (25.52)	1:48.58 (54.04)
2:14.61 (26.03)	2:43.71 (55.13)	3:08.49 (24.78)	3:35.92 (52.21)		
4 Hickory High School		3:38.98	3:37.37	30	
1) Hynes, Susan 10		2) Ange, Leah 12			
3) Egress, Emily 12	25.50	53.11 (53.11)	4) Loud, Shannon 12	1:19.57 (26.46)	1:48.78 (55.67)
2:14.60 (25.82)	2:43.31 (54.53)	3:08.89 (25.58)	3:37.37 (54.06)		
5 Frank W Cox High School		3:37.20	3:37.54	28	
1) Degner, Katherine 9		2) Orsini, Alexandra 9			
3) Ostrowski, Claire 9	26.60	55.20 (55.20)	4) DaCruz, Georgia 9	1:21.51 (26.31)	1:51.39 (56.19)
2:16.67 (25.28)	2:45.04 (53.65)	3:10.16 (25.12)	3:37.54 (52.50)		
6 Patrick Henry Roanoke HS		3:38.93	3:37.95	26	
1) Privott, Caitlin 10		2) Morling, Jordan 9			
3) Kulp, Natalie 9	26.36	54.74 (54.74)	4) Stanley, Olivia 9	1:21.08 (26.34)	1:49.35 (54.61)
2:16.06 (26.71)	2:45.20 (55.85)	3:10.63 (25.43)	3:37.95 (52.75)		
7 Robinson Secondary School		3:39.02	3:38.09	24	
1) Munch, Katie 12		2) Luong, Vivian 9			
3) Baker, Hannah 9	26.22	54.50 (54.50)	4) Schuler, Mackenzie 10	1:21.08 (26.58)	1:50.42 (55.92)
2:15.12 (24.70)	2:41.94 (51.52)	3:08.01 (26.07)	3:38.09 (56.15)		
8 James Madison High School		3:38.74	3:38.53	22	
1) Kellan, Laura 12		2) Dyson, Mallory 9			
3) Sullivan, Laura 10	26.27	55.11 (55.11)	4) Owens, Sidney 10	1:20.82 (25.71)	1:50.60 (55.49)
2:16.58 (25.98)	2:45.25 (54.65)	3:10.23 (24.98)	3:38.53 (53.28)		
B - Final					
9 Albemarle High School		3:39.51	3:37.02	18	
1) Harper, Hannah 11		2) Wuensch, Abby 10			
3) Lockman, Emma 10	26.23	53.97 (53.97)	4) Yan, Jeanette 10	1:19.95 (25.98)	1:49.17 (55.20)
2:14.58 (25.41)	2:42.87 (53.70)	3:08.70 (25.83)	3:37.02 (54.15)		
10 Westfield High School		3:39.10	3:39.94	14	
1) Schulte, Erin 12		2) Warrington, Reagan 12			
3) Hicks, Chloe 9	26.14	54.45 (54.45)	4) Newkirk, Mia 9	1:20.60 (26.15)	1:49.71 (55.26)
2:15.05 (25.34)	2:45.15 (55.44)	3:11.06 (25.91)	3:39.94 (54.79)		

11 Colonial Forge High School	3:43.81	3:40.72	12
1) Garrity, Keara 9	2) Garza, Kirsten 12		
3) Wineinger, Kara 10	4) Waisanen, Ryli 10		
26.40	54.65 (54.65)	1:21.15 (26.50)	1:51.31 (56.66)
2:17.62 (26.31)	2:46.50 (55.19)	3:12.27 (25.77)	3:40.72 (54.22)
12 Osbourn Park High School	3:39.57	3:40.92	10
1) Tabor, Natalie 11	2) Stevens, Jillian 12		
3) Colligan, Chloe 11	4) Skelley, Emma 12		
26.07	55.01 (55.01)	1:21.62 (26.61)	1:50.87 (55.86)
2:16.71 (25.84)	2:45.55 (54.68)	3:12.46 (26.91)	3:40.92 (55.37)
13 Langley High School	3:40.87	3:41.47	8
1) Storch, Katie 11	2) Owens, Amy 10		
3) Grassi, Micaela 9	4) Muir, Fiona 10		
26.29	55.34 (55.34)	1:21.82 (26.48)	1:50.76 (55.42)
2:17.00 (26.24)	2:46.09 (55.33)	3:12.30 (26.21)	3:41.47 (55.38)
14 Lake Braddock Secondary School	3:42.30	3:41.77	6
1) Hunter, Alex 12	2) Merrill, Anne 10		
3) Lertlumprasert, Charlie 9	4) Kolb, Karina 10		
26.18	55.40 (55.40)	1:22.13 (26.73)	1:51.62 (56.22)
2:18.21 (26.59)	2:48.32 (56.70)	3:13.51 (25.19)	3:41.77 (53.45)
15 Stafford Indians Swim Team	3:40.38	3:42.21	4
1) Ulrich, Ryan 10	2) Kleveno, Elizabeth 12		
3) Sizemore, Karah 10	4) Showers, Rachel 10		
26.58	55.01 (55.01)	1:21.18 (26.17)	1:50.50 (55.49)
2:17.25 (26.75)	2:46.52 (56.02)	3:13.13 (26.61)	3:42.21 (55.69)
16 South County High School	3:42.53	3:43.45	2
1) Clark, Megan 9	2) Hopler, Nicole 11		
3) Heiss, Sarah 10	4) Malone, Brooke 11		
25.77	53.92 (53.92)	1:21.42 (27.50)	1:51.59 (57.67)
2:19.08 (27.49)	2:50.64 (59.05)	3:15.75 (25.11)	3:43.45 (52.81)

Event 24 Girls 400 Yard Freestyle Relay

State Record: ! 3:28.44 2/16/2013 Oakton High School, Oakton
L Branton, K Lawhorn, M Byrnes, J Hu

AAC: % 3:33.53

AAA: & 3:30.14

National Rec: \$ 3:22.42 2011 Regis Jesuit, Colorado
Thomas, Todd, DeBever, Franklin

School

Seed

Prelims

Preliminaries

1 Oakton High School	3:27.73	3:31.44%
1) Branton, Laura 10	2) Lawhorn, Kendall 11	
3) Byrnes, Megan 9	4) Hu, Janet 11	
25.10	52.61 (52.61)	1:18.38 (25.77)
2:12.66 (25.93)	2:40.90 (54.17)	3:04.78 (23.88)
2 Frank W Cox High School	3:35.83	3:37.20
1) Degner, Katherine 9	2) Orsini, Alexandra 9	

3) Ostrowski, Claire 9	26.71	55.61 (55.61)	4) DaCruz, Georgia 9	1:22.02 (26.41)	1:51.50 (55.89)
2:16.87 (25.37)	2:45.08 (53.58)	3:10.06 (24.98)	3:37.20 (52.12)		
3 West Springfield HS			3:36.42	3:37.36	
1) Won, Je Moon 11			2) Yi, Lauren 12		
3) D'Amato, Emily 12	26.66	55.56 (55.56)	4) Dryer, Robyn 10	1:21.51 (25.95)	1:50.55 (54.99)
2:16.73 (26.18)	2:44.78 (54.23)	3:10.24 (25.46)	3:37.36 (52.58)		
4 Yorktown High School			3:36.21	3:37.48	
1) Didawick, Amanda 12			2) Belilos, Ellie 12		
3) Nassetta, Kirby 10	26.25	54.57 (54.57)	4) Dolan, Suzanne 9	1:20.78 (26.21)	1:49.42 (54.85)
2:15.26 (25.84)	2:44.61 (55.19)	3:09.49 (24.88)	3:37.48 (52.87)		
5 James Madison High School			3:38.60	3:38.74	
1) Kellan, Laura 12			2) Dyson, Mallory 9		
3) Sullivan, Laura 10	26.16	54.92 (54.92)	4) Owens, Sidney 10	1:20.79 (25.87)	1:50.43 (55.51)
2:16.52 (26.09)	2:44.92 (54.49)	3:10.31 (25.39)	3:38.74 (53.82)		
6 Patrick Henry Roanoke HS			3:40.48	3:38.93	
1) Privott, Caitlin 10			2) Morling, Jordan 9		
3) Kulp, Natalie 9	26.41	54.75 (54.75)	4) Stanley, Olivia 9	1:21.15 (26.40)	1:49.71 (54.96)
2:16.53 (26.82)	2:45.58 (55.87)	3:11.59 (26.01)	3:38.93 (53.35)		
7 Hickory High School			3:37.94	3:38.98	
1) Hynes, Susan 10			2) Ange, Leah 12		
3) Egress, Emily 12	25.45	52.25 (52.25)	4) Loud, Shannon 12	1:18.65 (26.40)	1:48.33 (56.08)
2:14.75 (26.42)	2:44.14 (55.81)	3:10.00 (25.86)	3:38.98 (54.84)		
8 Robinson Secondary School			3:38.43	3:39.02	
1) Schuler, Mackenzie 10			2) Munch, Katie 12		
3) Baker, Hannah 9	27.07	57.61 (57.61)	4) Luong, Vivian 9	1:23.21 (25.60)	1:51.17 (53.56)
2:15.83 (24.66)	2:43.29 (52.12)	3:09.76 (26.47)	3:39.02 (55.73)		

9 Westfield High School			3:39.46	3:39.10	
1) Schulte, Erin 12			2) Warrington, Reagan 12		
3) Newkirk, Mia 9	26.66	55.65 (55.65)	4) Hicks, Chloe 9	1:21.66 (26.01)	1:50.19 (54.54)
2:16.01 (25.82)	2:45.00 (54.81)	3:11.02 (26.02)	3:39.10 (54.10)		
10 Albemarle High School			3:39.30	3:39.51	
1) Harper, Hannah 11			2) Wuensch, Abby 10		
3) Lockman, Emma 10	26.02	54.31 (54.31)	4) Yan, Jeanette 10	1:20.06 (25.75)	1:49.28 (54.97)
2:15.60 (26.32)	2:44.61 (55.33)	3:11.20 (26.59)	3:39.51 (54.90)		
11 Osbourn Park High School			3:37.79	3:39.57	
1) Tabor, Natalie 11			2) Stevens, Jillian 12		
3) Colligan, Chloe 11	26.23	55.05 (55.05)	4) Skelley, Emma 12	1:21.69 (26.64)	1:50.68 (55.63)
2:16.50 (25.82)	2:45.10 (54.42)	3:11.58 (26.48)	3:39.57 (54.47)		

12 Stafford Indians Swim Team				3:39.52		3:40.38	
1) Ulrich, Ryan 10					2) Kleveno, Elizabeth 12		
3) Sizemore, Karah 10					4) Showers, Rachel 10		
	26.18	54.13	(54.13)	1:20.12	(25.99)	1:49.30	(55.17)
	2:16.00	(26.70)	2:45.45	(56.15)	3:11.71	(26.26)	3:40.38
13 Langley High School				3:34.56		3:40.87	
1) Storch, Katie 11					2) Owens, Amy 10		
3) Grassi, Micaela 9					4) Muir, Fiona 10		
	26.21	55.15	(55.15)	1:21.51	(26.36)	1:50.62	(55.47)
	2:16.83	(26.21)	2:46.08	(55.46)	3:12.07	(25.99)	3:40.87
14 Lake Braddock Secondary School				3:40.47		3:42.30	
1) Hunter, Alex 12					2) Merrill, Anne 10		
3) Lertlumprasert, Charlie 9					4) Kolb, Karina 10		
	26.70	55.52	(55.52)	1:22.31	(26.79)	1:51.60	(56.08)
	2:18.05	(26.45)	2:48.27	(56.67)	3:14.02	(25.75)	3:42.30
15 South County High School				3:41.01		3:42.53	
1) Clark, Megan 9					2) Hopler, Nicole 11		
3) Heiss, Sarah 10					4) Malone, Brooke 11		
	25.74	53.66	(53.66)	1:20.66	(27.00)	1:50.20	(56.54)
	2:18.21	(28.01)	2:49.90	(59.70)	3:15.10	(25.20)	3:42.53
16 Colonial Forge High School				3:40.03		3:43.81	
1) Garza, Kirsten 12					2) Garrity, Keara 9		
3) Wineinger, Kara 10					4) Waisanen, Ryli 10		
	27.16	58.11	(58.11)	1:23.89	(25.78)	1:52.32	(54.21)
	2:19.04	(26.72)	2:48.39	(56.07)	3:14.55	(26.16)	3:43.81

17 Colonial Heights High School				3:47.41		3:47.72	
1) Richey, Abigail 10					2) Kocik, Bethany 10		
3) Warro, Emyle 9					4) Magnusson, Elizabeth 10		
	25.78	53.47	(53.47)	1:23.63	(30.16)	1:56.93	(1:03.46)
	2:23.95	(27.02)	2:54.09	(57.16)	3:19.36	(25.27)	3:47.72
18 Western Branch High School				3:40.14		3:56.93	
1) Teller, Ashley 11					2) Cassidy, Jenn 10		
3) Polk, Kendall 11					4) Wild, Jamie 12		
	27.71	57.86	(57.86)	1:27.16	(29.30)	1:58.59	(1:00.73)
	2:27.69	(29.10)	2:59.94	(1:01.35)	3:26.91	(26.97)	3:56.93

-- McLean High School				3:41.43		DQ	
Early take-off swimmer #4							
1) Murphy, Megan 11					2) Wolff, Veronica 9		
3) McCulla, Christine 10					4) Danchak, Alexis 12		
	26.49	55.57	(55.57)	1:22.34	(26.77)	1:51.45	(55.88)
	2:16.87	(25.42)	2:44.49	(53.04)	3:10.30	(25.81)	DQ