

Licensed to Potomac Valley Swimming - For Office Use Only License

HY-TEK's MEET MANAGER 5.0 2/8/2014 09:50 PM

6A North Region Swim and Dive Championship - 2/4/2014 to 2/8/2014

6A North Region Swim and Dive Championships

Held at Oak Marr Recreation Center

Results

Event 2 Girls 200 Yard Medley Relay

```

=====
6 A North: & 1:46.02    2/8/2014 Chantilly Chargers, Chantilly
                    L Hensley, J Clabeaux, L Gwennap, L Coulson-Moore

State Cut: @ 1:52.49
AAC: # 1:48.29
AAA: $ 1:46.21
National Rec: ! 1:40.73    2011 Carondelet HS, CA
                        M White, A Gargalikis, C Ray, C. Chenault
                        1:46.21 AAA AA Automatic
                        1:48.29 AAC AA Consideration
                        1:52.49 SQ State Qualifier

```

School	Prelims	Finals	Points
A - Final			
1 Chantilly Chargers	1:47.34	1:46.02&AAA	40
1) Hensley, Lauren JR	2) Clabeaux, Jacquee FR		
3) Gwennap, Lea FR	4) Coulson-Moore, Logan SR		
27.49	57.12 (29.63)	1:22.45 (25.33)	1:46.02 (23.57)
2 Oakton High School	1:46.70	1:46.16\$AAA	34
1) Hu, Janet SR	2) Chen, Jade FR		
3) Capobianco, Julia JR	4) Bourdelais, Elise SO		
24.55	56.74 (32.19)	1:22.05 (25.31)	1:46.16 (24.11)
3 West Springfield	1:48.16	1:47.75#AAC	32
1) Wells, Allison JR	2) Swanepoel-Stevens, Christin JR		
3) Dryer, Robyn JR	4) Amann, Kathleen SO		
27.85	57.85 (30.00)	1:22.96 (25.11)	1:47.75 (24.79)
4 Patriot High School	1:50.20	1:48.87@SQ	30
1) Baird, Samantha JR	2) Tansill, Mary Claire SO		
3) Mugnolo, Morgan SO	4) Romine, Paige FR		
27.88	57.31 (29.43)	1:23.70 (26.39)	1:48.87 (25.17)
5 McLean High School	1:50.42	1:49.21@SQ	28
1) McCulla, Elizabeth FR	2) Ulrich, Madalyn SR		
3) Pardo, Katherine SR	4) Murphy, Megan SR		
28.70	58.13 (29.43)	1:24.36 (26.23)	1:49.21 (24.85)
6 Osbourn Park High School	1:50.43	1:49.53@SQ	26
1) Gaskill, Kati SR	2) Tansill, Amy SR		
3) Sargent, Lauren SR	4) Wiecki, Lindsay SO		
27.90	57.05 (29.15)	1:24.14 (27.09)	1:49.53 (25.39)
7 Centreville High School	1:50.60	1:50.53@SQ	24
1) Anderson, Rachel SR	2) Hessler, Sarah JR		

3) Cuomo, Kylie SR	28.14	57.76 (29.62)	4) Worley, Brooke SR	1:25.29 (27.53)	1:50.53 (25.24)
8 Herndon Hornets				1:50.40	1:51.29@SQ 22
1) Meilus, Emily FR			2) McNulty, Elizabeth SR		
3) Murphy, Ryan SR	26.75	58.92 (32.17)	4) Ginieczki, Karly JR	1:25.61 (26.69)	1:51.29 (25.68)
B - Final					
9 South Lakes High School				1:52.91	1:50.29@SQ 18
1) Obando, Natalie JR			2) Groves, Sabrina JR		
3) Avilov, Sasha SR	27.32	58.31 (30.99)	4) King, Caitlyn FR	1:24.79 (26.48)	1:50.29 (25.50)
10 Langley High School				1:51.39	1:50.59@SQ 14
1) Muir, Fiona JR			2) Roesel, Gretchen SR		
3) Fu, Joanne FR	27.74	59.37 (31.63)	4) Grassi, Micaela SO	1:25.97 (26.60)	1:50.59 (24.62)
11 Yorktown High School				1:52.90	1:51.10@SQ 12
1) Morrison, Michaela SO			2) Allard, Lauren JR		
3) Nassetta, Kirby JR	28.85	59.43 (30.58)	4) Luncher, Kaitlin JR	1:26.00 (26.57)	1:51.10 (25.10)
12 Fairfax High School				1:52.61	1:51.99@SQ 10
1) Byrd, Rebecca SO			2) Byron, Neddie SR		
3) Ober, Anna FR	29.13	1:01.44 (32.31)	4) Griffin, Laura SO	1:27.33 (25.89)	1:51.99 (24.66)
13 Washington-Lee High School				1:50.91	1:52.89 8
1) Vu, Belinda SR			2) Edwards, Bryn SO		
3) Ridgeway, Ellie FR	28.95	1:01.00 (32.05)	4) Gieseman, Evie FR	1:28.30 (27.30)	1:52.89 (24.59)
14 Robinson Secondary School				1:53.59	1:52.98 6
1) Luong, Vivian SO			2) Deppe Walker, Maggie FR		
3) Schuler, Mackenzie JR	29.39	1:00.76 (31.37)	4) Gartman, Grace FR	1:28.15 (27.39)	1:52.98 (24.83)
15 James Madison High School				1:53.83	1:53.48 4
1) Sullivan, Laura JR			2) Dyson, Mallory SO		
3) Owens, Sidney JR	27.73	59.98 (32.25)	4) Hines, Kenzie SO	1:27.97 (27.99)	1:53.48 (25.51)
16 Annandale High School				1:57.44	1:57.08 2
1) Padrutt, Sarah SR			2) Liller, Tricia SR		
3) Keck, Molly JR	31.82	1:04.18 (32.36)	4) Britton, Ashley SO	1:32.11 (27.93)	1:57.08 (24.97)

Event 2 Girls 200 Yard Medley Relay

=====

6 A North: & 1:46.02 2/8/2014 Chantilly Chargers, Chantilly
L Hensley, J Clabeaux, L Gwennap, L Coulson-Moore

State Cut: @ 1:52.49
AAC: # 1:48.29
AAA: \$ 1:46.21
National Rec: ! 1:40.73 2011 Carondelet HS, CA
M White, A Gargalikis, C Ray, C. Chenault

1:46.21 AAA AA Automatic
 1:48.29 AAC AA Consideration
 1:52.49 SQ State Qualifier

School	Seed	Prelims
Preliminaries		
1 Oakton High School	1:46.76	1:46.70#AAC
1) Hu, Janet SR	2) Chen, Jade FR	
3) Capobianco, Julia JR	4) Bourdelais, Elise SO	
24.67	56.68 (32.01)	1:22.45 (25.77)
		1:46.70 (24.25)
2 Chantilly Chargers	1:46.86	1:47.34#AAC
1) Hensley, Lauren JR	2) Clabeaux, Jacquee FR	
3) Gwennap, Lea FR	4) Coulson-Moore, Logan SR	
27.69	57.57 (29.88)	1:23.45 (25.88)
		1:47.34 (23.89)
3 West Springfield	1:50.30	1:48.16#AAC
1) Wells, Allison JR	2) Swanepoel-Stevens, Christin JR	
3) Dryer, Robyn JR	4) Amann, Kathleen SO	
28.67	58.53 (29.86)	1:23.45 (24.92)
		1:48.16 (24.71)
4 Patriot High School	1:49.83	1:50.20@SQ
1) Baird, Samantha JR	2) Tansill, Mary Claire SO	
3) Mugnolo, Morgan SO	4) Romine, Paige FR	
28.03	58.47 (30.44)	1:24.92 (26.45)
		1:50.20 (25.28)
5 Herndon Hornets	1:50.72	1:50.40@SQ
1) Meilus, Emily FR	2) McNulty, Elizabeth SR	
3) Murphy, Ryan SR	4) Ginieczki, Karly JR	
26.37	57.90 (31.53)	1:24.60 (26.70)
		1:50.40 (25.80)
6 McLean High School	1:51.09	1:50.42@SQ
1) McCulla, Elizabeth FR	2) Ulrich, Madalyn SR	
3) Pardo, Katherine SR	4) Murphy, Megan SR	
28.97	58.98 (30.01)	1:25.01 (26.03)
		1:50.42 (25.41)
7 Osbourn Park High School	1:52.26	1:50.43@SQ
1) Gaskill, Kati SR	2) Tansill, Amy SR	
3) Sargent, Lauren SR	4) Wiecki, Lindsay SO	
28.47	58.12 (29.65)	1:25.10 (26.98)
		1:50.43 (25.33)
8 Centreville High School	1:50.51	1:50.60@SQ
1) Anderson, Rachel SR	2) Hessler, Sarah JR	
3) Cuomo, Kylie SR	4) Worley, Brooke SR	
28.73	57.96 (29.23)	1:25.73 (27.77)
		1:50.60 (24.87)
9 Washington-Lee High School	1:53.59	1:50.91@SQ
1) Vu, Belinda SR	2) Edwards, Bryn SO	
3) Ridgeway, Ellie FR	4) Gieseman, Evie FR	
28.74	59.65 (30.91)	1:26.50 (26.85)
		1:50.91 (24.41)
10 Langley High School	1:51.49	1:51.39@SQ
1) Muir, Fiona JR	2) Roesel, Gretchen SR	
3) Fu, Joanne FR	4) Grassi, Micaela SO	
28.02	1:00.04 (32.02)	1:26.59 (26.55)
		1:51.39 (24.80)
11 Fairfax High School	1:53.14	1:52.61
1) Byrd, Rebecca SO	2) Byron, Neddie SR	

	3) Ober, Anna FR	29.07	1:01.62	(32.55)	4) Griffin, Laura SO	1:27.54	(25.92)	1:52.61	(25.07)
12	Yorktown High School					1:51.82		1:52.90	
	1) Morrison, Michaela SO				2) Allard, Lauren JR				
	3) Nassetta, Kirby JR	29.59	1:00.54	(30.95)	4) Luncher, Kaitlin JR	1:27.93	(27.39)	1:52.90	(24.97)
13	South Lakes High School					1:52.19		1:52.91	
	1) King, Caitlyn FR				2) Macaluso, Kaylyn JR				
	3) Groves, Sabrina JR	29.97	1:01.34	(31.37)	4) Avilov, Sasha SR	1:27.89	(26.55)	1:52.91	(25.02)
14	Robinson Secondary School					1:50.24		1:53.59	
	1) Luong, Vivian SO				2) Deppe Walker, Maggie FR				
	3) Myers, Merybeth FR	29.40	1:00.61	(31.21)	4) Gartman, Grace FR	1:28.91	(28.30)	1:53.59	(24.68)
15	James Madison High School					1:56.28		1:53.83	
	1) Sullivan, Laura JR				2) Dyson, Mallory SO				
	3) Owens, Sidney JR	28.00	1:00.03	(32.03)	4) Hines, Kenzie SO	1:28.23	(28.20)	1:53.83	(25.60)
16	Annandale High School					1:57.84		1:57.44	
	1) Keck, Molly JR				2) Liller, Tricia SR				
	3) Padrutt, Sarah SR	31.95	1:04.99	(33.04)	4) Britton, Ashley SO	1:32.76	(27.77)	1:57.44	(24.68)

17	Lake Braddock Secondary School					1:56.85		1:58.10	
	1) Chewning, Stephanie JR				2) Michaels, Neave FR				
	3) Hale, Hannah FR	28.89	1:03.84	(34.95)	4) Merrill, Anne JR	1:32.99	(29.15)	1:58.10	(25.11)
18	Westfield High School					1:54.91		1:58.32	
	1) Blondin, Maggie SR				2) Stamper, Georgia FR				
	3) Emanuel, Serena SR	31.00	1:04.15	(33.15)	4) Pace, Didi FR	1:32.80	(28.65)	1:58.32	(25.52)

19	West Potomac High School					1:52.31		1:58.71	
	1) Bolger, Torie JR				2) Hohman, Natalie FR				
	3) Pinter, Kristine SR	30.48	1:03.43	(32.95)	4) Bomberg, Melanie JR	1:33.47	(30.04)	1:58.71	(25.24)
20	Woodson Cavaliers					1:52.25		1:59.82	
	1) Guerra, Lexi SO				2) Kratzke, Melissa JR				
	3) Campbell, Zoe SO	31.18	1:04.38	(33.20)	4) Kaneshige, Sarah JR	1:33.30	(28.92)	1:59.82	(26.52)
21	South County High School					2:00.38		2:01.79	
	1) Hopler, Nicole SR				2) Morgan, Katy JR				
	3) LeMay, Moira SO	33.22	1:05.36	(32.14)	4) Lei, Sarah SO	1:36.80	(31.44)	2:01.79	(24.99)
22	Battlefield High School					2:03.10		2:03.35	
	1) Schumaker, Adelaide SR				2) McIntosh, Heather JR				
	3) Spahic, Marina FR	32.73	1:06.49	(33.76)	4) Reheuser, Stephanie FR	1:37.19	(30.70)	2:03.35	(26.16)
23	Stonewall Jackson High School					2:03.87		2:05.60	

1) Dugan, Rebekah JR	2) Purnell, Natalie JR
3) Kurst, Morgan SO	4) Mortensen, Arianna FR
35.62 1:06.71 (31.09)	1:37.35 (30.64) 2:05.60 (28.25)
24 Osbourn High School	2:04.32 2:13.68
1) Boston, Allison SO	2) Skaggs, Amy SR
3) Shoeb, Sarah JR	4) Branigan, Taylor
32.80 1:11.89 (39.09)	1:43.96 (32.07) 2:13.68 (29.72)

Event 4 Girls 200 Yard Freestyle

=====
 6 A North: & 1:48.36 2/8/2014 Bella Rongione, Langley
 State Cut: @ 1:57.19
 AAC: # 1:51.24
 AAA: \$ 1:49.43
 National Rec: ! 1:42.81 2008 Dagny Knutson, Minot HS, ND
 1:49.43 AAA AA Automatic
 1:51.24 AAC AA Consideration
 1:57.19 SQ State Qualifier

Name	Year	School	Prelims	Finals	Points
A - Final					
1 Rongione, Bella	FR	Langley	1:48.97	1:48.36&AAA	20
	25.57	53.16 (27.59)	1:20.91 (27.75)	1:48.36 (27.45)	
2 Byrnes, Megan	SO	Oakton	1:51.51	1:49.57#AAC	17
	26.03	53.92 (27.89)	1:21.92 (28.00)	1:49.57 (27.65)	
3 Dryer, Robyn	JR	WS	1:49.59	1:49.68#AAC	16
	26.04	53.87 (27.83)	1:21.73 (27.86)	1:49.68 (27.95)	
4 Meilus, Emily	FR	Herndon	1:50.59	1:51.11#AAC	15
	26.72	54.97 (28.25)	1:23.15 (28.18)	1:51.11 (27.96)	
5 Goldblatt, Allison	FR	Woodson	1:52.84	1:51.39@SQ	14
	26.68	54.94 (28.26)	1:23.44 (28.50)	1:51.39 (27.95)	
6 Owens, Michelle	FR	Langley	1:54.28	1:52.97@SQ	13
	26.68	55.28 (28.60)	1:24.31 (29.03)	1:52.97 (28.66)	
7 Coulson-Moore, Log	SR	Chantilly	1:53.39	1:53.78@SQ	12
	26.38	54.64 (28.26)	1:23.96 (29.32)	1:53.78 (29.82)	
8 Sullivan, Laura	JR	Madison	1:55.20	1:54.35@SQ	11
	26.72	55.60 (28.88)	1:25.00 (29.40)	1:54.35 (29.35)	
B - Final					
9 Landeryou, Emily	FR	South Lakes	1:55.58	1:54.61@SQ	9
	26.41	55.18 (28.77)	1:24.82 (29.64)	1:54.61 (29.79)	
10 McCulla, Christine	JR	McLean	1:56.91	1:55.14@SQ	7
	26.34	55.14 (28.80)	1:25.19 (30.05)	1:55.14 (29.95)	
11 Owens, Amy	JR	Langley	1:55.98	1:55.75@SQ	6
	26.90	56.39 (29.49)	1:26.35 (29.96)	1:55.75 (29.40)	
12 Lawhorn, Kendall	SR	Oakton	1:55.91	1:55.98@SQ	5
	27.67	56.57 (28.90)	1:26.23 (29.66)	1:55.98 (29.75)	
13 Newkirk, Mia	SO	Westfield	1:55.60	1:56.09@SQ	4
	26.63	56.10 (29.47)	1:26.35 (30.25)	1:56.09 (29.74)	

14	Won, Je Moon	SR WS		1:57.20	1:56.93@SQ	3
	27.12	56.38 (29.26)		1:26.20 (29.82)	1:56.93 (30.73)	
15	Finley, Merilynn	SO OP		1:58.77	1:57.17@SQ	2
	27.21	56.58 (29.37)		1:26.90 (30.32)	1:57.17 (30.27)	
16	Stronko, Kylie	FR OP		1:58.58	1:59.25	1
	27.37	57.33 (29.96)		1:28.09 (30.76)	1:59.25 (31.16)	

Event 4 Girls 200 Yard Freestyle

6 A North: & 1:48.36 2/8/2014 Bella Rongione, Langley
 State Cut: @ 1:57.19
 AAC: # 1:51.24
 AAA: \$ 1:49.43
 National Rec: ! 1:42.81 2008 Dagny Knutson, Minot HS, ND
 1:49.43 AAA AA Automatic
 1:51.24 AAC AA Consideration
 1:57.19 SQ State Qualifier

Name	Year	School	Seed	Prelims
Preliminaries				
1	Rongione, Bella	FR Langley	1:48.93	1:48.97\$AAA
	25.62	53.20 (27.58)	1:21.28 (28.08)	1:48.97 (27.69)
2	Dryer, Robyn	JR WS	1:52.49	1:49.59#AAC
	25.65	53.21 (27.56)	1:21.55 (28.34)	1:49.59 (28.04)
3	Meilus, Emily	FR Herndon	1:55.13	1:50.59#AAC
	26.56	54.93 (28.37)	1:23.23 (28.30)	1:50.59 (27.36)
4	Byrnes, Megan	SO Oakton	1:51.31	1:51.51@SQ
	26.21	54.44 (28.23)	1:23.04 (28.60)	1:51.51 (28.47)
5	Goldblatt, Allison	FR Woodson	1:57.25	1:52.84@SQ
	26.90	55.53 (28.63)	1:24.31 (28.78)	1:52.84 (28.53)
6	Coulson-Moore, Logan	SR Chantilly	1:54.24	1:53.39@SQ
	26.30	54.73 (28.43)	1:23.89 (29.16)	1:53.39 (29.50)
7	Owens, Michelle	FR Langley	1:55.33	1:54.28@SQ
	26.79	55.81 (29.02)	1:25.25 (29.44)	1:54.28 (29.03)
8	Sullivan, Laura	JR Madison	1:55.60	1:55.20@SQ
	26.55	55.34 (28.79)	1:25.00 (29.66)	1:55.20 (30.20)
9	Landeryou, Emily	FR South Lakes	1:55.60	1:55.58@SQ
	26.75	55.43 (28.68)	1:25.34 (29.91)	1:55.58 (30.24)
10	Newkirk, Mia	SO Westfield	1:56.54	1:55.60@SQ
	26.41	56.01 (29.60)	1:25.83 (29.82)	1:55.60 (29.77)
11	Lawhorn, Kendall	SR Oakton	1:58.79	1:55.91@SQ
	27.32	56.50 (29.18)	1:26.05 (29.55)	1:55.91 (29.86)
12	Owens, Amy	JR Langley	1:58.66	1:55.98@SQ
	26.99	56.36 (29.37)	1:26.32 (29.96)	1:55.98 (29.66)
13	McCulla, Christine	JR McLean	1:56.55	1:56.91@SQ
	27.03	56.75 (29.72)	1:26.94 (30.19)	1:56.91 (29.97)
14	Won, Je Moon	SR WS	1:59.52	1:57.20
	26.80	55.80 (29.00)	1:26.01 (30.21)	1:57.20 (31.19)

15 Stronko, Kylie	FR OP		1:59.81	1:58.58	
27.56	57.60 (30.04)		1:28.28 (30.68)	1:58.58 (30.30)	
16 Finley, Merilynn	SO OP		2:04.73	1:58.77	
27.36	57.22 (29.86)		1:28.09 (30.87)	1:58.77 (30.68)	

17 Emanuel, Katherine	SO Washington-Lee		1:58.76	1:59.34	
27.18	57.64 (30.46)		1:28.74 (31.10)	1:59.34 (30.60)	
18 Mayo, Rebecca	FR OP		2:03.04	2:00.75	
27.79	58.24 (30.45)		1:29.76 (31.52)	2:00.75 (30.99)	

19 Padrutt, Sarah	SR Annandale		2:00.97	2:02.19	
28.35	59.78 (31.43)		1:31.31 (31.53)	2:02.19 (30.88)	
20 Ashley, Jenna	FR Patriot		2:03.79	2:02.47	
28.08	58.89 (30.81)		1:30.97 (32.08)	2:02.47 (31.50)	
21 Spillman, Emma	SR WS		2:02.39	2:03.63	
28.15	58.59 (30.44)		1:30.62 (32.03)	2:03.63 (33.01)	
22 Pinter, Kristine	SR West Potomac		2:04.96	2:03.83	
28.23	59.77 (31.54)		1:32.31 (32.54)	2:03.83 (31.52)	
23 Christen, Sarah	SO Lake Braddock		2:03.31	2:04.23	
28.27	58.82 (30.55)		1:31.05 (32.23)	2:04.23 (33.18)	
24 Morgan, Rebekah	SR Patriot		2:07.35	2:04.26	
28.81	1:00.70 (31.89)		1:33.45 (32.75)	2:04.26 (30.81)	
25 Ginieczki, Karly	JR Herndon		2:02.01	2:04.33	
27.81	59.36 (31.55)		1:31.97 (32.61)	2:04.33 (32.36)	
26 Kuehhas, Gabriella	FR Centreville		2:01.90	2:04.85	
27.80	58.91 (31.11)		1:31.83 (32.92)	2:04.85 (33.02)	
27 McCarty, Margaret	SO Patriot		2:07.94	2:07.05	
28.72	1:00.95 (32.23)		1:34.18 (33.23)	2:07.05 (32.87)	

Event 6 Girls 200 Yard IM

=====
 6 A North: & 2:01.97 2/8/2014 Lea Gwennap, Chantilly
 State Cut: @ 2:11.09
 AAC: # 2:05.27
 AAA: \$ 2:03.03
 National Rec: ! 1:53.82 2009 Dagny Knutson, Minot HS, ND
 2:03.03 AAA AA Automatic
 2:05.27 AAC AA Consideration
 2:11.09 SQ State Qualifier

Name	Year School	Prelims	Finals	Points
A - Final				
1 Gwennap, Lea	FR Chantilly	2:04.29	2:01.97&AAA	20
26.22	56.22 (30.00)	1:33.07 (36.85)	2:01.97 (28.90)	
2 Rogers, Leah	JR Woodson	2:10.63	2:06.51@SQ	17
25.97	57.27 (31.30)	1:35.93 (38.66)	2:06.51 (30.58)	
3 Purnell, Natalie	JR Raiders	2:07.85	2:06.62@SQ	16
27.01	59.97 (32.96)	1:36.13 (36.16)	2:06.62 (30.49)	
4 Ulrich, Madalyn	SR McLean	2:07.90	2:06.93@SQ	15

5	Anderson, Rachel	SR	Centreville	27.95	1:00.12 (32.17)	1:35.62 (35.50)	2:06.93 (31.31)
						2:08.99	2:07.92@SQ 14
6	Zangla, Carol	JR	Robinson	27.61	59.94 (32.33)	1:36.89 (36.95)	2:07.92 (31.03)
						2:09.12	2:08.99@SQ 13
7	Tansill, Amy	SR	OP	27.93	1:00.83 (32.90)	1:38.98 (38.15)	2:08.99 (30.01)
						2:08.91	2:09.71@SQ 12
8	Fu, Joanne	FR	Langley	28.46	1:01.27 (32.81)	1:38.39 (37.12)	2:09.71 (31.32)
						2:11.52	2:13.54 11
				27.71	1:01.35 (33.64)	1:42.79 (41.44)	2:13.54 (30.75)

B - Final

9	Lundy, Katherine	SO	Yorktown	28.52	1:02.16 (33.64)	2:11.65	2:10.04@SQ 9
						1:39.97 (37.81)	2:10.04 (30.07)
10	Groves, Sabrina	JR	South Lakes	27.25	1:01.09 (33.84)	2:12.87	2:10.15@SQ 7
						1:39.16 (38.07)	2:10.15 (30.99)
11	Roesel, Gretchen	SR	Langley	28.44	1:02.11 (33.67)	2:11.93	2:10.88@SQ 6
						1:39.23 (37.12)	2:10.88 (31.65)
12	Gaskill, Kati	SR	OP	28.51	1:01.48 (32.97)	2:15.34	2:11.90 5
						1:41.85 (40.37)	2:11.90 (30.05)
13	Murphy, Megan	SR	McLean	28.62	1:02.28 (33.66)	2:13.59	2:12.21 4
						1:42.29 (40.01)	2:12.21 (29.92)
14	Swanepoel-Stevens,	JR	WS	29.56	1:05.94 (36.38)	2:15.36	2:14.47 3
						1:42.18 (36.24)	2:14.47 (32.29)
15	Deppe Walker, Magg	FR	Robinson	29.51	1:03.86 (34.35)	2:16.51	2:16.12 2
						1:44.07 (40.21)	2:16.12 (32.05)
16	Owens, Sidney	JR	Madison	29.18	1:03.05 (33.87)	2:15.17	2:16.80 1
						1:44.25 (41.20)	2:16.80 (32.55)

Event 6 Girls 200 Yard IM

=====

6 A North: & 2:01.97 2/8/2014 Lea Gwennap, Chantilly
 State Cut: @ 2:11.09
 AAC: # 2:05.27
 AAA: \$ 2:03.03
 National Rec: ! 1:53.82 2009 Dagny Knutson, Minot HS, ND
 2:03.03 AAA AA Automatic
 2:05.27 AAC AA Consideration
 2:11.09 SQ State Qualifier

Name	Year	School	Seed	Prelims
Preliminaries				
1 Gwennap, Lea		FR Chantilly	2:04.37	2:04.29#AAC
	26.71	57.33 (30.62)	1:35.01 (37.68)	2:04.29 (29.28)
2 Purnell, Natalie		JR Raiders	2:11.80	2:07.85@SQ
	27.99	1:01.66 (33.67)	1:37.71 (36.05)	2:07.85 (30.14)
3 Ulrich, Madalyn		SR McLean	2:10.57	2:07.90@SQ
4 Tansill, Amy		SR OP	2:12.16	2:08.91@SQ
5 Anderson, Rachel		SR Centreville	2:10.15	2:08.99@SQ
	27.49	1:00.23 (32.74)	1:37.78 (37.55)	2:08.99 (31.21)

6	Zangla, Carol	JR	Robinson	2:11.20	2:09.12@SQ	
7	Rogers, Leah	JR	Woodson	2:10.59	2:10.63@SQ	
	26.68	59.28	(32.60)	1:39.23	(39.95)	2:10.63 (31.40)
8	Fu, Joanne	FR	Langley	2:13.07	2:11.52	
	27.14	1:00.56	(33.42)	1:40.67	(40.11)	2:11.52 (30.85)

9	Lundy, Katherine	SO	Yorktown	2:13.59	2:11.65	
10	Roesel, Gretchen	SR	Langley	2:11.75	2:11.93	
	28.66	1:02.27	(33.61)	1:39.84	(37.57)	2:11.93 (32.09)
11	Groves, Sabrina	JR	South Lakes	2:12.32	2:12.87	
	27.42	1:02.33	(34.91)	1:42.00	(39.67)	2:12.87 (30.87)
12	Murphy, Megan	SR	McLean	2:14.22	2:13.59	
	28.87	1:02.79	(33.92)	1:43.15	(40.36)	2:13.59 (30.44)
13	Owens, Sidney	JR	Madison	2:10.99	2:15.17	
	28.43	1:01.33	(32.90)	1:42.79	(41.46)	2:15.17 (32.38)
14	Gaskill, Kati	SR	OP	2:17.73	2:15.34	
	29.25	1:03.41	(34.16)	1:44.59	(41.18)	2:15.34 (30.75)
15	Swanepoel-Stevens, Chris	JR	WS	2:16.62	2:15.36	
	29.41	1:05.20	(35.79)	1:43.08	(37.88)	2:15.36 (32.28)
16	Deppe Walker, Maggie	FR	Robinson	2:17.36	2:16.51	

17	Vogel, Elisabeth	SO	OP	2:18.32	2:16.59	
	30.02	1:05.29	(35.27)	1:45.45	(40.16)	2:16.59 (31.14)
18	Morgan, Kelly	FR	Patriot	2:18.19	2:18.55	
	29.10	1:04.25	(35.15)	1:48.40	(44.15)	2:18.55 (30.15)

19	Doran, Tess	FR	Lake Braddock	2:20.16	2:20.00	
20	McDonald, Lindsay	JR	OP	2:24.17	2:20.03	
	30.08	1:05.21	(35.13)	1:46.90	(41.69)	2:20.03 (33.13)
21	Chang, Rebekah	SO	Woodson	2:19.79	2:20.05	
	30.35	1:06.94	(36.59)	1:47.20	(40.26)	2:20.05 (32.85)
22	Merrill, Anne	JR	Lake Braddock	2:18.22	2:21.64	
23	Liller, Tricia	SR	Annandale	2:21.22	2:23.42	
	29.86	1:06.18	(36.32)	1:48.79	(42.61)	2:23.42 (34.63)

Event 8 Girls 50 Yard Freestyle

=====
 6 A North: & 22.11 2/6/2014 Janet Hu, Oakton
 State Cut: @ 24.69
 AAC: # 23.80
 AAA: \$ 23.42
 National Rec: ! 21.99 2012 Olivia Smoliga, Glenbrook So. IL
 23.42 AAA AA Automatic
 23.80 AAC AA Consideration
 24.69 SQ State Qualifier

Name	Year	School	Prelims	Finals	Points
=====					
A - Final					
1 Hu, Janet		SR Oakton	22.11	22.13\$AAA	20

2 Baker, Hannah	SO Robinson	23.76	23.33\$AAA	17
3 Dolan, Suzanne	SO Yorktown	24.15	23.72#AAC	16
4 Branton, Laura	JR Oakton	24.28	23.78#AAC	15
5 Clabeaux, Jacquee	FR Chantilly	24.09	23.79#AAC	14
6 Mavrova, Gloriya	SR TC Williams	24.11	23.92@SQ	13
7 Ober, Anna	FR Fairfax	24.35	24.04@SQ	12
8 Hicks, Chloe	SO Westfield	24.30	24.34@SQ	11
B - Final				
9 Clark, Megan	SO South County	24.72	24.60@SQ	9
10 Bourdelais, Elise	SO Oakton	24.88	24.61@SQ	7
11 Gieseeman, Evie	FR Washington-Lee	24.65	24.67@SQ	6
12 Clifford, Maxine	JR West Potomac	24.38	24.71	5
13 Ward, Rachel	JR Woodson	24.97	24.81	4
14 Tabor, Natalie	SR OP	25.00	24.86	3
15 Grassi, Micaela	SO Langley	24.99	24.96	2
16 Luncher, Kaitlin	JR Yorktown	25.16	25.22	1

Event 8 Girls 50 Yard Freestyle

=====

6 A North: & 22.11 2/6/2014 Janet Hu, Oakton
 State Cut: @ 24.69
 AAC: # 23.80
 AAA: \$ 23.42
 National Rec: ! 21.99 2012 Olivia Smoliga, Glenbrook So. IL
 23.42 AAA AA Automatic
 23.80 AAC AA Consideration
 24.69 SQ State Qualifier

Name	Year School	Seed	Prelims
=====			
Preliminaries			
1 Hu, Janet	SR Oakton	22.98	22.11&AAA
2 Baker, Hannah	SO Robinson	23.86	23.76#AAC
3 Clabeaux, Jacquee	FR Chantilly	24.62	24.09@SQ
4 Mavrova, Gloriya	SR TC Williams	24.07	24.11@SQ
5 Dolan, Suzanne	SO Yorktown	24.23	24.15@SQ
6 Branton, Laura	JR Oakton	23.85	24.28@SQ
7 Hicks, Chloe	SO Westfield	24.34	24.30@SQ
8 Ober, Anna	FR Fairfax	24.49	24.35@SQ

9 Clifford, Maxine	JR West Potomac	24.87	24.38@SQ
10 Gieseeman, Evie	FR Washington-Lee	24.91	24.65@SQ
11 Clark, Megan	SO South County	25.11	24.72
12 Bourdelais, Elise	SO Oakton	24.66	24.88
13 Ward, Rachel	JR Woodson	25.14	24.97
14 Grassi, Micaela	SO Langley	25.28	24.99
15 Tabor, Natalie	SR OP	25.71	25.00
16 Luncher, Kaitlin	JR Yorktown	25.47	25.16

17 Griffin, Laura	SO Fairfax	25.30	25.17
18 Campbell, Nikia	FR Osbourn	25.06	25.20

19 Sheridan, Sarah	JR Oakton	25.11	25.27
20 Avilov, Sasha	SR South Lakes	25.22	25.45
21 Emanuel, Serena	SR Westfield	25.47	25.46
22 Romine, Paige	FR Patriot	25.41	25.47
23 Morrison, Michaela	SO Yorktown	25.35	25.51
24 Gartman, Grace	FR Robinson	25.36	25.53
25 Sargent, Lauren	SR OP	26.21	25.73
26 Amann, Kathleen	SO WS	25.51	25.89
27 Wiecki, Lindsay	SO OP	26.50	25.90
28 Reheuser, Stephanie	FR Battlefield	27.03	26.89
29 Brant, Madeleine	SO Patriot	27.07	27.18

Event 10 Girls 1 mtr Diving

6 A North: & 386.95 2/4/2014 Caroline McCleary, McLean HS
 State Cut: @ 327.89
 AAC: # 327.89

Name	Year School	Seed	Finals	Points
1 McCleary, Caroline	JR McLean	423.75	386.95&	20
2 Muir, Anise	JR Hayfield	382.60	380.75#	17
3 Pionzio, Maggie	SO South County	NP	347.10#	16
4 Gross, Emily	FR Robinson	300.90	306.10	15
5 Hartmann, Hannah	JR Woodson	301.30	302.70	14
6 Bavalack, Elena	SR Yorktown	304.50	299.15	13
7 Vogus, Allie	SR Annandale	288.15	294.15	12
8 Gallagher, Delaney	SO McLean	324.30	291.10	11
9 Koo, Kelsey	SR Robinson	287.85	287.95	9
10 Parker, Mary	FR Woodson	311.00	285.60	7
11 Gross, Sarah	SR Robinson	296.65	282.30	6
12 Ross, Vivian	SR Lake Braddock	269.25	271.40	5
13 LeRoy, Kaylin	SO Robinson	282.55	261.30	4
14 Fletcher, Madison	FR Langley	286.95	249.65	3
15 Joyce, Kara	SR Herndon	281.85	248.00	2
16 Kelley, Shannon	SO Herndon	251.05	230.50	1
17 Turner, Meredith	SO Fairfax	268.60	169.30	
18 Schnetzler, Olivia	SR OP	105.50	166.45	
19 Neumann, Kaleigh	SR Lake Braddock	264.65	163.00	

Event 12 Girls 100 Yard Butterfly

6 A North: & 54.71 2/8/2014 Laura Branton, Oakton
 State Cut: @ 58.99
 AAC: # 56.30
 AAA: \$ 55.26
 National Rec: ! 51.92 2011 Jasmine Tosky, Palo Alto, CA.

55.26 AAA AA Automatic
 56.30 AAC AA Consideration
 58.99 SQ State Qualifier

Name	Year	School	Prelims	Finals	Points
A - Final					
1 Branton, Laura	JR	Oakton	55.98	54.71&AAA	20
	25.44	54.71 (29.27)			
2 Rogers, Leah	JR	Woodson	56.71	55.01\$AAA	17
	25.70	55.01 (29.31)			
3 Capobianco, Julia	JR	Oakton	56.44	56.54@SQ	16
	26.06	56.54 (30.48)			
4 Goldblatt, Allison	FR	Woodson	57.13	56.78@SQ	15
	27.16	56.78 (29.62)			
5 Grassi, Micaela	SO	Langley	57.72	56.92@SQ	14
	26.96	56.92 (29.96)			
6 Landeryou, Emily	FR	South Lakes	57.28	57.24@SQ	13
	26.89	57.24 (30.35)			
7 Anderson, Rachel	SR	Centreville	57.49	57.68@SQ	12
	27.40	57.68 (30.28)			
8 Fu, Joanne	FR	Langley	57.46	57.71@SQ	11
	27.32	57.71 (30.39)			
B - Final					
9 Groves, Sabrina	JR	South Lakes	58.46	57.78@SQ	9
	27.05	57.78 (30.73)			
10 Wolff, Veronica	SO	McLean	59.14	58.33@SQ	7
	27.44	58.33 (30.89)			
11 Nassetta, Kirby	JR	Yorktown	59.66	58.59@SQ	6
	27.15	58.59 (31.44)			
12 Kolb, Karina	JR	Lake Braddock	59.44	58.60@SQ	5
	27.29	58.60 (31.31)			
13 Pardo, Katherine	SR	McLean	59.41	58.75@SQ	4
	27.64	58.75 (31.11)			
14 Zangla, Carol	JR	Robinson	58.75	58.80@SQ	3
	27.75	58.80 (31.05)			
15 Murphy, Ryan	SR	Herndon	59.75	59.77	2
	27.65	59.77 (32.12)			
16 Hensley, Lauren	JR	Chantilly	1:00.44	1:00.05	1
	28.06	1:00.05 (31.99)			

Event 12 Girls 100 Yard Butterfly

6 A North: & 54.71 2/8/2014 Laura Branton, Oakton
 State Cut: @ 58.99
 AAC: # 56.30
 AAA: \$ 55.26
 National Rec: ! 51.92 2011 Jasmine Tosky, Palo Alto, CA.
 55.26 AAA AA Automatic

56.30 AAC AA Consideration
58.99 SQ State Qualifier

Name	Year	School	Seed	Prelims
Preliminaries				
1 Branton, Laura		JR Oakton	56.98	55.98#AAC
	26.25	55.98 (29.73)		
2 Capobianco, Julia		JR Oakton	58.92	56.44@SQ
	26.16	56.44 (30.28)		
3 Rogers, Leah		JR Woodson	56.27	56.71@SQ
	26.54	56.71 (30.17)		
4 Goldblatt, Allison		FR Woodson	58.58	57.13@SQ
	27.30	57.13 (29.83)		
5 Landeryou, Emily		FR South Lakes	57.22	57.28@SQ
	26.99	57.28 (30.29)		
6 Fu, Joanne		FR Langley	58.09	57.46@SQ
	26.78	57.46 (30.68)		
7 Anderson, Rachel		SR Centreville	58.54	57.49@SQ
	27.23	57.49 (30.26)		
8 Grassi, Micaela		SO Langley	57.72	57.72@SQ
	27.08	57.72 (30.64)		

9 Groves, Sabrina		JR South Lakes	59.13	58.46@SQ
	27.30	58.46 (31.16)		
10 Zangla, Carol		JR Robinson	1:00.23	58.75@SQ
	27.71	58.75 (31.04)		
11 Wolff, Veronica		SO McLean	59.28	59.14
	27.83	59.14 (31.31)		
12 Pardo, Katherine		SR McLean	59.42	59.41
	28.02	59.41 (31.39)		
13 Kolb, Karina		JR Lake Braddock	1:00.06	59.44
	27.58	59.44 (31.86)		
14 Nassetta, Kirby		JR Yorktown	59.27	59.66
	27.57	59.66 (32.09)		
15 Murphy, Ryan		SR Herndon	59.52	59.75
	27.46	59.75 (32.29)		
16 Hensley, Lauren		JR Chantilly	1:00.58	1:00.44
	28.64	1:00.44 (31.80)		

17 Wiecki, Lindsay		SO OP	1:03.23	1:00.51
	28.52	1:00.51 (31.99)		
18 Tansill, Mary Claire		SO Patriot	1:00.22	1:00.58
	28.33	1:00.58 (32.25)		

19 Jeter, Sierra		SR Langley	1:00.59	1:00.80
	27.73	1:00.80 (33.07)		
20 Mugnolo, Morgan		SO Patriot	1:02.27	1:01.35
	27.63	1:01.35 (33.72)		
21 McDonald, Lindsay		JR OP	1:03.34	1:02.14

22 Campbell, Zoe	29.31	1:02.14 (32.83)		
		SO Woodson	1:03.04	1:02.93
23 Keck, Molly	29.42	1:02.93 (33.51)		
		JR Annandale	1:04.49	1:03.92
24 Rector, Caroline	29.60	1:03.92 (34.32)		
		JR Patriot	1:03.92	1:04.37
25 Hale, Hannah	29.46	1:04.37 (34.91)		
		FR Lake Braddock	1:03.66	1:04.59
26 Guerra, Lexi	30.25	1:04.59 (34.34)		
		SO Woodson	1:03.99	1:04.63
27 Pinter, Kristine	29.99	1:04.63 (34.64)		
		SR West Potomac	1:04.48	1:05.93
	30.33	1:05.93 (35.60)		

Event 14 Girls 100 Yard Freestyle

=====
 6 A North: & 50.37 2/8/2014 Hannah Baker, Robinson
 State Cut: @ 54.19
 AAC: # 51.57
 AAA: \$ 50.81
 National Rec: ! 48.15 2009 Dagny Knutson, Minot HS, ND
 50.81 AAA AA Automatic
 51.57 AAC AA Consideration
 54.19 SQ State Qualifier

Name	Year	School	Prelims	Finals	Points
A - Final					
1 Baker, Hannah		SO Robinson	51.59	50.37&AAA	20
	24.23	50.37 (26.14)			
2 Dolan, Suzanne		SO Yorktown	52.77	51.30#AAC	17
	24.58	51.30 (26.72)			
3 Hicks, Chloe		SO Westfield	52.45	52.29@SQ	16
	24.80	52.29 (27.49)			
4 Muir, Fiona		JR Langley	52.72	52.49@SQ	15
	24.89	52.49 (27.60)			
5 Mavrova, Gloriya		SR TC Williams	53.59	52.60@SQ	14
	25.43	52.60 (27.17)			
6 Gieseeman, Evie		FR Washington-Lee	53.66	53.52@SQ	13
	25.67	53.52 (27.85)			
7 Ober, Anna		FR Fairfax	53.47	53.69@SQ	12
	25.53	53.69 (28.16)			
8 Puskar-Beckett, Al		FR West Potomac	53.59	53.86@SQ	11
	26.14	53.86 (27.72)			
B - Final					
9 Clifford, Maxine		JR West Potomac	53.97	53.46@SQ	9
	25.44	53.46 (28.02)			
10 Baird, Samantha		JR Patriot	53.95	53.87@SQ	7
	25.55	53.87 (28.32)			

11	Ward, Rachel	JR Woodson	54.66	54.04@SQ	6
	25.72	54.04 (28.32)			
12	Bourdelais, Elise	SO Oakton	55.19	54.21	5
	26.29	54.21 (27.92)			
13	Tabor, Natalie	SR OP	54.62	54.58	4
	25.88	54.58 (28.70)			
14	Daum, Madeleine	JR South Lakes	55.22	54.60	3
	25.92	54.60 (28.68)			
15	Won, Je Moon	SR WS	54.34	54.76	2
	26.61	54.76 (28.15)			
16	Stassinis, Malina	FR South Lakes	55.21	55.07	1
	26.28	55.07 (28.79)			

Event 14 Girls 100 Yard Freestyle

6 A North: & 50.37 2/8/2014 Hannah Baker, Robinson
 State Cut: @ 54.19
 AAC: # 51.57
 AAA: \$ 50.81
 National Rec: ! 48.15 2009 Dagny Knutson, Minot HS, ND
 50.81 AAA AA Automatic
 51.57 AAC AA Consideration
 54.19 SQ State Qualifier

Name	Year	School	Seed	Prelims
Preliminaries				
1	Baker, Hannah	SO Robinson	51.05	51.59@SQ
	24.63	51.59 (26.96)		
2	Hicks, Chloe	SO Westfield	52.31	52.45@SQ
	24.89	52.45 (27.56)		
3	Muir, Fiona	JR Langley	53.41	52.72@SQ
	25.01	52.72 (27.71)		
4	Dolan, Suzanne	SO Yorktown	52.48	52.77@SQ
	25.52	52.77 (27.25)		
5	Ober, Anna	FR Fairfax	52.71	53.47@SQ
	25.24	53.47 (28.23)		
6	Mavrova, Gloriya	SR TC Williams	53.24	53.59@SQ
	26.15	53.59 (27.44)		
6	Puskar-Beckett, Alexandr	FR West Potomac	52.54	53.59@SQ
	26.11	53.59 (27.48)		
8	Gieseeman, Evie	FR Washington-Lee	54.01	53.66@SQ
	25.84	53.66 (27.82)		
9	Baird, Samantha	JR Patriot	54.68	53.95@SQ
	25.65	53.95 (28.30)		
10	Clifford, Maxine	JR West Potomac	54.85	53.97@SQ
	25.88	53.97 (28.09)		
11	Won, Je Moon	SR WS	55.03	54.34
	26.43	54.34 (27.91)		

12 Tabor, Natalie	SR OP	56.25	54.62
26.09	54.62 (28.53)		
13 Ward, Rachel	JR Woodson	54.66	54.66
25.98	54.66 (28.68)		
14 Bourdelais, Elise	SO Oakton	54.02	55.19
26.57	55.19 (28.62)		
15 Stassinis, Malina	FR South Lakes	55.26	55.21
26.35	55.21 (28.86)		
16 Daum, Madeleine	JR South Lakes	54.84	55.22
25.95	55.22 (29.27)		

17 Cuomo, Kylie	SR Centreville	55.56	55.33
26.71	55.33 (28.62)		
18 Griffin, Laura	SO Fairfax	55.61	55.36
26.56	55.36 (28.80)		

19 Murphy, Megan	SR McLean	55.35	55.37
26.87	55.37 (28.50)		
20 Campbell, Nikia	FR Osbourn	55.67	55.38
27.29	55.38 (28.09)		
21 McCulla, Christine	JR McLean	54.79	55.42
26.76	55.42 (28.66)		
22 Clark, Megan	SO South County	55.33	55.43
26.51	55.43 (28.92)		
23 Pace, Didi	FR Westfield	55.52	55.54
26.13	55.54 (29.41)		
24 Owens, Sidney	JR Madison	54.99	55.63
26.39	55.63 (29.24)		
25 Booher, Alicia	FR South County	55.65	56.04
26.86	56.04 (29.18)		
26 Morgan, Kelly	FR Patriot	56.89	56.30
27.24	56.30 (29.06)		
27 Romine, Paige	FR Patriot	56.81	56.77
26.96	56.77 (29.81)		
28 Sargent, Lauren	SR OP	58.31	57.20
27.38	57.20 (29.82)		
29 Dihn, Yvonne	SR OP	58.94	59.05
28.08	59.05 (30.97)		

Event 16 Girls 500 Yard Freestyle

=====
 6 A North: & 4:44.92 2/8/2014 Megan Byrnes, Oakton
 State Cut: @ 5:12.29
 AAC: # 4:57.63
 AAA: \$ 4:52.31
 National Rec: ! 4:28.71 2014 Katie Ledecky, Stone Ridge, MD
 4:52.31 AAA AA Automatic
 4:57.63 AAC AA Consideration
 5:12.29 SQ State Qualifier

Name	Year	School	Prelims	Finals	Points
A - Final					
1 Byrnes, Megan	SO	Oakton	4:51.96	4:44.92&AAA	20
	25.98	53.91 (27.93)	1:22.38 (28.47)	1:51.06 (28.68)	
	2:19.75 (28.69)	2:48.62 (28.87)	3:17.40 (28.78)	3:46.60 (29.20)	
	4:16.00 (29.40)	4:44.92 (28.92)			
2 Rongione, Bella	FR	Langley	4:48.98	4:48.40\$AAA	17
	26.04	53.98 (27.94)	1:22.51 (28.53)	1:51.43 (28.92)	
	2:20.36 (28.93)	2:49.73 (29.37)	3:19.24 (29.51)	3:48.77 (29.53)	
	4:19.00 (30.23)	4:48.40 (29.40)			
3 Dryer, Robyn	JR	WS	4:56.64	4:54.05#AAC	16
	26.60	55.30 (28.70)	1:24.86 (29.56)	1:54.44 (29.58)	
	2:24.25 (29.81)	2:54.26 (30.01)	3:24.22 (29.96)	3:54.58 (30.36)	
	4:24.81 (30.23)	4:54.05 (29.24)			
4 Gwennap, Lea	FR	Chantilly	5:01.17	5:01.27@SQ	15
	27.35	57.02 (29.67)	1:27.07 (30.05)	1:57.42 (30.35)	
	2:27.84 (30.42)	2:58.38 (30.54)	3:28.91 (30.53)	3:59.93 (31.02)	
	4:30.87 (30.94)	5:01.27 (30.40)			
5 Owens, Michelle	FR	Langley	5:02.52	5:02.91@SQ	14
	27.55	57.33 (29.78)	1:27.83 (30.50)	1:58.48 (30.65)	
	2:29.26 (30.78)	3:00.19 (30.93)	3:30.98 (30.79)	4:01.75 (30.77)	
	4:32.57 (30.82)	5:02.91 (30.34)			
6 Wolff, Veronica	SO	McLean	5:13.35	5:06.24@SQ	13
	27.62	57.57 (29.95)	1:27.89 (30.32)	1:58.44 (30.55)	
	2:29.43 (30.99)	3:00.88 (31.45)	3:32.11 (31.23)	4:03.79 (31.68)	
	4:35.32 (31.53)	5:06.24 (30.92)			
7 Romano, Elizabeth	SO	Yorktown	5:10.99	5:10.25@SQ	12
	27.70	58.19 (30.49)	1:29.32 (31.13)	2:00.71 (31.39)	
	2:31.97 (31.26)	3:03.74 (31.77)	3:35.20 (31.46)	4:07.05 (31.85)	
	4:38.94 (31.89)	5:10.25 (31.31)			
8 Owens, Amy	JR	Langley	5:09.67	5:17.87	11
	27.51	57.98 (30.47)	1:29.09 (31.11)	2:00.81 (31.72)	
	2:32.82 (32.01)	3:05.62 (32.80)	3:38.93 (33.31)	4:12.21 (33.28)	
	4:45.46 (33.25)	5:17.87 (32.41)			
B - Final					
9 Emanuel, Katherine	SO	Washington-Lee	5:18.53	5:13.72	9
	27.36	58.14 (30.78)	1:29.45 (31.31)	2:01.46 (32.01)	
	2:33.51 (32.05)	3:05.68 (32.17)	3:37.88 (32.20)	4:10.14 (32.26)	
	4:42.50 (32.36)	5:13.72 (31.22)			
10 Wells, Allison	JR	WS	5:17.83	5:14.61	7
	27.34	57.20 (29.86)	1:28.28 (31.08)	1:59.93 (31.65)	
	2:32.02 (32.09)	3:04.92 (32.90)	3:37.55 (32.63)	4:10.71 (33.16)	
	4:43.53 (32.82)	5:14.61 (31.08)			
11 Mayo, Rebecca	FR	OP	5:19.64	5:18.49	6
	28.98	1:00.19 (31.21)	1:32.12 (31.93)	2:04.46 (32.34)	
	2:36.98 (32.52)	3:09.44 (32.46)	3:41.98 (32.54)	4:14.32 (32.34)	
	4:46.84 (32.52)	5:18.49 (31.65)			
12 Lawhorn, Kendall	SR	Oakton	5:15.95	5:18.56	5

	29.13	1:00.27 (31.14)	1:32.13 (31.86)	2:04.35 (32.22)
	2:36.73 (32.38)	3:09.16 (32.43)	3:41.68 (32.52)	4:14.20 (32.52)
	4:46.61 (32.41)	5:18.56 (31.95)		
13 Haviland, Victoria	SR McLean		5:20.81 5:19.44	4
	29.28	1:00.35 (31.07)	1:32.28 (31.93)	2:04.54 (32.26)
	2:36.75 (32.21)	3:09.35 (32.60)	3:42.00 (32.65)	4:14.47 (32.47)
	4:47.41 (32.94)	5:19.44 (32.03)		
14 Stronko, Kylie	FR OP		5:17.75 5:20.40	3
	28.18	59.22 (31.04)	1:31.49 (32.27)	2:04.20 (32.71)
	2:37.10 (32.90)	3:09.59 (32.49)	3:42.53 (32.94)	4:15.41 (32.88)
	4:48.27 (32.86)	5:20.40 (32.13)		
15 Morgan, Rebekah	SR Patriot		5:24.59 5:21.83	2
	28.98	1:00.48 (31.50)	1:32.70 (32.22)	2:05.41 (32.71)
	2:38.07 (32.66)	3:10.90 (32.83)	3:44.01 (33.11)	4:17.32 (33.31)
	4:50.37 (33.05)	5:21.83 (31.46)		
16 Thorpe, Sydney	SR Patriot		5:25.76 5:24.74	1
	28.52	1:00.32 (31.80)	1:33.13 (32.81)	2:06.11 (32.98)
	2:38.99 (32.88)	3:12.09 (33.10)	3:45.42 (33.33)	4:18.88 (33.46)
	4:52.47 (33.59)	5:24.74 (32.27)		

Event 16 Girls 500 Yard Freestyle

=====
 6 A North: & 4:44.92 2/8/2014 Megan Byrnes, Oakton
 State Cut: @ 5:12.29
 AAC: # 4:57.63
 AAA: \$ 4:52.31
 National Rec: ! 4:28.71 2014 Katie Ledecky, Stone Ridge, MD
 4:52.31 AAA AA Automatic
 4:57.63 AAC AA Consideration
 5:12.29 SQ State Qualifier

Name	Year	School	Seed	Prelims
------	------	--------	------	---------

=====

Preliminaries

1 Rongione, Bella	FR Langley	4:44.06	4:48.98\$AAA
	26.53	55.60 (29.07)	1:24.95 (29.35) 1:54.26 (29.31)
	2:23.53 (29.27)	2:52.65 (29.12)	3:22.37 (29.72) 3:51.63 (29.26)
	4:20.64 (29.01)	4:48.98 (28.34)	
2 Byrnes, Megan	SO Oakton	5:03.64	4:51.96\$AAA
	26.71	55.62 (28.91)	1:24.90 (29.28) 1:54.46 (29.56)
	2:24.10 (29.64)	2:53.94 (29.84)	3:23.66 (29.72) 3:53.40 (29.74)
	4:23.04 (29.64)	4:51.96 (28.92)	
3 Dryer, Robyn	JR WS	4:54.47	4:56.64#AAC
	26.53	55.57 (29.04)	1:25.61 (30.04) 1:55.97 (30.36)
	2:26.41 (30.44)	2:56.62 (30.21)	3:26.97 (30.35) 3:57.21 (30.24)
	4:27.52 (30.31)	4:56.64 (29.12)	
4 Gwennap, Lea	FR Chantilly	5:12.78	5:01.17@SQ
	27.09	56.73 (29.64)	1:26.84 (30.11) 1:57.42 (30.58)
	2:28.06 (30.64)	2:58.47 (30.41)	3:28.93 (30.46) 3:59.70 (30.77)
	4:30.80 (31.10)	5:01.17 (30.37)	

5	Owens, Michelle	FR Langley	5:05.72	5:02.52@SQ
	28.10	58.10 (30.00)	1:28.58 (30.48)	1:59.09 (30.51)
	2:29.65 (30.56)	3:00.34 (30.69)	3:30.90 (30.56)	4:01.84 (30.94)
	4:32.65 (30.81)	5:02.52 (29.87)		
6	Owens, Amy	JR Langley	5:15.41	5:09.67@SQ
	27.80	58.19 (30.39)	1:29.16 (30.97)	2:00.50 (31.34)
	2:32.06 (31.56)	3:03.87 (31.81)	3:35.60 (31.73)	4:07.46 (31.86)
	4:39.13 (31.67)	5:09.67 (30.54)		
7	Romano, Elizabeth	SO Yorktown	5:21.06	5:10.99@SQ
	28.48	59.62 (31.14)	1:31.42 (31.80)	2:03.24 (31.82)
	2:35.07 (31.83)	3:06.84 (31.77)	3:38.39 (31.55)	4:09.68 (31.29)
	4:40.69 (31.01)	5:10.99 (30.30)		
8	Wolff, Veronica	SO McLean	5:10.47	5:13.35
	27.92	58.64 (30.72)	1:30.06 (31.42)	2:01.73 (31.67)
	2:33.30 (31.57)	3:05.19 (31.89)	3:37.19 (32.00)	4:09.60 (32.41)
	4:41.85 (32.25)	5:13.35 (31.50)		
<hr/>				
9	Lawhorn, Kendall	SR Oakton	5:21.16	5:15.95
	29.34	1:00.45 (31.11)	1:32.16 (31.71)	2:04.06 (31.90)
	2:36.06 (32.00)	3:07.93 (31.87)	3:40.04 (32.11)	4:12.25 (32.21)
	4:44.39 (32.14)	5:15.95 (31.56)		
10	Stronko, Kylie	FR OP	5:19.87	5:17.75
	28.60	59.42 (30.82)	1:31.34 (31.92)	2:03.28 (31.94)
	2:35.72 (32.44)	3:07.95 (32.23)	3:40.20 (32.25)	4:13.18 (32.98)
	4:45.83 (32.65)	5:17.75 (31.92)		
11	Wells, Allison	JR WS	5:17.69	5:17.83
	28.40	59.56 (31.16)	1:31.61 (32.05)	2:03.99 (32.38)
	2:36.62 (32.63)	3:09.52 (32.90)	3:42.42 (32.90)	4:14.85 (32.43)
	4:46.80 (31.95)	5:17.83 (31.03)		
12	Emanuel, Katherine	SO Washington-Lee	5:21.06	5:18.53
	28.16	59.38 (31.22)	1:31.03 (31.65)	2:02.67 (31.64)
	2:34.81 (32.14)	3:07.53 (32.72)	3:40.46 (32.93)	4:13.66 (33.20)
	4:46.82 (33.16)	5:18.53 (31.71)		
13	Mayo, Rebecca	FR OP	5:27.28	5:19.64
	29.19	1:00.41 (31.22)	1:32.51 (32.10)	2:05.00 (32.49)
	2:37.59 (32.59)	3:09.99 (32.40)	3:42.54 (32.55)	4:15.32 (32.78)
	4:47.93 (32.61)	5:19.64 (31.71)		
14	Haviland, Victoria	SR McLean	5:23.64	5:20.81
	29.47	1:01.16 (31.69)	1:33.38 (32.22)	2:05.73 (32.35)
	2:38.01 (32.28)	3:10.49 (32.48)	3:43.36 (32.87)	4:16.11 (32.75)
	4:49.00 (32.89)	5:20.81 (31.81)		
15	Morgan, Rebekah	SR Patriot	5:31.59	5:24.59
	29.11	1:00.90 (31.79)	1:33.30 (32.40)	2:06.06 (32.76)
	2:39.01 (32.95)	3:12.39 (33.38)	3:45.92 (33.53)	4:19.25 (33.33)
	4:52.69 (33.44)	5:24.59 (31.90)		
16	Thorpe, Sydney	SR Patriot	5:32.89	5:25.76
	28.10	59.87 (31.77)	1:32.39 (32.52)	2:06.32 (33.93)
	2:39.49 (33.17)	3:12.73 (33.24)	3:45.95 (33.22)	4:19.78 (33.83)
	4:53.18 (33.40)	5:25.76 (32.58)		

17	Padrutt, Sarah	SR Annandale	5:25.93	5:26.19
	28.77	1:00.59 (31.82)	1:33.86 (33.27)	2:07.36 (33.50)
	2:40.84 (33.48)	3:13.74 (32.90)	3:47.14 (33.40)	4:20.99 (33.85)
	4:54.23 (33.24)	5:26.19 (31.96)		
18	Arscott, Mary	SR Oakton	5:33.15	5:30.81
	29.32	1:02.01 (32.69)	1:35.34 (33.33)	2:08.82 (33.48)
	2:42.45 (33.63)	3:15.72 (33.27)	3:49.37 (33.65)	4:23.33 (33.96)
	4:57.32 (33.99)	5:30.81 (33.49)		
19	Spillman, Emma	SR WS	5:26.86	5:30.91
	29.87	1:02.07 (32.20)	1:35.16 (33.09)	2:08.73 (33.57)
	2:42.49 (33.76)	3:16.06 (33.57)	3:49.40 (33.34)	4:23.35 (33.95)
	4:57.51 (34.16)	5:30.91 (33.40)		
20	Chang, Rebekah	SO Woodson	5:30.49	5:33.42
	30.24	1:02.86 (32.62)	1:36.35 (33.49)	2:09.72 (33.37)
	2:43.51 (33.79)	3:17.25 (33.74)	3:51.56 (34.31)	4:25.93 (34.37)
	5:00.08 (34.15)	5:33.42 (33.34)		
21	Bedell, Ally	SO Robinson	5:30.54	5:33.59
	29.66	1:02.26 (32.60)	1:34.75 (32.49)	2:08.10 (33.35)
	2:41.69 (33.59)	3:15.46 (33.77)	3:49.57 (34.11)	4:25.45 (35.88)
	4:59.70 (34.25)	5:33.59 (33.89)		
22	Hale, Hannah	FR Lake Braddock	5:32.63	5:35.31
	30.98	1:04.33 (33.35)	1:38.09 (33.76)	2:12.32 (34.23)
	2:46.06 (33.74)	3:20.11 (34.05)	3:54.23 (34.12)	4:28.11 (33.88)
	5:01.89 (33.78)	5:35.31 (33.42)		
23	Kuehhas, Gabriella	FR Centreville	5:30.38	5:37.11
	29.26	1:02.47 (33.21)	1:36.55 (34.08)	2:10.97 (34.42)
	2:45.70 (34.73)	3:20.73 (35.03)	3:55.98 (35.25)	4:30.62 (34.64)
	5:05.55 (34.93)	5:37.11 (31.56)		
24	McCarty, Margaret	SO Patriot	5:48.34	5:43.96
	30.39	1:03.55 (33.16)	1:37.59 (34.04)	2:12.56 (34.97)
	2:47.57 (35.01)	3:22.78 (35.21)	3:58.18 (35.40)	4:33.77 (35.59)
	5:09.51 (35.74)	5:43.96 (34.45)		

Event 18 Girls 200 Yard Freestyle Relay

6 A North: &	1:36.23	2/8/2014 Oakton High School, Oakton		
		E Bourdelais, J Capobianco, M Byrnes, L Branton		
State Cut: @	1:41.89			
AAC: #	1:38.03			
AAA: \$	1:36.48			
National Rec: !	1:31.18	2012 Chattanooga Baylor School, TN		
	1:36.48	AAA AA Automatic		
	1:38.03	AAC AA Consideration		
	1:41.89	SQ State Qualifier		
School		Prelims	Finals	Points

A - Final

1	Oakton High School			1:38.93	1:36.23&AAA	40
	1) Bourdelais, Elise SO		2) Capobianco, Julia JR			
	3) Byrnes, Megan SO		4) Branton, Laura JR			
	24.68	49.23 (24.55)		1:12.99 (23.76)	1:36.23 (23.24)	
2	Robinson Secondary School			1:39.10	1:38.17@SQ	34
	1) Zangla, Carol JR		2) Luong, Vivian SO			
	3) Gartman, Grace FR		4) Baker, Hannah SO			
	25.21	50.41 (25.20)		1:15.28 (24.87)	1:38.17 (22.89)	
3	Yorktown High School			1:40.21	1:39.23@SQ	32
	1) Morrison, Michaela SO		2) Allard, Lauren JR			
	3) Luncher, Kaitlin JR		4) Dolan, Suzanne SO			
	25.26	50.41 (25.15)		1:15.48 (25.07)	1:39.23 (23.75)	
4	Washington-Lee High School			1:40.30	1:39.90@SQ	30
	1) Green, Jessica SR		2) Vu, Belinda SR			
	3) Emanuel, Katherine SO		4) Gieseman, Evie FR			
	25.02	49.99 (24.97)		1:15.35 (25.36)	1:39.90 (24.55)	
5	Langley High School			1:40.20	1:40.05@SQ	28
	1) Fu, Joanne FR		2) Grassi, Micaela SO			
	3) Jeter, Sierra SR		4) Rongione, Bella FR			
	25.86	50.81 (24.95)		1:15.98 (25.17)	1:40.05 (24.07)	
6	McLean High School			1:40.62	1:40.22@SQ	26
	1) Schleppenbach, Gabrielle SR		2) Ulrich, Madalyn SR			
	3) de Cazotte, Xenia SO		4) McCulla, Christine JR			
	25.28	50.78 (25.50)		1:15.79 (25.01)	1:40.22 (24.43)	
7	South Lakes High School			1:40.37	1:40.57@SQ	24
	1) Landeryou, Emily FR		2) Daum, Madeleine JR			
	3) Macaluso, Kaylyn JR		4) Stassinis, Malina FR			
	25.40	50.38 (24.98)		1:15.47 (25.09)	1:40.57 (25.10)	
8	West Potomac High School			1:40.72	1:40.71@SQ	22
	1) Puskar-Beckett, Alexandria FR		2) Murphy, Carolyn SR			
	3) Bomberg, Melanie JR		4) Clifford, Maxine JR			
	25.16	51.58 (26.42)		1:16.70 (25.12)	1:40.71 (24.01)	
B - Final						
9	Westfield High School			1:40.92	1:39.54@SQ	18
	1) Newkirk, Mia SO		2) Pace, Didi FR			
	3) Emanuel, Serena SR		4) Hicks, Chloe SO			
	24.83	49.97 (25.14)		1:15.15 (25.18)	1:39.54 (24.39)	
10	Woodson Cavaliers			1:41.11	1:40.58@SQ	14
	1) Ward, Rachel JR		2) Goldblatt, Allison FR			
	3) Kaneshige, Sarah JR		4) Rogers, Leah JR			
	25.05	50.19 (25.14)		1:16.19 (26.00)	1:40.58 (24.39)	
11	Osborn Park High School			1:41.11	1:41.03@SQ	12
	1) Tabor, Natalie SR		2) Finley, Merylynn SO			
	3) Sargent, Lauren SR		4) Stronko, Kylie FR			
	24.80	49.97 (25.17)		1:15.05 (25.08)	1:41.03 (25.98)	
12	Centreville High School			1:42.05	1:41.21@SQ	10
	1) Anderson, Rachel SR		2) Kuehas, Gabriella FR			
	3) Cuomo, Kylie SR		4) Worley, Brooke SR			
	25.27	50.74 (25.47)		1:16.18 (25.44)	1:41.21 (25.03)	

3) Vu, Belinda SR	25.79	50.68 (24.89)	4) Gieseeman, Evie FR	1:15.74 (25.06)	1:40.30 (24.56)
6 South Lakes High School				1:41.94	1:40.37@SQ
1) Landeryou, Emily FR			2) Daum, Madeleine JR		
3) Macaluso, Kaylyn JR	25.28	50.37 (25.09)	4) Stassinis, Malina FR	1:15.42 (25.05)	1:40.37 (24.95)
7 McLean High School				1:41.07	1:40.62@SQ
1) Schleppenbach, Gabrielle SR			2) Ulrich, Madalyn SR		
3) de Cazotte, Xenia SO	25.49	51.04 (25.55)	4) McCulla, Christine JR	1:16.05 (25.01)	1:40.62 (24.57)
8 West Potomac High School				1:41.93	1:40.72@SQ
1) Puskar-Beckett, Alexandria FR			2) Murphy, Carolyn SR		
3) Bomberg, Melanie JR	25.35	51.35 (26.00)	4) Clifford, Maxine JR	1:16.61 (25.26)	1:40.72 (24.11)

9 Herndon Hornets				1:48.12	1:40.75@SQ
1) Meilus, Emily FR			2) Krynicki, Jenna SR		
3) Ginieczki, Karly JR	24.47	50.31 (25.84)	4) Murphy, Ryan SR	1:15.84 (25.53)	1:40.75 (24.91)
10 Westfield High School				1:40.18	1:40.92@SQ
1) Newkirk, Mia SO			2) Emanuel, Serena SR		
3) Pace, Didi FR	24.81	50.83 (26.02)	4) Hicks, Chloe SO	1:16.21 (25.38)	1:40.92 (24.71)
11 Woodson Cavaliers				1:41.66	1:41.11@SQ
1) Ward, Rachel JR			2) Goldblatt, Allison FR		
3) Kaneshige, Sarah JR	24.82	50.17 (25.35)	4) Rogers, Leah JR	1:16.32 (26.15)	1:41.11 (24.79)
11 Osbourn Park High School				1:44.71	1:41.11@SQ
1) Tabor, Natalie SR			2) Finley, Merilynn SO		
3) Sargent, Lauren SR	25.05	50.29 (25.24)	4) Stronko, Kylie FR	1:15.29 (25.00)	1:41.11 (25.82)
13 Lake Braddock Secondary School				1:43.51	1:41.53@SQ
1) Merrill, Anne JR			2) Christen, Sarah SO		
3) Michaels, Neave FR	25.86	51.63 (25.77)	4) Kolb, Karina JR	1:17.30 (25.67)	1:41.53 (24.23)
14 Centreville High School				1:41.75	1:42.05
1) Anderson, Rachel SR			2) Kuehhas, Gabriella FR		
3) Worley, Brooke SR	25.51	51.52 (26.01)	4) Cuomo, Kylie SR	1:16.57 (25.05)	1:42.05 (25.48)
15 West Springfield				1:43.30	1:42.34
1) Amann, Kathleen SO			2) Boyer, Casey SR		
3) Edwards, Shannon SR	25.65	51.34 (25.69)	4) Won, Je Moon SR	1:17.03 (25.69)	1:42.34 (25.31)
16 South County High School				1:43.31	1:42.70
1) Clark, Megan SO			2) Lei, Sarah SO		
3) Hayes, Emily SR	24.90	50.82 (25.92)	4) Booher, Alicia FR	1:17.16 (26.34)	1:42.70 (25.54)

17 Chantilly Chargers				1:38.02	1:43.65

	1) Peters, Christina SO		2) Darroch, Shannon JR		
	3) Hackett, Tara FR		4) McKnight, Grace SR		
	25.70	51.32 (25.62)	1:18.03 (26.71)	1:43.65 (25.62)	
18 Patriot High School			1:43.98	1:44.02	
	1) Ashley, Jenna FR		2) McCarty, Margaret SO		
	3) Brant, Madeleine SO		4) Mugnolo, Morgan SO		
	26.50	52.60 (26.10)	1:18.69 (26.09)	1:44.02 (25.33)	

19 Annandale High School			1:45.52	1:44.37	
	1) Liller, Tricia SR		2) Allshouse, Rachael JR		
	3) Padrutt, Sarah SR		4) Britton, Ashley SO		
	26.70	53.04 (26.34)	1:19.20 (26.16)	1:44.37 (25.17)	
20 Fairfax High School			1:45.27	1:45.15	
	1) Barborek, Rachel JR		2) McCarthy, Annie FR		
	3) Ahson, Sarah FR		4) DeFlumeri, Christie SR		
	25.71	52.34 (26.63)	1:18.48 (26.14)	1:45.15 (26.67)	
21 James Madison High School			1:46.39	1:45.48	
	1) Westfall, Greta FR		2) Ernest, Jeanne FR		
	3) Biles, Calle SO		4) Hines, Kenzie SO		
	27.34	54.05 (26.71)	1:20.20 (26.15)	1:45.48 (25.28)	
22 Battlefield High School			1:50.68	1:48.54	
	1) Gellene, Caronline SR		2) Schwartz, Audrey SO		
	3) Reheuser, Stephanie FR		4) Smith, Kristin SR		
	27.86	55.08 (27.22)	1:21.89 (26.81)	1:48.54 (26.65)	
23 Osbourn High School			1:48.53	1:49.25	
	1) Campbell, Fiona SO		2) Boston, Allison SO		
	3) Shoeb, Sarah JR		4) Campbell, Nikia FR		
	28.61	56.29 (27.68)	1:23.71 (27.42)	1:49.25 (25.54)	
24 Stonewall Jackson High School			1:51.67	1:51.59	
	1) Kurst, Morgan SO		2) Mortensen, Arianna FR		
	3) Krzywicki, Hanna SR		4) Purnell, Natalie JR		
	27.90	56.25 (28.35)	1:25.55 (29.30)	1:51.59 (26.04)	

Event 20 Girls 100 Yard Backstroke

=====
 6 A North: & 53.75 2/6/2014 Janet Hu, Oakton
 State Cut: @ 59.99
 AAC: # 56.78
 AAA: \$ 55.57
 National Rec: ! 51.53 2010 Rachel Bootsma, Eden Prairie, MN
 55.57 AAA AA Automatic
 56.78 AAC AA Consideration
 59.99 SQ State Qualifier

Name	Year	School	Prelims	Finals	Points
=====					
A - Final					
1 Hu, Janet		SR Oakton	53.75	52.35&AAA	20
	25.51	52.35 (26.84)			
2 Meilus, Emily		FR Herndon	55.42	55.94#AAC	17

	27.43		55.94 (28.51)			
3 Obando, Natalie	JR	South Lakes		57.96	56.81@SQ	16
	27.96		56.81 (28.85)			
4 Coulson-Moore, Log	SR	Chantilly		56.96	56.84@SQ	15
	27.42		56.84 (29.42)			
5 Muir, Fiona	JR	Langley		57.94	57.54@SQ	14
	27.77		57.54 (29.77)			
6 Newkirk, Mia	SO	Westfield		57.80	57.91@SQ	13
	27.86		57.91 (30.05)			
7 Hensley, Lauren	JR	Chantilly		58.23	58.27@SQ	12
	28.26		58.27 (30.01)			
8 Sullivan, Laura	JR	Madison		58.62	58.81@SQ	11
	28.62		58.81 (30.19)			

B - Final

9 Gaskill, Kati	SR	OP		59.51	59.12@SQ	9
	29.27		59.12 (29.85)			
10 Murphy, Ryan	SR	Herndon		58.93	59.13@SQ	7
	28.65		59.13 (30.48)			
11 Capobianco, Julia	JR	Oakton		59.70	59.16@SQ	6
	28.30		59.16 (30.86)			
12 Kolb, Karina	JR	Lake Braddock		59.81	59.52@SQ	5
	28.91		59.52 (30.61)			
13 Baird, Samantha	JR	Patriot		59.87	59.64@SQ	4
	28.84		59.64 (30.80)			
14 McClesky, Caroline	FR	Oakton		1:00.47	59.97@SQ	3
	29.28		59.97 (30.69)			
15 Puskar-Beckett, Al	FR	West Potomac		59.76	1:00.27	2
	29.53		1:00.27 (30.74)			
16 Summers, Elena	FR	McLean		1:01.04	1:00.87	1
	29.40		1:00.87 (31.47)			

Event 20 Girls 100 Yard Backstroke

6 A North: & 53.75 2/6/2014 Janet Hu, Oakton
 State Cut: @ 59.99
 AAC: # 56.78
 AAA: \$ 55.57
 National Rec: ! 51.53 2010 Rachel Bootsma, Eden Prairie, MN
 55.57 AAA AA Automatic
 56.78 AAC AA Consideration
 59.99 SQ State Qualifier

Name	Year	School	Seed	Prelims
Preliminaries				
1 Hu, Janet		SR Oakton	55.41	53.75&AAA
	26.19	53.75 (27.56)		
2 Meilus, Emily		FR Herndon	57.38	55.42\$AAA
	27.09	55.42 (28.33)		

3	Coulson-Moore, Logan	SR Chantilly	57.09	56.96@SQ
	27.61	56.96 (29.35)		
4	Newkirk, Mia	SO Westfield	57.75	57.80@SQ
	28.07	57.80 (29.73)		
5	Muir, Fiona	JR Langley	59.33	57.94@SQ
	27.88	57.94 (30.06)		
6	Obando, Natalie	JR South Lakes	1:00.46	57.96@SQ
	28.36	57.96 (29.60)		
7	Hensley, Lauren	JR Chantilly	1:00.77	58.23@SQ
	28.28	58.23 (29.95)		
8	Sullivan, Laura	JR Madison	1:01.08	58.62@SQ
	28.56	58.62 (30.06)		

9	Murphy, Ryan	SR Herndon	58.68	58.93@SQ
	28.62	58.93 (30.31)		
10	Gaskill, Kati	SR OP	1:01.63	59.51@SQ
	29.38	59.51 (30.13)		
11	Capobianco, Julia	JR Oakton	1:00.23	59.70@SQ
	28.77	59.70 (30.93)		
12	Puskar-Beckett, Alexandr	FR West Potomac	59.10	59.76@SQ
	29.54	59.76 (30.22)		
13	Kolb, Karina	JR Lake Braddock	1:00.69	59.81@SQ
	29.33	59.81 (30.48)		
14	Baird, Samantha	JR Patriot	1:00.61	59.87@SQ
	29.01	59.87 (30.86)		
15	McClesky, Caroline	FR Oakton	1:01.44	1:00.47
	29.89	1:00.47 (30.58)		
16	Summers, Elena	FR McLean	1:00.21	1:01.04
	29.43	1:01.04 (31.61)		

17	Chewning, Stephanie	JR Lake Braddock	1:00.86	1:01.06
	29.73	1:01.06 (31.33)		
18	Wells, Allison	JR WS	59.97	1:01.24
	30.00	1:01.24 (31.24)		

19	Byrd, Rebecca	SO Fairfax	NT	1:01.35
	30.13	1:01.35 (31.22)		
20	Luong, Vivian	SO Robinson	1:01.62	1:01.38
	29.96	1:01.38 (31.42)		
21	Mugnolo, Morgan	SO Patriot	1:02.58	1:01.63
	30.04	1:01.63 (31.59)		
22	McCulla, Elizabeth	FR McLean	1:01.94	1:02.50
	30.43	1:02.50 (32.07)		
23	Booher, Alicia	FR South County	1:03.31	1:02.84
	30.66	1:02.84 (32.18)		
24	Morrison, Michaela	SO Yorktown	1:03.02	1:04.59
	30.58	1:04.59 (34.01)		
25	Amann, Kathleen	SO WS	1:03.33	1:04.97
	31.26	1:04.97 (33.71)		

26 Brant, Madeleine	SO Patriot	1:06.72	1:05.60
31.84	1:05.60 (33.76)		
27 Dihn, Yvonne	SR OP	1:08.24	1:07.60
32.77	1:07.60 (34.83)		
28 Nitowski, Olivia	FR OP	1:08.36	1:10.05
33.37	1:10.05 (36.68)		

Event 22 Girls 100 Yard Breaststroke

=====
 6 A North: & 1:03.73 2/6/2014 Madalyn Ulrich, McLean
 State Cut: @ 1:07.59
 AAC: # 1:05.10
 AAA: \$ 1:03.77
 National Rec: ! 58.75 2009 Kasey Carlson, Walnut Creek, CA
 1:03.77 AAA AA Automatic
 1:05.10 AAC AA Consideration
 1:07.59 SQ State Qualifier

Name	Year School	Prelims	Finals	Points
A - Final				
1 Ulrich, Madalyn	SR McLean	1:03.73	1:04.37#AAC	20
29.87	1:04.37 (34.50)			
2 Purnell, Natalie	JR Raiders	1:05.13	1:04.99#AAC	17
31.01	1:04.99 (33.98)			
3 Tansill, Mary Clai	SO Patriot	1:05.94	1:05.01#AAC	16
30.94	1:05.01 (34.07)			
4 Swanepoel-Stevens,	JR WS	1:05.93	1:05.29@SQ	15
30.74	1:05.29 (34.55)			
5 Ross, Logan	JR Centreville	1:06.98	1:06.58@SQ	14
31.12	1:06.58 (35.46)			
6 Allard, Lauren	JR Yorktown	1:06.66	1:06.72@SQ	13
31.43	1:06.72 (35.29)			
7 Tansill, Amy	SR OP	1:06.54	1:06.87@SQ	12
31.14	1:06.87 (35.73)			
8 Hessler, Sarah	JR Centreville	1:06.69	1:06.99@SQ	11
30.62	1:06.99 (36.37)			
B - Final				
9 Clabeaux, Jacquee	FR Chantilly	1:07.19	1:06.38@SQ	9
30.38	1:06.38 (36.00)			
10 Zangla, Lisa	FR Robinson	1:07.96	1:07.20@SQ	7
31.94	1:07.20 (35.26)			
11 Deppe Walker, Magg	FR Robinson	1:09.09	1:07.81	6
32.08	1:07.81 (35.73)			
12 Roesel, Gretchen	SR Langley	1:08.36	1:08.07	5
32.16	1:08.07 (35.91)			
13 Wolff, Claire	FR McLean	1:08.60	1:08.32	4
32.14	1:08.32 (36.18)			
14 Edwards, Bryn	SO Washington-Lee	1:09.31	1:09.76	3

	32.31	1:09.76 (37.45)			
15 McNulty, Elizabeth	SR Herndon		1:09.64	1:09.99	2
	32.70	1:09.99 (37.29)			
16 Vogel, Elisabeth	SO OP		1:10.20	1:10.03	1
	33.18	1:10.03 (36.85)			

Event 22 Girls 100 Yard Breaststroke

6 A North: & 1:03.73 2/6/2014 Madalyn Ulrich, McLean
 State Cut: @ 1:07.59
 AAC: # 1:05.10
 AAA: \$ 1:03.77
 National Rec: ! 58.75 2009 Kasey Carlson, Walnut Creek, CA
 1:03.77 AAA AA Automatic
 1:05.10 AAC AA Consideration
 1:07.59 SQ State Qualifier

Name	Year	School	Seed	Prelims
Preliminaries				
1 Ulrich, Madalyn		SR McLean	1:05.31	1:03.73&AAA
	29.97	1:03.73 (33.76)		
2 Purnell, Natalie		JR Raiders	1:06.26	1:05.13@SQ
	30.94	1:05.13 (34.19)		
3 Swanepoel-Stevens, Chris		JR WS	1:05.70	1:05.93@SQ
	30.98	1:05.93 (34.95)		
4 Tansill, Mary Claire		SO Patriot	1:06.32	1:05.94@SQ
	31.34	1:05.94 (34.60)		
5 Tansill, Amy		SR OP	1:07.86	1:06.54@SQ
	31.00	1:06.54 (35.54)		
6 Allard, Lauren		JR Yorktown	1:08.42	1:06.66@SQ
	31.50	1:06.66 (35.16)		
7 Hessler, Sarah		JR Centreville	1:06.42	1:06.69@SQ
	31.19	1:06.69 (35.50)		
8 Ross, Logan		JR Centreville	1:08.67	1:06.98@SQ
	31.55	1:06.98 (35.43)		
9 Clabeaux, Jacquee		FR Chantilly	1:06.06	1:07.19@SQ
	30.56	1:07.19 (36.63)		
10 Zangla, Lisa		FR Robinson	1:08.39	1:07.96
	32.27	1:07.96 (35.69)		
11 Macaluso, Kaylyn		JR South Lakes	1:09.98	1:08.35
	32.05	1:08.35 (36.30)		
12 Roesel, Gretchen		SR Langley	1:08.78	1:08.36
	32.53	1:08.36 (35.83)		
13 Wolff, Claire		FR McLean	1:09.98	1:08.60
	32.50	1:08.60 (36.10)		
14 Deppe Walker, Maggie		FR Robinson	1:07.44	1:09.09
	32.51	1:09.09 (36.58)		
15 Edwards, Bryn		SO Washington-Lee	1:08.87	1:09.31

16 Lundy, Katherine	32.22	1:09.31 (37.09)		
	32.84	1:09.39 (36.55)	1:09.51	1:09.39
17 McNulty, Elizabeth		SR Herndon	1:10.26	1:09.64
	32.58	1:09.64 (37.06)		
18 Vogel, Elisabeth		SO OP	1:12.68	1:10.20
	34.23	1:10.20 (35.97)		
19 Liller, Tricia		SR Annandale	1:11.06	1:11.12
	33.66	1:11.12 (37.46)		
20 Hohman, Natalie		FR West Potomac	1:11.54	1:11.66
	33.61	1:11.66 (38.05)		
21 Morgan, Katy		JR South County	1:11.40	1:12.03
	33.40	1:12.03 (38.63)		
22 Wittich, Christine		JR WS	1:11.94	1:12.13
	34.47	1:12.13 (37.66)		
23 McIntosh, Heather		JR Battlefield	1:14.94	1:14.42
	35.53	1:14.42 (38.89)		
24 Corrado, Elaana		JR Patriot	1:15.38	1:15.25
	34.68	1:15.25 (40.57)		

Event 24 Girls 400 Yard Freestyle Relay

6 A North: & 3:28.37 2/6/2014 Oakton High School, Oakton
 L Branton, K Lawhorn, M Byrnes, J Hu
 State Cut: @ 3:42.59
 AAC: # 3:33.05
 AAA: \$ 3:29.68
 National Rec: ! 3:20.42 2013 Carondelet HS,, CA
 Thomas, Todd, DeBever, Franklin
 3:29.68 AAA AA Automatic
 3:33.05 AAC AA Consideration
 3:42.59 SQ State Qualifier

School		Prelims	Finals	Points
A - Final				
1 Oakton High School		3:28.37	3:26.79&AAA	40
1) Branton, Laura JR		2) Lawhorn, Kendall SR		
3) Byrnes, Megan SO		4) Hu, Janet SR		
	24.53	51.39 (51.39)	1:17.56 (26.17)	1:45.73 (54.34)
	2:11.03 (25.30)	2:38.20 (52.47)	3:01.07 (22.87)	3:26.79 (48.59)
2 Chantilly Chargers		3:32.41	3:30.54#AAC	34
1) Gwennap, Lea FR		2) Hensley, Lauren JR		
3) Coulson-Moore, Logan SR		4) Clabeaux, Jacquee FR		
	25.28	52.28 (52.28)	1:18.16 (25.88)	1:46.08 (53.80)
	2:11.23 (25.15)	2:38.48 (52.40)	3:03.10 (24.62)	3:30.54 (52.06)
3 Langley High School		3:35.49	3:34.93@SQ	32
1) Owens, Amy JR		2) Owens, Michelle FR		

3) Rongione, Bella FR	26.38	54.95 (54.95)	4) Muir, Fiona JR	1:21.17 (26.22)	1:48.95 (54.00)
	2:14.53 (25.58)	2:41.89 (52.94)		3:07.01 (25.12)	3:34.93 (53.04)
4 Robinson Secondary School				3:37.51	3:35.33@SQ 30
1) Zangla, Carol JR			2) Luong, Vivian SO		
3) Gartman, Grace FR	26.12	54.34 (54.34)	4) Baker, Hannah SO	1:20.42 (26.08)	1:49.34 (55.00)
	2:15.96 (26.62)	2:45.14 (55.80)		3:08.92 (23.78)	3:35.33 (50.19)
5 West Springfield				3:38.33	3:39.33@SQ 28
1) Wells, Allison JR			2) Spillman, Emma SR		
3) Won, Je Moon SR	26.28	54.88 (54.88)	4) Dryer, Robyn JR	1:21.76 (26.88)	1:51.88 (57.00)
	2:18.54 (26.66)	2:47.21 (55.33)		3:12.22 (25.01)	3:39.33 (52.12)
6 McLean High School				3:40.33	3:39.39@SQ 26
1) Summers, Elena FR			2) Wolff, Veronica SO		
3) Murphy, Megan SR	26.38	56.02 (56.02)	4) McCulla, Christine JR	1:21.88 (25.86)	1:50.66 (54.64)
	2:17.09 (26.43)	2:46.03 (55.37)		3:11.26 (25.23)	3:39.39 (53.36)
7 South Lakes High School				3:39.87	3:39.99@SQ 24
1) Daum, Madeleine JR			2) Groves, Sabrina JR		
3) Stassinis, Malina FR	26.33	54.70 (54.70)	4) Landeryou, Emily FR	1:21.00 (26.30)	1:50.22 (55.52)
	2:16.64 (26.42)	2:46.03 (55.81)		3:11.63 (25.60)	3:39.99 (53.96)
8 Fairfax High School				3:39.66	3:40.79@SQ 22
1) Ober, Anna FR			2) Barborek, Rachel JR		
3) Byrd, Rebecca SO	25.46	54.13 (54.13)	4) Griffin, Laura SO	1:20.63 (26.50)	1:50.04 (55.91)
	2:16.45 (26.41)	2:45.42 (55.38)		3:11.30 (25.88)	3:40.79 (55.37)
B - Final					
9 Woodson Cavaliers				3:41.05	3:38.12@SQ 18
1) Rogers, Leah JR			2) Ward, Rachel JR		
3) Chang, Rebekah SO	25.68	54.04 (54.04)	4) Goldblatt, Allison FR	1:19.47 (25.43)	1:48.26 (54.22)
	2:15.45 (27.19)	2:45.06 (56.80)		3:10.98 (25.92)	3:38.12 (53.06)
10 Westfield High School				3:42.02	3:38.18@SQ 14
1) Newkirk, Mia SO			2) Pace, Didi FR		
3) Emanuel, Serena SR	26.29	54.68 (54.68)	4) Hicks, Chloe SO	1:20.65 (25.97)	1:49.84 (55.16)
	2:15.82 (25.98)	2:46.06 (56.22)		3:10.66 (24.60)	3:38.18 (52.12)
11 Yorktown High School				3:42.22	3:38.37@SQ 12
1) Luncher, Kaitlin JR			2) Nassetta, Kirby JR		
3) Romano, Elizabeth SO	26.02	55.76 (55.76)	4) Dolan, Suzanne SO	1:21.48 (25.72)	1:50.74 (54.98)
	2:17.16 (26.42)	2:46.30 (55.56)		3:10.91 (24.61)	3:38.37 (52.07)
12 Patriot High School				3:41.80	3:40.96@SQ 10
1) Romine, Paige FR			2) Morgan, Kelly FR		
3) Tansill, Mary Claire SO	26.83	57.08 (57.08)	4) Baird, Samantha JR	1:23.20 (26.12)	1:51.89 (54.81)
	2:18.50 (26.61)	2:47.23 (55.34)		3:12.44 (25.21)	3:40.96 (53.73)

13 Lake Braddock Secondary School	3:42.75	3:41.67@SQ	8
1) Merrill, Anne JR	2) Christen, Sarah SO		
3) Michaels, Neave FR	4) Kolb, Karina JR		
26.48	55.59 (55.59)	1:22.39 (26.80)	1:51.72 (56.13)
2:18.34 (26.62)	2:48.06 (56.34)	3:13.39 (25.33)	3:41.67 (53.61)
14 James Madison High School	3:42.26	3:43.69	6
1) Sullivan, Laura JR	2) Biles, Calle SO		
3) Hines, Kenzie SO	4) Dyson, Mallory SO		
25.93	53.77 (53.77)	1:21.11 (27.34)	1:52.12 (58.35)
2:18.67 (26.55)	2:48.58 (56.46)	3:14.47 (25.89)	3:43.69 (55.11)
15 Osbourn Park High School	3:40.69	3:43.72	4
1) Tabor, Natalie SR	2) Wiecki, Lindsay SO		
3) Stronko, Kylie FR	4) Tansill, Amy SR		
26.07	55.21 (55.21)	1:21.95 (26.74)	1:51.40 (56.19)
2:18.46 (27.06)	2:48.62 (57.22)	3:14.77 (26.15)	3:43.72 (55.10)
16 West Potomac High School	3:41.67	3:47.64	2
1) Clifford, Maxine JR	2) Murphy, Carolyn SR		
3) Pinter, Kristine SR	4) Puskar-Beckett, Alexandria FR		
25.94	54.59 (54.59)	1:22.09 (27.50)	1:52.94 (58.35)
2:20.74 (27.80)	2:51.28 (58.34)	3:18.18 (26.90)	3:47.64 (56.36)

Event 24 Girls 400 Yard Freestyle Relay

=====
 6 A North: & 3:28.37 2/6/2014 Oakton High School, Oakton
 L Branton, K Lawhorn, M Byrnes, J Hu
 State Cut: @ 3:42.59
 AAC: # 3:33.05
 AAA: \$ 3:29.68
 National Rec: ! 3:20.42 2013 Carondelet HS,, CA
 Thomas, Todd, DeBever, Franklin
 3:29.68 AAA AA Automatic
 3:33.05 AAC AA Consideration
 3:42.59 SQ State Qualifier

School	Seed	Prelims
=====		

Preliminaries

1 Oakton High School	3:29.63	3:28.37&AAA
1) Branton, Laura JR	2) Lawhorn, Kendall SR	
3) Byrnes, Megan SO	4) Hu, Janet SR	
25.59	52.92 (52.92)	1:18.73 (25.81)
2:12.04 (25.21)	2:39.19 (52.36)	3:02.65 (23.46)
2 Chantilly Chargers	3:41.94	3:32.41#AAC
1) Gwennap, Lea FR	2) Hensley, Lauren JR	
3) Coulson-Moore, Logan SR	4) Clabeaux, Jacquee FR	
25.45	52.44 (52.44)	1:18.73 (26.29)
2:12.06 (25.03)	2:39.62 (52.59)	3:04.56 (24.94)
3 Langley High School	3:35.21	3:35.49@SQ
1) Owens, Amy JR	2) Owens, Michelle FR	
3) Rongione, Bella FR	4) Muir, Fiona JR	

	26.13	53.96 (53.96)	1:20.33 (26.37)	1:48.37 (54.41)
	2:14.05 (25.68)	2:41.86 (53.49)	3:07.30 (25.44)	3:35.49 (53.63)
4 Robinson Secondary School			3:39.50	3:37.51@SQ
1) Zangla, Carol JR			2) Luong, Vivian SO	
3) Gartman, Grace FR			4) Baker, Hannah SO	
	26.36	54.71 (54.71)	1:20.70 (25.99)	1:49.93 (55.22)
	2:16.86 (26.93)	2:46.58 (56.65)	3:10.41 (23.83)	3:37.51 (50.93)
5 West Springfield			3:40.49	3:38.33@SQ
1) Won, Je Moon SR			2) Spillman, Emma SR	
3) Wells, Allison JR			4) Dryer, Robyn JR	
	26.60	54.62 (54.62)	1:22.06 (27.44)	1:52.43 (57.81)
	2:18.75 (26.32)	2:46.92 (54.49)	3:11.61 (24.69)	3:38.33 (51.41)
6 Fairfax High School			3:45.43	3:39.66@SQ
1) Ober, Anna FR			2) Barborek, Rachel JR	
3) Byrd, Rebecca SO			4) Griffin, Laura SO	
	25.54	53.47 (53.47)	1:20.03 (26.56)	1:49.19 (55.72)
	2:15.31 (26.12)	2:43.95 (54.76)	3:10.30 (26.35)	3:39.66 (55.71)
7 South Lakes High School			3:40.31	3:39.87@SQ
1) Groves, Sabrina JR			2) Daum, Madeleine JR	
3) Stassinis, Malina FR			4) Landeryou, Emily FR	
	26.43	54.96 (54.96)	1:20.97 (26.01)	1:49.18 (54.22)
	2:15.89 (26.71)	2:45.41 (56.23)	3:11.34 (25.93)	3:39.87 (54.46)
8 McLean High School			3:42.90	3:40.33@SQ
1) Murphy, Megan SR			2) Wolff, Veronica SO	
3) Summers, Elena FR			4) McCulla, Christine JR	
	26.73	55.45 (55.45)	1:21.67 (26.22)	1:50.71 (55.26)
	2:17.47 (26.76)	2:46.68 (55.97)	3:12.12 (25.44)	3:40.33 (53.65)

9 Osbourn Park High School			3:43.87	3:40.69@SQ
1) Tabor, Natalie SR			2) Wiecki, Lindsay SO	
3) Stronko, Kylie FR			4) Tansill, Amy SR	
	25.95	54.64 (54.64)	1:20.97 (26.33)	1:49.94 (55.30)
	2:16.50 (26.56)	2:46.29 (56.35)	3:12.15 (25.86)	3:40.69 (54.40)
10 Woodson Cavaliers			3:45.90	3:41.05@SQ
1) Ward, Rachel JR			2) Goldblatt, Allison FR	
3) Chang, Rebekah SO			4) Rogers, Leah JR	
	25.55	54.28 (54.28)	1:20.77 (26.49)	1:48.50 (54.22)
	2:15.88 (27.38)	2:45.83 (57.33)	3:11.76 (25.93)	3:41.05 (55.22)
11 West Potomac High School			3:50.01	3:41.67@SQ
1) Clifford, Maxine JR			2) Murphy, Carolyn SR	
3) Pinter, Kristine SR			4) Puskar-Beckett, Alexandria FR	
	25.94	54.24 (54.24)	1:21.72 (27.48)	1:52.23 (57.99)
	2:18.79 (26.56)	2:48.09 (55.86)	3:14.37 (26.28)	3:41.67 (53.58)
12 Patriot High School			3:42.72	3:41.80@SQ
1) Romine, Paige FR			2) Morgan, Kelly FR	
3) Tansill, Mary Claire SO			4) Baird, Samantha JR	
	26.83	57.36 (57.36)	1:23.38 (26.02)	1:52.27 (54.91)
	2:19.25 (26.98)	2:48.34 (56.07)	3:13.54 (25.20)	3:41.80 (53.46)
13 Westfield High School			3:39.20	3:42.02@SQ

	1) Newkirk, Mia SO		2) Emanuel, Serena SR				
	3) Pace, Didi FR		4) Hicks, Chloe SO				
	26.76	55.78 (55.78)	1:22.50 (26.72)	1:52.15 (56.37)			
	2:18.67 (26.52)	2:48.12 (55.97)	3:13.43 (25.31)	3:42.02 (53.90)			
14	Yorktown High School		3:43.64	3:42.22@SQ			
	1) Luncher, Kaitlin JR		2) Nassetta, Kirby JR				
	3) Romano, Elizabeth SO		4) Dolan, Suzanne SO				
	26.08	55.32 (55.32)	1:21.75 (26.43)	1:51.79 (56.47)			
	2:18.57 (26.78)	2:47.70 (55.91)	3:12.82 (25.12)	3:42.22 (54.52)			
15	James Madison High School		3:41.69	3:42.26@SQ			
	1) Owens, Sidney JR		2) Dyson, Mallory SO				
	3) Hines, Kenzie SO		4) Sullivan, Laura JR				
	26.95	56.73 (56.73)	1:22.77 (26.04)	1:52.44 (55.71)			
	2:19.36 (26.92)	2:48.95 (56.51)	3:14.38 (25.43)	3:42.26 (53.31)			
16	Lake Braddock Secondary School		3:50.17	3:42.75			
	1) Kolb, Karina JR		2) Christen, Sarah SO				
	3) Michaels, Neave FR		4) Merrill, Anne JR				
	26.27	54.53 (54.53)	1:21.49 (26.96)	1:51.04 (56.51)			
	2:17.84 (26.80)	2:47.39 (56.35)	3:13.63 (26.24)	3:42.75 (55.36)			

17	Washington-Lee High School		3:41.01	3:43.06			
	1) Green, Jessica SR		2) Ridgeway, Ellie FR				
	3) Vu, Belinda SR		4) Emanuel, Katherine SO				
	26.18	54.75 (54.75)	1:21.18 (26.43)	1:50.86 (56.11)			
	2:16.98 (26.12)	2:45.47 (54.61)	3:12.72 (27.25)	3:43.06 (57.59)			
18	Centreville High School		3:51.27	3:46.88			
	1) Worley, Brooke SR		2) Kuehhas, Gabriella FR				
	3) Ross, Logan JR		4) Cuomo, Kylie SR				
	27.08	56.32 (56.32)	1:23.40 (27.08)	1:53.93 (57.61)			
	2:20.68 (26.75)	2:50.21 (56.28)	3:17.29 (27.08)	3:46.88 (56.67)			

19	South County High School		3:50.18	3:48.36			
	1) Clark, Megan SO		2) Ljuba, Casey SO				
	3) Davis, Mayleigh FR		4) Booher, Alicia FR				
	26.26	55.77 (55.77)	1:23.36 (27.59)	1:54.08 (58.31)			
	2:21.31 (27.23)	2:51.74 (57.66)	3:18.83 (27.09)	3:48.36 (56.62)			
20	Herndon Hornets		3:40.52	3:49.54			
	1) Ginieczki, Karly JR		2) Howell, Madison SR				
	3) McNulty, Elizabeth SR		4) Krynicki, Jenna SR				
	26.65	56.66 (56.66)	1:24.37 (27.71)	1:55.97 (59.31)			
	2:22.56 (26.59)	2:53.25 (57.28)	3:19.91 (26.66)	3:49.54 (56.29)			
21	T C Williams High School		3:55.29	4:01.66			
	1) Wilcox, Amanda SO		2) Greeson, Beatrice JR				
	3) Cox, Colleen JR		4) Mavrova, Gloriya SR				
	30.58	1:06.14 (1:06.14)	1:34.96 (28.82)	2:07.85 (1:01.71)			
	2:35.10 (27.25)	3:06.60 (58.75)	3:32.22 (25.62)	4:01.66 (55.06)			
22	Osborn High School		3:57.25	4:03.02			
	1) Campbell, Fiona SO		2) Boston, Allison SO				
	3) Shoeb, Sarah JR		4) Campbell, Nikia FR				

	29.72	1:03.14	(1:03.14)	1:32.23	(29.09)	2:04.58	(1:01.44)	
	2:33.86	(29.28)	3:05.53	(1:00.95)	3:32.67	(27.14)	4:03.02	(57.49)
23 Battlefield High School				4:07.60		4:05.12		
1) Schroeder, Claire	FR			2) Schwartz, Audrey	SO			
3) Gellene, Caronline	SR			4) Smith, Kristin	SR			
	29.05	1:01.77	(1:01.77)	1:30.73	(28.96)	2:03.24	(1:01.47)	
	2:32.27	(29.03)	3:06.07	(1:02.83)	3:33.50	(27.43)	4:05.12	(59.05)
24 Stonewall Jackson High School				4:30.69		4:32.52		
1) Krzywicki, Hanna	SR			2) Dugan, Victoria	SR			
3) Dugan, Rebekah	JR			4) Blodgett, Mary	SR			
	30.82	1:06.11	(1:06.11)	1:37.71	(31.60)	2:14.77	(1:08.66)	
	2:47.10	(32.33)	3:24.23	(1:09.46)	4:32.52	(1:08.29)		